# **Bethesda Care Center**

# A Community of Caring

At Bethesda Care Center, you'll find a warm, caring environment where your privacy and wishes are respected. Our team of health care professionals works in partnership with you, your family and your primary care physician to design your personalized plan of care. For more than 35 years, we've been a premiere provider of care and services for older adults in the Fremont community. Our philosophy remains simple: we treat you and those you love like family, with individualized attention, empathy and compassion.

#### **Care Center**

Residents are thoughtfully cared for physically, emotionally, socially and spiritually. We create a family atmosphere so each person living here feels welcome, comfortable and valued.

#### **SPECIAL FEATURES**

- Three healthy meals daily, plus snacks
- Private and semi-private rooms
- Licensed nurse on site 24 hours/day
- On-site physician services, lab and X-ray
- Housekeeping and laundry
- Cable TV and phone
- Life enrichment, social calendar and educational and spiritual programs



#### **Short-term Rehabilitation**

Choose Bethesda Care Center's specialist-led shortterm rehab on your journey toward better health, and you'll find what seems like a challenge becomes our shared goal: attaining your highest levels of health and independence, safely and successfully. Outpatient rehab therapy also is available.

#### **SPECIAL FEATURES (up to 8)**

- Physical, occupational and aquatic therapies, and speech and language pathology
- Post- surgical care, and orthopedic, neurologic and geriatric rehabilitation
- Registered and licensed nurses, physician/nurse practitioner team and consulting pharmacist
- Wound care and pain management
- Joint replacement therapy, and total knee/total hip replacement programs
- Dysphagia, cognitive and communication therapies
- Daily care team visits to discuss individual progress and plan of care. Team includes nursing, social work and therapy professionals



Come see Bethesda Care Center for yourself. Please call to arrange a tour for you and your family. We look forward to meeting you! 419.334.9521



### **Memory Support**

At Bethesda Care center, individuals with memory loss move throughout their days enjoying the freedom to be active and social, while experiencing structured care and supervision in a secure-access household.

Our dedicated memory support staff is expertly trained and experienced in caring for people with memory loss. Compassionate and attentive, they're committed to learning how each individual needs to be cared for on any given day.

#### **SPECIAL FEATURES (up to 8)**

- Individualized plans of care
- Licensed nurse on site 24 hours/day
- 24 hours/day certified nursing assistant staffing
- Electronic health record
- Medication ordering including communication with physician, pharmacy and family
- Coordination of lab requests, clinic appointments, hospital transfers and other professional services
- Services include: medication management; assistance with bathing, dressing and grooming; continence management; and more
- Staff specially trained in interacting with individuals with memory impairment

## **Respite Care**

For short stays, respite guests enjoy the same shortterm rehab, long-term care and memory support health care and services Bethesda Care Center residents receive, including individualized plans of care, amenities and an array of social, recreational and spiritual activities.

### **End-of-Life Care**

We recognize that loss and anxiety accompany the end of life and are shared by both individuals with terminal illness and their loved ones. At Bethesda Care Center, we provide medical, emotional and spiritual assistance to people facing the end of life, in a comfortable and familiar place, often in partnership with hospice programs. Each member of our staff is specially trained to provide compassionate, attentive end-of-life care.

## Financing your stay

Bethesda Care Center accepts Medicaid, private-pay, Original Medicare (traditional) and these private insurance plans: Caresource; Buckeye; Medical Mutual; Multiplan; Paramount Advantage; United Healthcare; Anthem Blue Cross and Blue Shield; and Humana.

# **Community Attractions**

- Community wellness membership
- Chapel
- Complimentary Wi-Fi
- Scheduled transportation
- Rehabilitation center
- Beauty/barber salon
- Walking paths
- Sculpture gardens
- Outdoor patios
- Intergenerational program with Otis School



600 North Brush Street Fremont, OH 43420 419.334.9521 bethesdacare.org Volunteers of America is a national, nonprofit, faith-based organization dedicated to helping those in need. We touch the lives of almost 2 million people each year.



# Assisted Living PLUS Personal Care

Personal care delivered in the privacy of your beautiful Orchard apartment is designed to fulfill your desires to maintain your highest levels of independence and health, while enjoying an appealing place to call home. Each Assisted Living *PLUS* personalized plan of care begins with a complimentary health assessment by a registered nurse. Together you'll select personal care support that suits needs and preferences. An on-site licensed nurse coordinates care, and assures in-home services are delivered when and how you'd like. Care coordination by a licensed nurse is included with personal care.

#### **SPECIAL FEATURES**

- Individualized plans of care
- Licensed nurse on site days and evenings, at least 40 hours/week, and on-call support
- 24 hours/day certified nursing assistant staffing
- Electronic health record
- Medication ordering including communication with physician, pharmacy
- Coordination of lab requests, clinic appointments, hospital transfers and other professional services
- Services include: medication management; assistance with bathing, dressing and grooming; continence management; and more

## A la Carte Options

(available for additional fee)

- Second occupant
- Beauty/barber salon
- · Additional housekeeping and laundry
- Companion services
- Guest meals

### **Guest Services**

From the moment our concierge greets you upon check-in, you'll realize the priority of our Guest Services team is helping you make the most of life within your new Homestead community. Guest Services team members are pleased when they can answer your questions or arrange for your requests to be fulfilled. In addition, team members always are ready to connect you with up-to-the-minute information about stimulating programs, celebrations and spiritual events you can take part in.



# **Community Attractions**

- Café and market
- Bistro
- Chapel
- Fitness center
- Rehabilitation clinic
- Beauty/barber salon
- Card and billiard parlor
- Walking trails
- State-of-the-art care center
- Continuum-of-care campus



The Homestead at Rochester

A Senior Living and Care Community 1900 Ballington Blvd. NW | Rochester, MN 55901 507.535.2000 thehomesteadatrochester.org Volunteers of America is a national, nonprofit, faith-based organization dedicated to helping those in need. We touch the lives of almost 2 million people each year.







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