# The Homestead at Montrose A Senior Living and Care Community



# INDEPENDENT LIVING & ASSISTED LIVING



#### THE HOMESTEAD AT MONTROSE

#### **Senior Living Community**

At The Homestead at Montrose, your living experience is your choice.

Within The Homestead's welcoming community, your needs are anticipated and accommodated – a comfortable, cheerful place you'll be happy to call home. Our spacious studio, one- or two-bedroom apartment homes feature bright, airy floor plans with gracious amenities. Whether you're entertaining friends or enjoying a quiet afternoon, your home is ideal for any occasion.

A maintenance-free lifestyle leaves you more time to experience everything The Homestead has to offer, including an active social calendar of celebrations, stimulating programs and special events. Relax with friends in our covered patios, savoring the mountain views and flowering gardens while knowing that assistance is right at hand.

#### **Special Features**

- Bright, open floor plans
- Thoughtfully designed bathroom with step-in shower and grab bars
- Individually controlled heat and air conditioning
- Blinds on all windows

## Added Conveniences/Assisted Living (Included in monthly rate)

- Three daily meals served restaurant-style
- Planned life enrichment activities designed to meet the physical, social, emotional, intellectual, spiritual and occupational needs of our residents
- All utilities (heat, electric, central air, cable television, water and trash included)
- Weekly light housekeeping and linen change
- Two loads of laundry weekly
- Personal pendant urgent call system
- Complimentary Wi-Fi and Telephone
- Scheduled transportation for medical appointments, shopping and outings
- Apartment and building maintenance
- Use of all campus community spaces
- It's Never 2 Late® sensory program
- Professional management by Volunteers of America
- Month-to-month residency agreement

### Extra Services/Assisted Living (Available for additional fee)

- Access to personal care 24 hours/day
- Additional laundry and linen services
- Additional housekeeping
- Guest meals
- Beauty and barber services
- Additional transportation

#### **ASSISTED LIVING**

#### **Personal Care**

Your personalized plan of care begins with health assessments provided by a registered nurse. Together, you'll select assisted living support that suits your needs and personal preferences.

A registered nurse manages your individualized plan of care, and assures your in-home assisted living needs are accommodated when and how you'd like.

#### **Basic Care Plan**

- Trained home health staff on site 24-hours/day
- Registered nurse available on site or on-call 24-hours/day
- Registered nurse maintains updated plans of care, and coordinates and supervises home health staff to promote quality of care
- Registered nurse visits at least every 90 days to assess appropriateness of care and services provided by health care staff
- Home health aide response to personal pendant calls for assistance
- Nurse maintenance of clinical information
- Reassurance checks
- Blood pressure and weight checks
- Each assisted living resident receives the basic care package (fee applies). Additional services are available at incremental increases and are determined by the nurses assessment.

#### The Loft

The Loft is a mix of smaller studio apartments on the second floor. This area has its own common area with a large balcony facing south to the mountains just outside the entrance. Residents of The Loft have a choice of several floor plans – large deluxe studio with full size bathroom and kitchenette, medium studio with full bathroom, or loft basic with half bath. A shower room is located in The Loft for those loft residents who need full shower assistance.

#### **Respite Care**

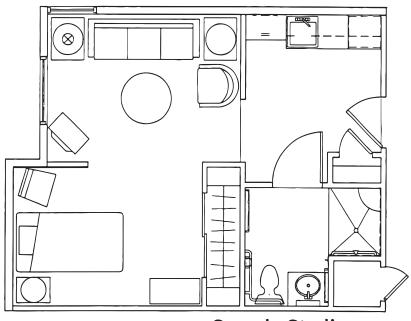
For caregivers who need a little time away, brief, nurturing respite stays at The Homestead at Montrose are ideal care options for their loved ones.

Our respite guests enjoy the same health care and services our residents receive, including individualized plans of care, activities, conveniences and amenities.

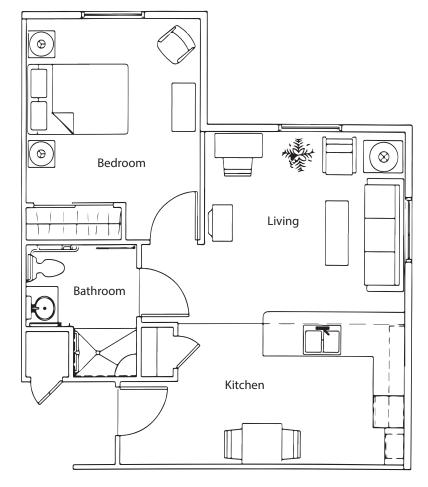
Respite stays are also perfect for anyone recovering from illness, injury or hospitalization.

\*Minimum 5-day stay and a maximum of 10 or at the discretion of Residence Director.

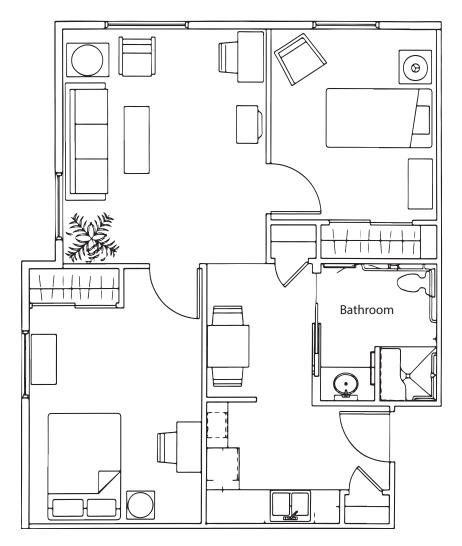




Sample Studio Approx. 376 sq. ft.



# Sample Deluxe 1 Br Approx. 562 sq. ft.



# Sample 2 Bedroom Handicap Accessible Approx. 706 sq. ft.

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#### **Special Features**

- Bright, open floor plans
- Thoughtfully designed bathroom with step-in shower and grab bars
- Individually controlled heat and air conditioning
- Blinds on all windows

#### Added Conveniences/ Independent Living

(Included in monthly rate)

- One daily meal served restaurant-style included in rent
- Planned life enrichment activities designed to meet the physical, social, emotional, intellectual, spiritual and occupational needs of our residents
- All utilities (heat, electric, central air, cable television, water and trash) included
- Complimentary Wi-Fi and Telephone
- Apartment and building maintenance
- Use of all campus community spaces
- It's Never 2 Late® sensory program
- Professional management by Volunteers of America
- Month-to-month residency agreement

### Extra Services/Independent Living (Available for additional fee)

- Two additional daily meals package
- · Laundry and housekeeping package
- Outings transportation
- Guest meals
- Meals punch-card
- Beauty and barber services
- Additional transportation based on availability

#### THE HOMESTEAD AT MONTROSE

**Frequently Asked Questions** 

### Q: What does the monthly rent include?

A: Three nutritious meals daily and snacks, scheduled transportation to medical appointments (Tuesdays and Thursdays), housekeeping and laundry services (once a week), all utilities including water, sewer, trash, heat, central air, electricity, cable television, telephone, Wi-Fi and emergency response pendant.

## Q: What is included in the Basic Care Package per month?

A: Medical assessments, 24-hour caregiver assistance, 24-hour RN/LPN available by telephone, routine nursing assessments with conferences, monthly vital statistics monitoring, scheduled health information sessions, 24-hour emergency monitoring, and coordination of medical services. See our home health care price sheet for cost.

#### Q: Is there a security deposit?

A: Yes, there is a \$1,500 one-time fee due upon move-in. Evaluation for room repairs/damages will be determined at move-out prior to any refund.

#### Q: How do I reserve a unit?

A: The reservation fee is \$300 and possession of the apartment must take place within thirty (30) days. Reservation fee is refundable in the event of a cancellation. Upon move-in, the \$300 fee becomes part of your security deposit.

#### Q: Do you allow pets?

A: Yes, small pets are allowed. The only stipulation is that residents must be able to provide proper care for the animal and complete the Pet Policy form. The \$1,500 security deposit becomes non-refundable when bringing a pet.

#### Q: Are visitors allowed?

A: Yes, visitors are welcome. We ask that visitors sign in/out at the front desk.

## Q: What are the conditions of the lease?

A: The lease is month-to-month only. For moveouts, a 30-day notice is required and you will be billed the full thirty (30) days regardless if you move out prior to completion.

## Q: What happens if I go to the hospital? Will I still be charged?

A: You will still be liable for the full rent amount. However, all assisted living care package fees are suspended if your hospital stay exceeds (3) days.



For more information about
The Homestead at Montrose or to
schedule a tour, please call 970.964.3400,
email montroseinfo@voa.org, or visit
homesteadatmontrose.org.

## The Homestead at Montrose— A Senior Living and Care Community

The Homestead is a community filled with possibilities. Here you'll experience a cozy neighborhood feel in a homelike, convenient setting.

Take in awe-inspiring views of the San Juan Mountains from the decks and enjoy close proximity to local shopping, dining, cultural attractions, entertainment and more.

#### **Living and Care Choices**

Thoughtfully designed independent and assisted living apartments

#### **Community Attractions**

- Inviting community spaces
- Library/Chapel
- Restaurant-style dining
- Community and activity room
- Exercise Equipment
- Complimentary Wi-Fi
- Scenic outdoor walkways
- Covered outdoor patios
- Raised garden beds
- Beauty and barber services
- Mountain views
- Located across the street from event center/senior center and botanical gardens

The Homestead at Montrose is a smoke-free building. Pets are welcome. Guidelines apply.



The Homestead at Montrose
A Senior Living and Care Community
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The Homestead at Montrose is a Volunteers of America community. Founded in 1896, Volunteers of America is a national, nonprofit, faith-based organization dedicated to helping those in need live healthy, safe and productive lives. Through hundreds of human service programs, including housing and health care, Volunteers of America touches the lives of almost 2 million people each year.



