Anoka Rehab & Living Center //

Riverbend/Cornerstone/Reflections

3000 4th Ave, Anoka, MN 55303

LIFE ENRICHMENT CALENDAR

March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Volunteers of America®	Calendar is Subject to Change. The Daily Calendars Reflect Modifications. Groups May be Paused due to unforeseen reasons		Staff Leisure Rounds 10:0 Hymn Sing-Lana 10:30 Exercises 11:00 Move Group—CH Manicures/Calming Hands Afternoon Ala' Treat Cart 2:00 Bible Trivia—Chaplain Scott CH 3:00 Drumming Class– Lana 4:00 Games Club	Staff Leisure Rounds 9:30 Art 4 All—Riverbend 10:30 Zion Lutheran Church 11:00 Baking Group! Manicures/Calming Hands 2:00 BINGO! 3:15 Tammy's Leisure Cart 3:45 Paula's Trivia Time	Staff Leisure Rounds 9:30 St. Stephens Communion Mass with Priest– AL CH 10:30 Noodles & Stretch 1:30 Prayer Group-Chaplain Scott 2:15 Men's Group Friday Funnies!	Staff Leisure Rounds 10:00 Daily Portals of Prayer 10:00 Dog Visits -Second Hand Hope 11:00 Cover All with Lana 11:30 Exercises Manicures/Calming Hands 2:00 BINGO!
5 Staff Leisure Rounds 11:00 Church Service with Riverdale Church 2:00 Bean Bag Toss Manicures/Calming Hands	Staff Leisure Rounds 10:00 In Memoriam/Lenten Meditation—Chaplain Scott 10:30 Wake up & Stretch Manicures/Calming Hands 2:00 Piano Entertainment with James Christenson	Staff Leisure Rounds Beauty Shop Day 10:00 Daily Portals of Prayer 10:30 Craft Group with Tammy 11:15 Balloon Toss 2:00 BINGO! 3:30 Paula's Leisure Cart	Staff Leisure Rounds 10:00 Hymn Sing-Lana 10:30 Exercises 11:00 Move Group—CH Manicures/Calming Hands Girl Scout Cookie Treat Cart 3:00 Drumming Class-Lana 4:00 Games Club	Staff Leisure Rounds 10:00 Daily Portals of Prayer 10:30 Baking Group! 11:00 Rhythm Music Manicures/Calming Hands 2:00 BINGO! 3:15 Tammy's Leisure Cart 3:45 Paula's Trivia Time	Staff Leisure Rounds 9:30 Rosary Group– Katie from Q. Stephens Church 10:30 Noodles & Stretch 1:30 Prayer Group–Chaplain Scott 2:15 Men's Group Friday Funnies!	Staff Leisure Rounds 10:00 Daily Portals of Prayer 10:30 Hymn Sing 11:00 Exercises Manicures/Calming Hands 2:00 BINGO!
Staff Leisure Rounds 11:00 Church Service with Riverdale Church 2:00 Trivia &Treats Manicures/Calming Hands Daylight Saving Time	10:00 Lenten Meditation— 13 Chaplain Scott 10:30 Wake up & Stretch Manicures/Calming Hands	10:00 Daily Portals of Prayer 10:30 Craft Group with Tammy 11:15 Balloon Toss 2:00 BINGO! 3:30 Paula's Leisure Cart	Staff Leisure Rounds 10:00 Hymn Sing –Lana 10:30 Exercises 11:00 Move Group—CH Manicures/Calming Hands Afternoon Irish Treat Cart 2:00 Bible Trivia—Chaplain Scott CH 3:00 Drumming Class—Lana 4:00 Games Club	Staff Leisure Rounds 9:30 Art 4 All—Reflections 10:00 Daily Portals of Prayer 10:30 Baking Group! 11:00 Rhythm Music Manicures/Calming Hands 2:00 Irish Bingo! 3:15 Tammy's Leisure Cart 3:45 Paula's Trivia Time	Staff Leisure Rounds 9:30 Rosary Group– Katie from St. Stephens Church 10:30 Noodles & Stretch 1:30 Prayer GroupChaplain Scott 2:15 Men's Group 4:00 Irish Entertainment! Friday Funnies! St. Patrick's Day	Staff Leisure Rounds 18 10:00 Daily Portals of Prayer 10:45 Exercises 11:00 Hymn Sing Manicures/Calming Hands 2:00 BINGO!
Staff Leisure Rounds 11:00 Church Service 19 with Riverdale Church Manicures/Calming Hands 2:00 Trivia and Treats 3:00 Dog Visits -Second Hand Hope	10:00 Lenten Meditation— 20 Chaplain Scott 10:30 Wake up & Stretch Manicures/Calming Hands 2:00 Piano Music with Lana	Staff Leisure Rounds Beauty Shop Day 10:00 Daily Portals of Prayer 10:30 Craft Group with Tammy 11:15 Balloon Toss 2:00 BINGO! 3:30 Paula's Leisure Cart	Staff Leisure Rounds 10:00 Hymn Sing –Lana 10:30 Exercises 11:00 Move Group—CH Manicures/Calming Hands 2:00 Dog Visits -SecondHand Hope Afternoon Ala' Treat Cart 3:00 Drumming Class-Lana 4:00 Games Club	9:30 Art 4 All—Cornerstone 10:00 Daily Portals of Prayer 10:30 Baking Group! 11:00 Rhythm Music	Staff Leisure Rounds	Staff Leisure Rounds 10:00 Daily Portals of Prayer 25 10:00 Dog Visits -Second Hand Hope 11:00 Hymn Sing 11:30 Exercises Manicures/Calming Hands 2:00 BINGO!
26 Staff Leisure Rounds 11:00 Church Service with Riverdale Church Manicures/Calming Hands 2:00 Sunday Trivia and Treats	Chaplain Scott 10:30 Wake up & Stretch Manicures/Calming Hands	Staff Leisure Rounds Beauty Shop Day 10:00 Daily Portals of Prayer 10:30 Craft Group with Tammy 11:15 Balloon Toss 2:00 BINGO! 3:30 Paula's Leisure Cart	Staff Leisure Rounds 10:00 Hymn Sing-Lana 10:30 Exercises 11:00 Move Group—CH Manicures/Calming Hands Afternoon Ala' Treat Cart 3:00 Drumming Class-Lana 4:00 Games Club	Staff Leisure Rounds 10:00 Daily Portals of Pray 30 10:30 Baking Group! 11:00 Rhythm Music Manicures/Calming Hands 2:00 BINGO! 3:15 Tammy's Leisure Cart 3:45 Paula's Trivia Time	Staff Leisure Rounds 9:30 Rosary Group– Katie for St. Stephens Church 10:30 Noodles & Stretch 1:30 Prayer GroupChaplain Scott 2:15 Men's Group Friday Funnies!	Please Let The Life Enrichment Department Know If Any Leisure Supplies are Needed For In Room Activity At Any Time Of The Day!