The Homestead at Anoka

LIFE ENRICHMENT CALENDAR

Independent Living

3111 5th Ave, Anoka, MN 55303

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>30</b> 1:00 Join your neighbors for card/ board games in the Rum River Room.	<b>31</b> 10:00 Exercise Class - DR 12:30 Yoga IN2L - DR 1:30 BINGO IN2L - DR 2:30 Dominos - DR 3:30 Guy Talk - FP	Volunteers of America®	Calendar is Subject to Change. Activities may change for unforeseen reasons. Groups may be Paused. Please contact Kara if you have any questions. #763-528-6463	Continental Breakfast M-F 7:30-9:00am Bistro 12:00-1:30pm BS - Beauty Shop DR - Dining Room CH - Chapel CL - Club Lounge AR - Aerobics Room ALCR - AL Community Room		1:00 Everyone is welcome to play board/card games in the Rum River Room 7:00 Saturday Night Movie "Going My Way"- CL
2 1:00 Join your neighbors for card/ board games in the Rum River Room.	10:00 Exercise Class - DR 12:30 Yoga IN2L - DR 1:30 BINGO IN2L - DR 2:30 Dominos - DR 3:30 Guy Talk - FP	9:30 Rosary with St. Stephen's - CH 10:00 Virtual Mass with St. Stephen's Communion - CH 11:00 Drumming Group IN2L - DR 1:00 Table Games - DR 1:00 Seated Line Dancing –DR 7:00 Hymn Sing - Lobby	10:00 Yoga with Allison - DR 11:00 Gal Talk - DR 1:30 Zion Holy Communion with Pastor Connie - CH 3:00 Monthly Birthday Celebration - DR 4:00 July 4th Ice Pop Treat	10:00 Exercise Class - DR 10:45 Devotions-Chaplain- CH 1:00 Cards &Table Games DR, FP	Beauty Salon 9:30 Catholic Mass with Priest from St. Stephen's - CH 11:00 Trivia Time - IN2L 1:00 Dominoes - DR 2:00 Movie Matinee & Popcorn "The Magnificent Seven" - CL 3:00 Sweets Time - DR	8 1:00 Everyone is welcome to play board/card games in the Rum River Room 7:00 Saturday Night Movie "An American in Paris" - CL
9 1:00 Join your neighbors for card/ board games in the Rum River Room.	10:00 Exercise Class - DR 12:30 Yoga IN2L - DR 1:30 BINGO IN2L - DR 2:30 Dominos - DR 3:30 Guy Talk - FP	9:30 Rosary with St. Stephen's - CH 10:00 Virtual Mass with St. Stephen's Communion - CH 10:45 Wal-Mart - Bus Signup 11:00 Drumming Group IN2L - DR 1:00 Table Games - DR 1:00 Bible Trivia-Chaplain Scott - CH 2:30 Guitar Entertainment with Phil - DR 7:00 Hymn Sing - Lobby	1:30 Grief Group with Chaplain Scott - CH 3:00 Meet Your Manager Meeting - DR Afternoon Watermelon Treat on	<ul> <li>10:00 Exercise Class - DR <b>1 3</b></li> <li>10:45 Devotions with Chaplain Scott - CH</li> <li>1:00 Cards &amp; Table Games - DR, FP</li> <li>3:00 Happy Hour, DP</li> </ul>	Beauty Salon 10:00 Happy Hikers - CL 11:00 Trivia Time - IN2L 1:00 Dominoes - DR 2:00 Schwan's Truck 2:00 Movie Matinee & Popcorn "Coach Carter"- CL 3:00 Sweets Time - DR	<b>15</b> 1:00 Everyone is welcome to play board/card games in the Rum River Room 7:00 Saturday Night Movie "Field of Dreams"- CL
12:00 Grub Club161:00 Join your neighbors for card/ board games in the Rum River Room	10:00 Exercise Class - DR <b>17</b> 12:30 Yoga IN2L - DR 1:30 BINGO IN2L - DR 3:30 Guy Talk - FP	Stephen's - CH 10:00 Virtual Mass with St. Stephen's Communion - CH 11:00 Drumming Group IN2L - DR 1:00 Table Games - DR 1:00 Seated Line Dancing - DR 3:00 POKENO with Darlene - DR 7:00 Hymn Sing - Lobby	<ul> <li>10:00 Yoga with Allison - DR</li> <li>11:00 Gal Talk - DR</li> <li>2:00-4:00 Ceramics with Michelle - ALCR</li> <li>3:15 Singing Cowgirl Guitar Entertainment with Moo Beer Floats Cart &amp;Cow Guest!</li> </ul>	10:00 Exercise Class - DR 10:45 Devotions with Chaplain	Beauty Salon <b>21</b> 11:00 Trivia Time - IN2L 1:00 Dominoes - DR 2:00 Movie Matinee & Popcorn "The Music Man"- CL 3:00 Sweets Time - DR	<b>22</b> 1:00 Everyone is welcome to play board/card games in the Rum River Room 7:00 Saturday Night Movie "Funny Girl" - CL
<b>23</b> 1:00 Join your neighbors for card/ board games in the Rum River Room.	<b>24</b> 10:00 Exercise Class - DR <b>11:00 Book Club - CL</b> 12:30 Yoga IN2L - DR 1:30 BINGO IN2L - DR 2:30 Dominos - DR 3:30 Guy Talk - FP	9:30 Rosary with St. Stephen's - 25 10:00 Virtual Mass with St. Stephen's Communion - CH 10:45 Dollar Tree - Bus Signup 11:00 Drumming Group IN2L - DR 1:00 Table Games - DR 1:00 Bible Trivia -Chaplain Scott - CH 1-2:30 Steven Moy, BC-HIS; Hearing Aid Assist- ALCL 2:00 HI Group - CL 7:00 Hymn Sing - Lobby	11:00 Gal Talk - DR 1:30 Grief Group with Chaplain Scott - CH	10:00 Exercise Class - DR 10:45 Devotions with Chaplain Scott - CH 1:00 Cards & Table Games	Beauty Salon 10:00 Happy Hikers - CL 11:00 Trivia Time - IN2L 1:00 Dominoes - DR 2:00 Schwan's Truck 2:00 Movie Matinee &Popcorn "South Pacific"- CL 3:00 Sweets Time - DR	<b>29</b> 1:00 Everyone is welcome to play board/card games in the Rum River Room 7:00 Saturday Night Movie "Quigley Down Under" - CL

## July 2023