

The Homestead at Coon Rapids

A Senior Living and Care Community



ASSISTED LIVING



**NATIONAL
SERVICES**

THE HOMESTEAD AT COON RAPIDS

Assisted Living

Embrace the ease of one-story living in a caring, vibrant community with outstanding amenities and life-enhancing services for your enjoyment. The Homestead at Coon Rapids offers cozy apartment homes, engaging social and recreational activities and health and wellness programs specially designed with you and your well-being in mind.

Our compassionate, professional staff members promote and celebrate each resident's individuality and find great pleasure in getting to know the residents and families they serve. We respect the human spirit, and believe the right to dignity doesn't diminish with age.

You can sum up our philosophy simply: we care for those we serve like we'd care for members of our own family.

Special Features

- Studio and one-bedroom apartment homes
- Thoughtfully designed bathroom, with roll-in shower and grab bars
- Blinds on all windows
- On-site physician services, lab and X-ray
- Access to personal care 24 hours per day

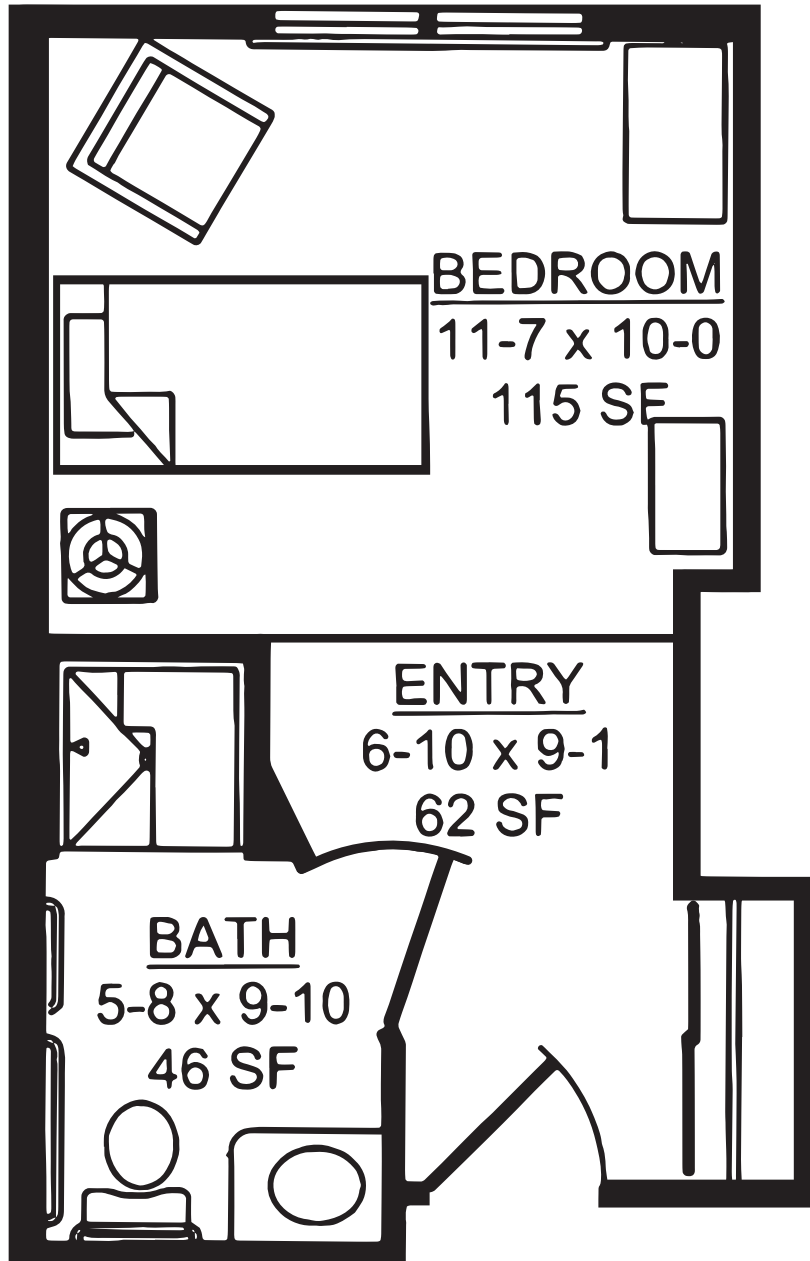
Added Conveniences

(Included in monthly rate)

- Snack, tea, coffee and juice bar
- Complimentary weekly light housekeeping services
- Emergency call system with portable pendant (on site staff response)
- Complimentary Wi-Fi
- All utilities, including basic cable (phone and expanded cable additional)
- Complimentary use of laundry facilities
- Life enrichment, social calendar and educational and spiritual programs
- Use of all community spaces
- Professional management by The Homestead at Coon Rapid
- Month-to-month contract
- Apartment and Building maintenance

Apartment Style	Square Footage
Studio	223-226
Deluxe Studio	390
1 bedroom	450
Deposit Required	

APARTMENT
Floor Plans

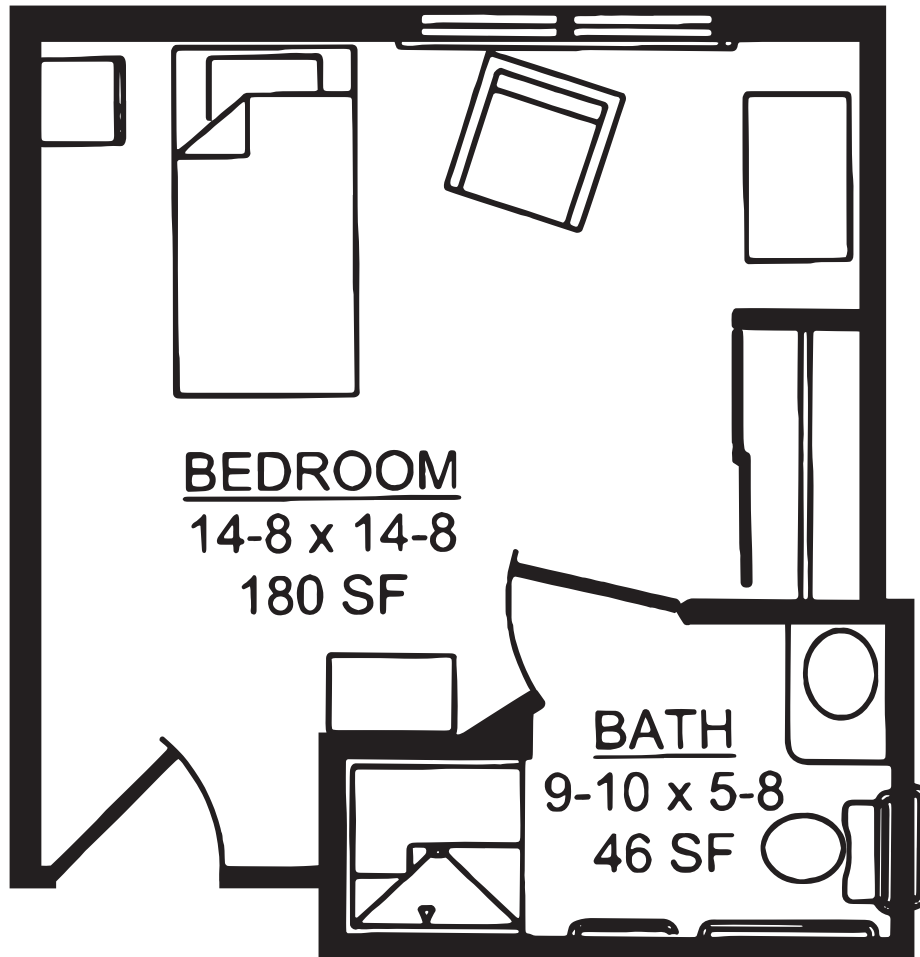


Studio A

Studio
223 sq. ft.

APARTMENT

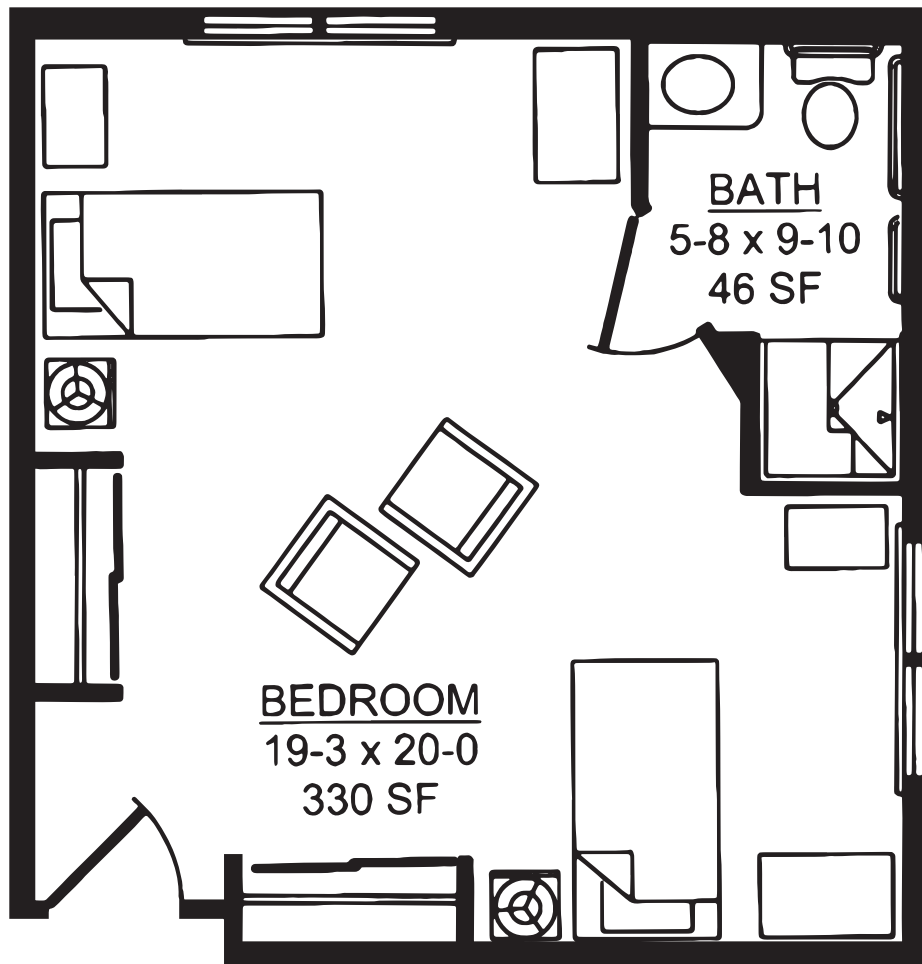
Floor Plans



Studio B

Studio
226 sq. ft.

APARTMENT
Floor Plans



Deluxe Studio

Studio
390 sq. ft.

Please ask about availability.
Features and amenities subject to change. All square footage and dimensions are approximate.

ASSISTED LIVING

Personal Care

Your personalized plan of care begins with health assessments provided by a registered nurse. Together, you'll select assisted living support that suits your needs and personal preferences. An onsite registered nurse manages your individualized plan of care, and assures that you receive the care you expect and deserve right in the comfort of your own home.

Wellness Program

- Trained caregivers on site 24 hours/day
- Registered nurse available on site or by telephone 24 hours/day
- Registered nurse maintains updated plans of care and coordinates and supervises home health staff to promote quality of care
- Registered nurse visits at least every (90) days to assess appropriateness of care and services provided by caregivers
- Caregiver response to personal pendant calls for health-related emergencies such as falls, excessive bleeding, seizures and chest pain.

Includes nurse follow-up. If continued care results, services will be charged at the designated incremental rate.

- Daily "I'm OK" check
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Level I

- Shower supervision/assistance once a week (up to 30 minutes per shower)
 - Weekly linen change
 - Medication set-up – up to five (5) medications including medication ordering and communication with physician, pharmacy and family.
 - Medication administration – up to two (2) times per day
 - 2 loads of laundry per week
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Level II

- Shower supervision/assistance once a week (up to 30 minutes per shower)
 - Weekly linen change
 - Assistance with dressing and grooming (up to 15 minutes in the morning and 15 minutes in the evening)
 - Medication set-up – up to six (6) or more medications including medication ordering and communication with physician, pharmacy and family.
 - Medication administration – up to three (3) or more times per day.
 - Blood glucose testing up to three (3) times per week
 - Reminders for meals and activities
-

ASSISTED LIVING

Personal Care

Level III

- Shower supervision/assistance up to two (2) times a week (up to 30 minutes per shower)
 - Weekly linen change
 - Assistance with grooming and dressing (up to 30 minutes in the morning and 30 minutes in the evening)
 - Medication administration – up to three (3) or more times per day.
 - Medication management such as medication ordering and coordination of physician orders, etc.
 - Blood glucose testing up to once per day
 - Contenance management with appropriate use of continence products and/or scheduled toileting up to (4) times a day
 - Oxygen management as prescribed by physician
 - Stand-by assistance with transfers
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Level IV

- Shower supervision/ assistance up to three (3) times a week (up to 30 minutes per shower)
 - Weekly linen change
 - Assistance with dressing and grooming (up to 30 minutes in the morning and 30 minutes in the evening)
 - Medication administration – up to three (3) or more times or more per day.
 - Medication management such as medication ordering and coordination of physician orders, etc.
 - Assistance with one-person transfers
 - Contenance management with appropriate use of incontinence products and/or schedule toileting up to (4) times a day
 - Escorts to all meals
 - Oxygen management as prescribed by physician
 - Blood glucose testing up to two (2) times a day
 - Management of colostomy on a case-by-case basis
 - Complex monitoring and coordination of hospice care
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Additional Services

- 3-Meals Daily/month
- Meal Delivery/meal
- Guest/Individual Meal/meal
- Additional Housekeeping/15 minutes
- Shower Assistance/shower
- Vital Signs/15 minutes
- Escort/15 minutes
- Key Replacement/key
- Skilled Nursing/15 minutes
- Caregiver/15 minutes
- Maintenance/15 minutes
- Laundry Assistance/load
- Whirlpool Spa/whirlpool
- Linen Change/15 minutes
- Additional Key/key
- Escort/15 minutes

*Elderly Waiver, MSHO and CADI funding accepted

The Homestead at Coon Rapid is licensed by the Minnesota Department of Health.



For more information about
The Homestead at Coon Rapids or to
schedule a tour, please call 763.233.5100
or visit homesteadatcoonrapids.org.

The Homestead at Coon Rapids A Senior Living and Care Community

- Assisted Living
- Memory Support

Community Attractions

- Single-level living
- Wellness programs
- Spacious dining room
- Inviting common areas for socialization and relaxation
- Beauty & barber salon
- Community room & library
- Regularly scheduled recreational outings
- Complimentary Wi-Fi and basic cable service
- Outdoor courtyard & patio
- Easy access to shopping, dining, medical facilities and entertainment

The Homestead at Coon Rapids is a smoke-free community.

The Homestead at Coon Rapids
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11372 Robinson Dr
Coon Rapids, MN 55433
763.233.5100
homesteadatcoonrapids.org
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The Homestead at Coon Rapids is a part of the Volunteers of America National Services (VOANS) family of organizations. VOANS, a wholly-owned subsidiary of Volunteers of America Inc., provides affordable housing and healthcare services in over 40 states and Puerto Rico. As a national, nonprofit, faith-based organization, VOANS is dedicated to helping those in need live healthy, safe and productive lives.

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