

# ROCHESTER REHABILITATION & LIVING CENTER

## Care Center

Our residents receive high levels of individualized health and personal services within the comfort of our inviting care community.

- Private suites available
- Social services
- Robust life enrichment programs
- Three delicious meals and daily snacks
- Scheduled transportation for community outings

## Rehabilitation

Customized rehab sessions in our spacious, state-of-the-art therapy clinic.

- Individualized plans of care
- Occupational, physical and speech therapy
- Social services and discharge planning



# STANLEY JONES & ASSOCIATES



## Medicare Certified Home Health Agency

- Individualized health care needs
- Licensed nurses, rehab therapists and trained aids
- Service provide in the privacy of your own home
- Medicare, Medicaid, VA benefits and private insurance accepted

The Homestead at Rochester  
1900 Ballington Blvd NW | 507.535.2000

Rochester Rehab & Living Center  
1900 Ballington Blvd. NW, Bldg B | 507.322.5503

Home Health of Southeast Minnesota  
1800 High Pointe Lane NW | 507.322.5740



NATIONAL  
SERVICES

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We are designated tax-exempt under section 501 (c) 3 of the Internal Revenue Code Rochester Overview TRIFOLD BRO 0523



Live Your  
**BEST LIFE**  
Right Here  
In Rochester!



NATIONAL  
SERVICES

# Our **COMMITMENT**

**Volunteers of America National Services** in Rochester is dedicated to helping you live each day as you choose. With a **full-continuum of living and care choices**, we meet your individual needs today and in the future. We offer the perfect blend of **classic charm and contemporary senior living** with our family atmosphere, proven expertise and abundance of community resources to **help you live your best life**—wherever you call home.

## Community **ATTRACTIONS**

- Aerobics room
- Market Place
- Billiard's Room
- Club lounge
- Beauty & barber salon
- Fitness center
- General store
- Meditation chapel
- Movie theater
- Rehabilitation therapy clinic
- Stain glass shop
- Walking trails
- Woodworking shops
- Much more!

# The Homestead at Rochester **SENIOR LIVING APARTMENTS**



## Independent Living

Maintenance-free living leaves you more time to enjoy our active social events, stimulating programs and making new friends.

**The Grove, The Woodlands, The Orchard, The Garden & Bridgemoor**

- Private patio and balcony\*
- 1 and 2 bedroom apartments—many to choose from to fit your needs
- In-home washer and dryer\*
- Underground parking and storage
- All utilities plus complimentary Wi-Fi
- Complimentary continental breakfast
- Choice of meal plans available
- Market Place for casual dining & take out
- Robust life enrichment programs
- Scheduled transportation
- Personal pendant emergency call system
- Individual service plans available
- Month-to-month residency agreement

\*Most apartments

## Assisted Living

Maintain your highest level of independence and health while enjoying quality care in 1 or 2 bedroom apartments.

**Brookemoor**

- Flexible dining options
- Weekly housecleaning
- Robust life enrichment program
- Personal pendant emergency system
- Individual service plans
- RN on-call 24/7
- Month-to-month residency agreement

## Memory Care

Our intimate apartments allow residents with memory loss to move through their days safely and securely while enjoying the freedom to be active and social.

**Bellemoor & Bellemoor Suites**

- Studio, 1 or 2 bedroom apartments
- Residential setting with managed access
- Personal pendant urgent call system
- Specialized Dementia care trained staff
- Month-to-month residency agreement

## Comprehensive Home Care

- Licensed home care agency for aging in place
- RN services, home health available
- Basic scheduled Home Care Services