

**The Homestead at Rochester**  
A Senior Living and Care Community



**BROOKEMOOR**  
Assisted Living



**NATIONAL  
SERVICES**

# BROOKEMOOR

## Assisted Living

At The Homestead at Rochester, your assisted living experience is your choice.

Within The Homestead's welcoming assisted living community, Brookemoor, your needs are anticipated and accommodated. Convenient neighborhood of beautifully appointed apartment homes with bright, airy floor plans and full kitchens offer assisted living with style—yours!

Personal care delivered within your Brookemoor apartment is designed to fulfill your desires to maintain your highest levels of independence and health while enjoying an appealing place to call home. You choose when and how to receive health care and personal services through your individualized plan of care. An array of added conveniences and optional amenities enhances your assisted living experience.

A maintenance-free lifestyle leaves you more time to enjoy everything The Homestead at Rochester has to offer, including an active social calendar of celebrations, stimulating programs and spiritual events. No matter how your day unfolds, your stylish apartment home is ideal for any occasion.

## Special Features

- Bright, open floor plans
- Fully equipped kitchens
- Thoughtfully designed bathroom with elevated toilet, roll-in shower and grab bars
- Individually controlled heat and central air conditioning
- Blinds on all windows
- Washer and dryer in 2 bedroom apartments

## Added Conveniences

(Included in monthly rate)

- Managed-access entrance, monitored around the clock
- Restaurant-style dining
- Weekly housekeeping
- Personal pendant call system
- Complimentary Wi-Fi
- Robust life enrichment and educational programs
- Scheduled transportation
- All utilities (heat, electric, central air conditioning, telephone, expanded basic cable TV, water and trash)
- Lawn care and snow removal
- Apartment and building maintenance
- Priority access to other Homestead at Rochester living and care options based on availability
- Professional management by Volunteers of America
- Month-to-month residency agreement

## Extra Services

(Available for additional fee)

- Second occupant fee
- Access to personal care 24 hours/day
- Skilled nursing facility onsite offering Long-Term Care, Occupational Therapy, Physical Therapy and Speech Therapy
- Laundry and linen services
- Additional housekeeping
- Guest meals and additional meals
- Guest suite (Only at Legacy Building)
- Beauty and barber services
- Meal Choice Packages

*Pets are welcome. Guidelines apply.*

## Personal Care

Your personalized plan of care begins with a health assessment provided by a registered nurse. Together, you'll select assisted living support that suits your needs and personal preferences. A registered nurse coordinates your care and assures your in-home assisted living needs are accommodated when and how you'd like.

### **Initial health assessment by registered nurse**

- One-time fee

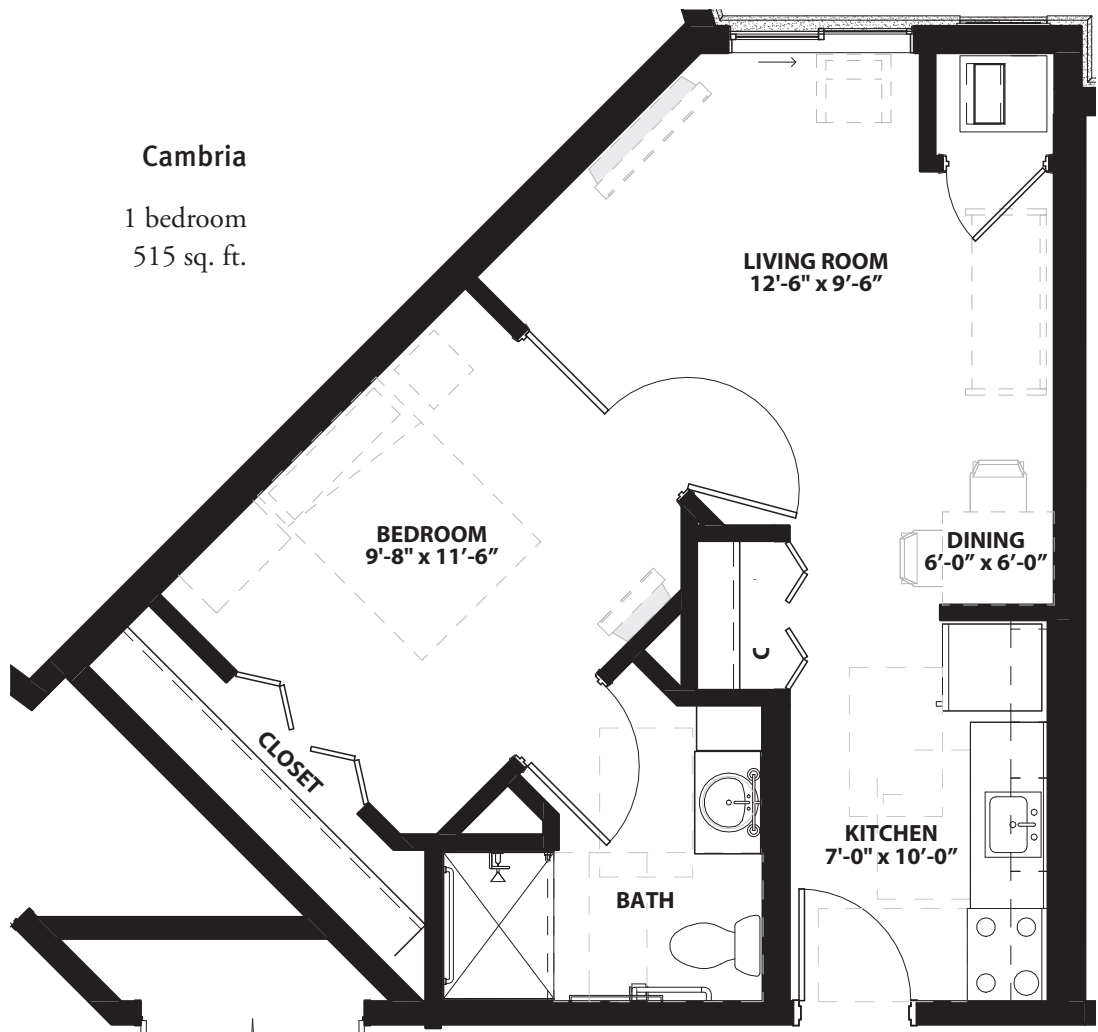
### **Personal Care Coordination**

Each level of personal care includes an array of services designed to enhance the individualized care options you choose.

- Licensed nurse on site at least 40 hours/week, and on-call support
- Coordination of lab requests, clinic appointments, hospital transfers and other professional services
- Medication ordering including communication with physician, pharmacy and family
- Electronic health record
- Caregiver staffing 24 hours/day
- Response to pendant calls 24 hours/day by on-site home health aide
- Visual safety checks each day
- Blood pressure and weight checks each month
- Personal care reassessment by licensed nurse every 90 days

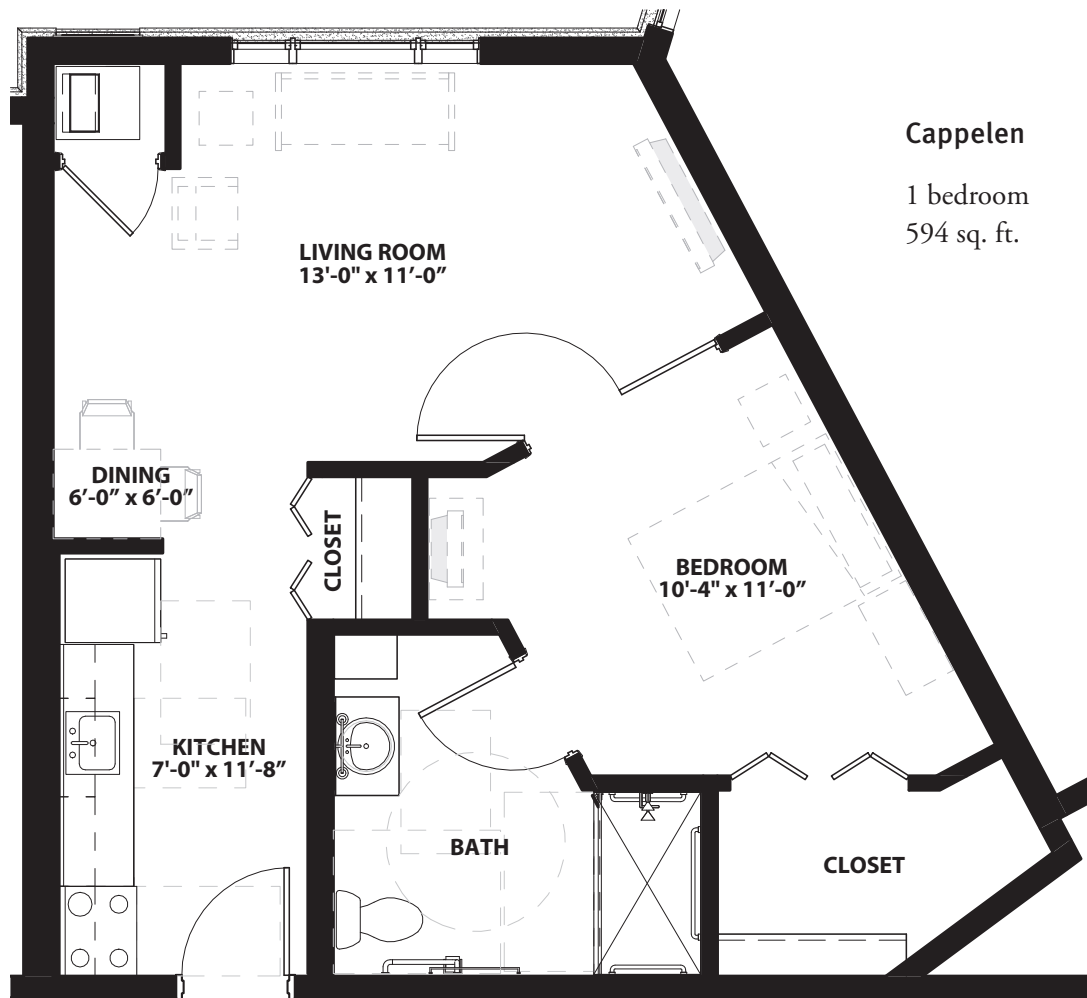
# BROOKEMOOR

Floor Plans



# BROOKEMOOR

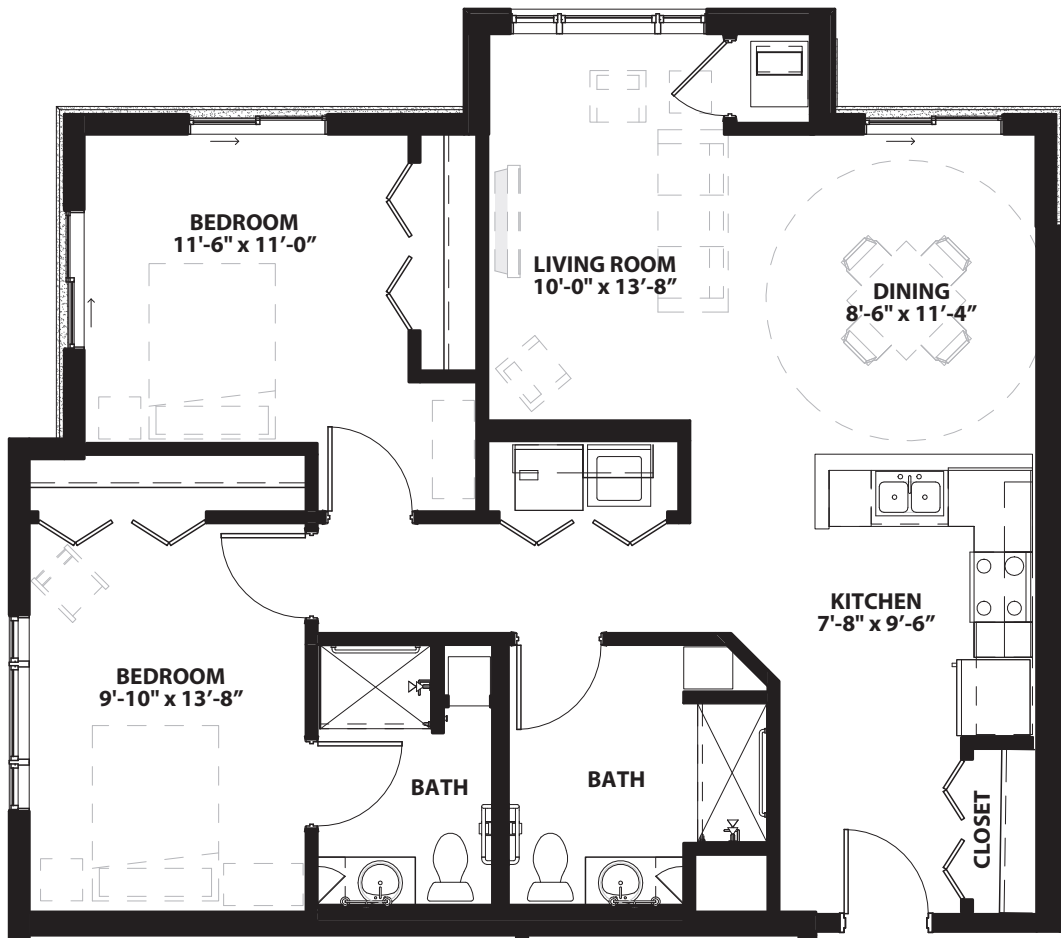
Floor Plans

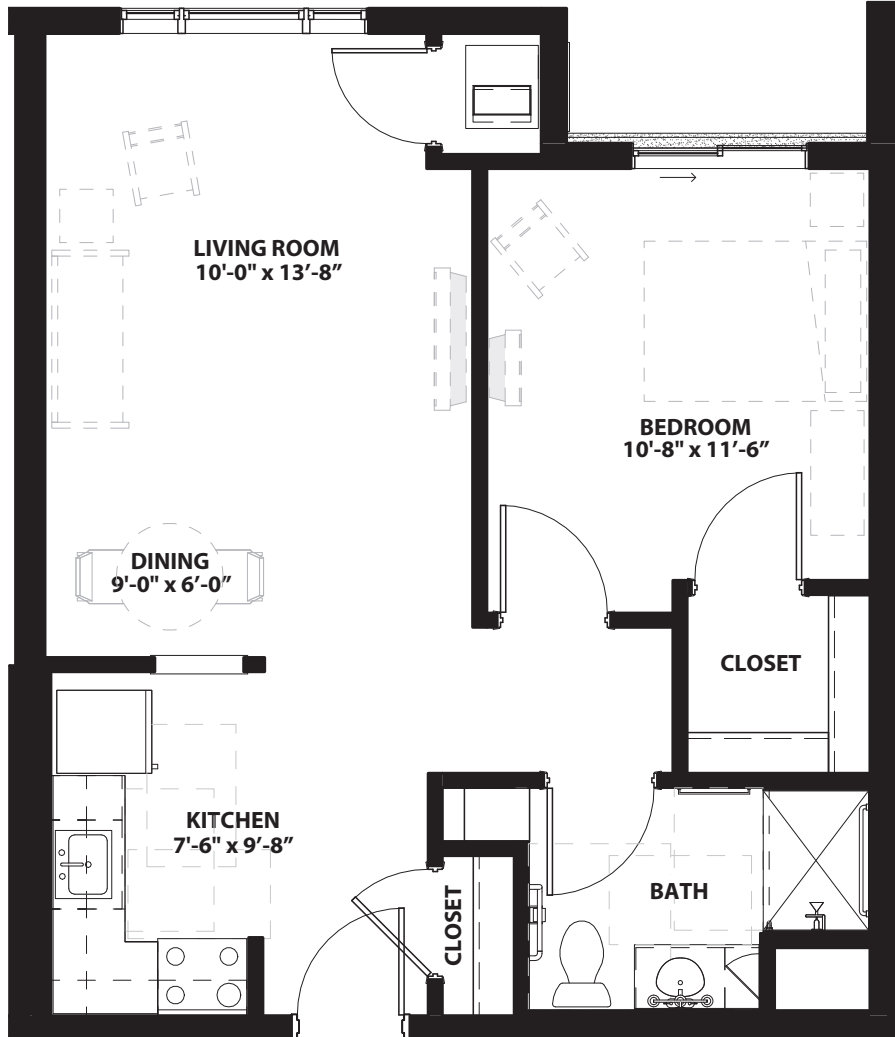


# BROOKEMOOR

Floor Plans

**Merriam**  
2 bedroom  
1,050 sq. ft.





**Yaeger**

1 bedroom  
633-639 sq. ft.



For more information about The Homestead at Rochester or to schedule a tour, please call 507.535.2000 or visit [thehomesteadatrochester.org](http://thehomesteadatrochester.org).

## The Homestead at Rochester— A Senior Living and Care Community

The Homestead at Rochester is a community filled with possibilities. Here you'll find a rural ease and sensibility, combined with the convenience and inspiration of a thriving, vibrant neighborhood.

At The Homestead at Rochester, you can take comfort in knowing your needs can be met today, and tomorrow, through an exciting array of thoughtfully planned living choices and amenities.

### Living and Care Choices

- Spacious, well-appointed independent living apartments
- Thoughtfully designed assisted living & enhanced living apartments
- Private, nurturing memory support residences
- State-of-the-art care center offering short-term rehabilitation, long-term care and specialized memory support

At The Homestead at Rochester, your home includes more than your individual residence and extends well beyond your front door.

### Community Attractions

- Beauty and Barber Shop
- Café
- Card and Billiard Parlor
- Chapel and Community Room
- Clubroom
- Complimentary Wi-Fi
- Fitness Center
- Garden Plots
- Guest Suite
- Library, Computer and Fax
- Market
- Rehabilitation Clinic
- Restaurant-Style Dining
- Walking Trail
- Workshop

*The Homestead at Rochester is a smoke-free community.*



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5530 Ballington Rd NW  
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507.535.2000  
[thehomesteadatrochester.org](http://thehomesteadatrochester.org)  
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