LIFE ENRICHMENT CALENDAR

2nd Floor-Riverbend/Cornerstone/Reflections 3000 4th Ave, Anoka, MN 55303

August 2023

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Volunteers of America®	Staff Leisure Rounds 10:00 Daily Portals of Prayer 10:30 Patio Time 10:30 Craft Group with Tammy 11:15 Balloon Toss 11-1 Physio Step Fitness 2:00 BINGO! 3:30 Paula's Leisure Cart 7:00 Evening Craft Group	Staff Leisure Rounds 10:00 Hymn Sing 10:30 Patio Time 10:30 Exercises 11:00 Move Group—CH Manicures/Calming Hands 11-1 Physio Step Fitness Afternoon Treat Cart –Watermelon Day 2:00 Drumming Class-Elise 3:00 Bible Trivia—Chaplain Scott CH 4:00 Games Club	Staff Leisure Rounds 10:30 Zion Lutheran Church 11:00 Patio Time 11:00 Rhythm Music Manicures/Calming Hands 11-1 Physio Step Fitness 2:00 BINGO! 3:15 Tammy's Leisure Cart 3:45 Paula's Trivia Time	Staff Leisure Rounds 9:30 Catholic Mass with Priest from St. Stephens—AL Chapel 10:30 Patio Time 10:30 Noodles & Stretch 11-1 Physio Step Fitness 1:30 Prayer Group—Chaplain Scott 2:15 Men's Group Friday Funnies!	Staff Leisure Rounds 10:00 Daily Portals of Prayer 10:00 Dog Visits -Second Hand 10:15 Exercises 10:30 Patio Time 11:00 Hymn Sing Manicures/Calming Hands 2:00 BINGO!
Staff Leisure Rounds 11:00 Church Service with Riverdale Church Manicures/Calming Hands 2:00 Trivia &Treats	Staff Leisure Rounds 10:00 In Memoriam with Chaplain Scott 10:30 Patio Time 10:30 Wake up & Stretch Manicures/Calming Hands 11-1 Physio Step Fitness 2:00 Accordion Music with Lori	Staff Leisure Rounds 10:00 Daily Portals of Prayer 10:30 Patio Time 10:30 Craft Group with Tammy 11:15 Balloon Toss 11-1 Physio Step Fitness 2:00 BINGO! 3:30 Paula's Leisure Cart 7:00 Evening Craft Group	Staff Leisure Rounds 10:00 Hymn Sing 10:30 Patio Time 10:30 Exercises 11:00 Move Group—CH Manicures/Calming Hands 11-1 Physio Step Fitness Afternoon Treat Cart 2:00 Drumming Class-Elise 2:00 Dog Visits -Second Hand Hope 4:00 Games Club	Staff Leisure Rounds 10:00 Daily Portals of Prayer 10:30 Baking Group! 10:30 Patio Time 11:00 Rhythm Music Manicures/Calming Hands 11-1 Physio Step Fitness 2:00 Bingo! 3:15 Tammy's Leisure Cart 3:45 Paula's Trivia Time	Staff Leisure Rounds 9:30 Rosary Group– Katie From St. Stephens Church 10:30 Noodles & Stretch 10:30 Patio Time 11-1 Physio Step Fitness 1:30 Prayer Group– Chaplain Scott 2:15 Men's Group Friday Funnies!	Staff Leisure Rounds 10:00 Daily Portals of Prayer 10:30 Patio Time 11:00 Cover All with Lana 11:30 Exercises Manicures/Calming Hands 2:00 BINGO!
Staff Leisure Rounds 11:00 Church Service with Riverdale Church Manicures/Calming Hands 2:00 Trivia and Treats	Staff Leisure Rounds 10:00 Devotions with Chaplain Scott 10:30 Patio Time 10:30 Wake up & Stretch Manicures/Calming Hands 11-1 Physio Step Fitness 2:00 Guitar Music Entertainment with Mary Hall	Staff Leisure Rounds Beauty Shop Day 10:00 Daily Portals of Prayer 10:30 Patio Time 10:30 Craft Group with Tammy 11:15 Balloon Toss 11-1 Physio Step Fitness 2:00 BINGO! 3:30 Paula's Leisure Cart 7:00 Evening Craft Group	Staff Leisure Rounds 10:00 Hymn Sing-Lana 10:30 Patio Time 10:30 Exercises 11:00 Move Group—CH Manicures/Calming Hands 11-1 Physio Step Fitness Afternoon Treat Cart 2:00 Drumming Class-Lana 3:00 Bible Trivia—Chaplain Scott CH 4:00 Games Club	Staff Leisure Rounds 10:00 Daily Portals of Prayer 10:30 Baking Group! 10:30 Patio Time 11:00 Rhythm Music Manicures/Calming Hands 11-1 Physio Step Fitness 2:00 Bingo! 3:15 Tammy's Leisure Cart 3:45 Paula's Trivia Time	Staff Leisure Rounds 9:30 Rosary Group– Katie From St. Stephens Church 10:00-12:00 Antique Car Show- In the AL Parking Lot 11-1 Physio Step Fitness 1:30 Prayer Group–Chaplain Scott 2:15 Men's Group 2:30 Evis Concert IL Lobby Friday Funnies!	Staff Leisure Rounds 10:00 Daily Portals of Prayer 10:15 Exercises 10:30 Patio Time 11:00 Hymn Sing Manicures/Calming Hands 2:00 BINGO! 3:00 Dog Visits -Second Hand Hope
Staff Leisure Rounds 11:00 Church Service with Riverdale Church Manicures/Calming Hands 2:00 Trivia and Treats	Staff Leisure Rounds 10:00 Devotions with Chaplain Scott 10:30 Patio Time 10:30 Wake up & Stretch Manicures/Calming Hands 11-1 Physio Step Fitness 2:00 Guitar Music Entertainment with Gordy	Staff Leisure Rounds Beauty Shop Day 10:00 Daily Portals of Prayer 10:30 Patio Time 10:30 Craft Group with Sue 11:15 Balloon Toss 11-1 Physio Step Fitness 2:00 BINGO! 3:30 Paula's Leisure Cart 7:00 Evening Craft Group	Staff Leisure Rounds 10:00 Hymn Sing-Lana 10:30 Patio Time 10:30 Exercises 11:00 Move Group—CH 11-1 Physio Step Fitness Manicures/Calming Hands Afternoon Visits with Llamas 2:00 Dog Visits - Second Hand Hope 4:00 Games Club	Staff Leisure Rounds 10:00 Daily Portals of Prayer 10:30 Patio Time 10:30 Baking Group! 11:00 Rhythm Music 11-1 Physio Step Fitness Manicures/Calming Hands 2:00 BINGO! 3:15 Tammy's Leisure Cart 3:45 Paula's Trivia Time	Staff Leisure Rounds 9:30 Rosary Group– Katie from St. Stephens Church 10:30 Patio Time 10:30 Noodles & Stretch 11-1 Physio Step Fitness 1:30 Prayer Group-Chaplain Scott 2:00 Food Council Meeting 2:30 Resident Council Mtg. Friday Funnies!	Staff Leisure Rounds 10:00 Daily Portals of Prayer 10:15 Exercises 10:30 Patio Time 11:00 Hymn Sing Manicures/Calming Hands 2:00 BINGO! 3:00 Dog Visits -Second Hand Hope
Staff Leisure Rounds 11:00 Church Service with Riverdale Church Manicures/Calming Hands 2:00 Trivia &Treats	Staff Leisure Rounds 10:00 Devotions with Chaplain Scott 10:30 Patio Time 10:30 Wake up & Stretch Manicures/Calming Hands 11-1 Physio Step Fitness 2:00 Guitar Music Entertainment with J&J	Staff Leisure Rounds Beauty Shop Day 10:00 Daily Portals of Prayer 10:30 Patio Time 11:15 Balloon Toss 11-1 Physio Step Fitness 1-4:00 Homestead Get Together— Petting zoo, Food, Prizes and Family games 7:00 Evening Craft Group	Staff Leisure Rounds 10:00 Hymn Sing-Lana 10:30 Exercises 10:30 Patio Time 11:00 Move Group—CH Manicures/Calming Hands 11-1 Physio Step Fitness Afternoon Treat Cart 2:00 Drumming Class-Lana 3:00 Bible Trivia—Chaplain Scott CH 4:00 Games Club	Staff Leisure Rounds 9:30 Art 4 All with Larry 10:00 Daily Portals of Prayer 10:30 Baking Group! 10:30 Patio Time 11:00 Rhythm Music 11-1 Physio Step Fitness Manicures/Calming Hands 2:00 BINGO! 3:15 Tammy's Leisure Cart 3:45 Paula's Trivia Time	Dog Days	Calendar is Subject to Change. The Daily Calendars Reflect Modifications. Groups May be Paused due to unforeseen reasons. Please contact Kara if you have any questions. #763-528-6463