The Homestead at Anoka LIFE ENRICHMENT CALENDAR Memory Support 3002 4th Ave, Anoka, MN 55303

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALCR - Assisted Living Community Room CH - Chapel CG - Caregiver	Volunteers of America®	Calendar and activities may change due to unforeseen reasons. Groups may be paused. Weather permitting, some activities may be held outside.			Beauty Salon 9:30 Catholic Mass with Priest - CH 9:45 The Daily Perk 10:00 Exercise and Active Game 11:00 Friday Funnies 11:30 Prayer with Chaplain Scott 1:00 Music Therapy with Andee 2:00 Afternoon Treat 3:15 Sensory Activity 6:00 IN2L Fun with CG	The Daily Perk Morning Chats Afternoon Activity Activity Fun with CG
The Daily Perk Morning Chats Afternoon Activity Activity Fun with CG		9:30 Catholic Mass - CH 9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Bowling 11:00 Morning Devotion 1:00 Hymn Sing 2:00 Afternoon Treat 3:00 BINGO - ALCR 6:00 IN2L Fun with CG	9:45 The Daily Perk 10:00 Exercise 10:30 Wednesday Word Game 11:00 Morning Devotion 1:00 Trivia and Reminisce 1:30 Zion Holy Communion - CH Afternoon Treat Cart 3:00 Sensory Activity 6:00 IN2L Fun with CG	Jill's Healthy Foot Care WEAR YOUR FAVORITE JERSEY LAY 9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Balloon Volley 11:00 Morning Devotion 1:00 Rhythm and Music 2:00 Movie with Popcorn One-on-Ones - CG 6:00 IN2L Fun with CG		The Daily Perk Morning Chats Afternoon Activity Activity Fun with CG
The Daily Perk Morning Chats Afternoon Activity Activity Fun with CG	11:00 Brain Teasers 11:30 Devotion with Chaplain Scott 1:00 Hand and Nail Care 2:00 Afternoon Treat 3:00 Mary Franz Guitar 9/11 Tribute - ALCR 6:00 IN2L Fun with CG	9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Bowling 11:00 Morning Devotion 1:00 Hymn Sing with Lana 2:00 Afternoon Treat 3:00 BINGO - ALCR 6:00 IN2L Fun with CG	10:30 Wednesday Word Game 11:00 Morning Devotion 1:00 Trivia & Reminisce Afternoon Treat Cart 3:00 POKENO - AL CR 6:00 IN2L Fun with CG	10:00 Mindful Stretches 10:30 Ball Toss 11:00 Morning Devotion 1:00 Rhythm and Music 2:30 Renaissance Event One-on-Ones - CG 6:00 IN2L Fun with CG	Beauty Salon 9:45 The Daily Perk 10:00 Exercise and Active Game 11:00 Friday Funnies 11:30 Prayer with Chaplain Scott 1:00 Music Therapy with Andee 2:00 Afternoon Treat 3:15 Sensory Activity 6:00 IN2L Fun with CG	The Daily Perk Morning Chats Afternoon Activity Activity Fun with CG
The Daily Perk Morning Chats Afternoon Activity Activity Fun with CG	9:45 The Daily Perk 10:00 Exercise and Active Game 11:00 Fun Facts 11:30 Devotion with Chaplain Scott 1:00 Hand and Nail Care 2:00 Afternoon Treat 3:00 - ALCR 6:00 IN2L Fun with CG		9:45 The Daily Perk 10:00 Exercise 10:30 Wednesday Word Game 11:00 Morning Devotion 1:00 Trivia & Reminisce 3:00 Snow on the Roof Play and Music - ILDR Afternoon Treat Cart 6:00 IN2L Fun with CG	9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Music with Gordy 11:30 Morning Devotion 1:00 Rhythm and Music 2:00 Movie with Popcorn One-on-Ones - CG 6:00 IN2L Fun with CG	Beauty Salon 9:45 The Daily Perk 10:00 Exercise and Active Game 11:00 Friday Funnies 11:30 Prayer with Chaplain Scott 1:00 Music Therapy with Andee 2:00 Afternoon Treat 3:15 Sensory Activity 6:00 IN2L Fun with CG	The Daily Perk Morning Chats Afternoon Activity Activity Fun with CG
The Daily Perk Morning Chats Afternoon Activity Activity Fun with CG	10:00 Exercise and Active Game 11:00 Finish the Phrase 11:30 Devotion with Chaplain Scott 1:00 Hand and Nail Care 2:00 Afternoon Treat 3:00 J & J Music- ALCR	9:30 Catholic Mass - CH 9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Darts 11:00 Morning Devotion 1:00 Hymn Sing with Lana 2:00 Afternoon Treat 3:00 BINGO - ALCR 6:00 IN2L Fun with CG	9:45 The Daily Perk 10:00 Exercise 10:30 Wednesday Word Game 11:00 Morning Devotion 1:00 Trivia & Reminisce Afternoon Treat Cart 3:00 Sensory Activity 6:00 IN2L Fun with CG	Jill's Healthy Foot Care 9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Basketball 11:00 Morning Devotion 1:00 Rhythm and Music 2:00 Movie with Popcorn One-on-Ones - CG 6:00 IN2L Fun with CG	Beauty Salon 9:45 The Daily Perk 10:00 Exercise and Active Game 11:00 Friday Funnies 11:30 Prayer with Chaplain Scott 1:00 Music Therapy with Andee 2:00 Afternoon Treat 3:15 Sensory Activity 6:00 IN2L Fun with CG	The Daily Perk Morning Chats Afternoon Activity Activity Fun with CG