## The Homestead at Anoka LIFE ENRICHMENT CALENDAR

Memory Care

## 3002 4th Ave, Anoka, MN 55303



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Volunteers of America®	9:45 The Daily Perk 10:00 Exercise 11:00 Washer Toss Game 11:30 Devotion with Chaplain Scott 1:00 Hand and Nail Care 2:30 Afternoon Treat 3:00 Guitar Music by Tim Meyer- ALCR 6:00 IN2L Fun with CG	9:30 Catholic Mass - CH 9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Travel Talks w/ IN2L 11:00 Morning Devotion 1:00 Hymn Sing with Lana 2:00 Afternoon Treat 3:00 BINGO - ALCR 6:00 IN2L Fun with CG	9:45 The Daily Perk 10:00 Wednesday Trivia Fun 10:30 Exercise 11:00 Morning Devotion 1:00 Accordion Music with Lori 1:30 Zion Holy Communion - CH Afternoon Treat Cart 3:00 Bowling 6:00 IN2L Fun with CG	Jill's Healthy Foot Care 9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Balloon Volley 11:00 Morning Devotion 1:00 Spiritual Sing-a-Long w/Scott 2:00 UNO Card Game One-on-Ones - CG 6:00 IN2L Fun with CG	Beauty Salon 9:30 Catholic Mass with Priest - 9:45 The Daily Perk and Exercise 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 1:00 Ring Toss Game 2:00 Afternoon Treat 3:30 Sensory Activity 6:00 IN2L Fun with CG	<b>6</b> The Daily Perk Morning Chats Afternoon Activity Afternoon Social with CG
The Daily Perk Morning Chats Afternoon Activity Afternoon Social with CG	9:45 The Daily Perk 10:00 Exercise 11:00 Add Em' Up Dice Game 11:30 Devotion with Chaplain Scott 1:00 Hand and Nail Care 2:30 Washer Toss Game 3:00 Guitar Music with Gordy - CR 6:00 IN2L Fun with CG	9:30 Catholic Mass - CH 9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Parachute Fun 11:00 Morning Devotion 1:00 Hymn Sing with Lana 2:00 Afternoon Treat 3:00 BINGO - ALCR 6:00 IN2L Fun with CG	9:45 The Daily Perk 10:00 Art Group 10:30 Exercise 11:00 Morning Devotion 1:00 Rhythm and Music Afternoon Treat Cart 3:00 POKENO - AL CR 6:00 IN2L Fun with CG	9:45 The Daily Perk 10:00 Mindful Stretches 10:30 30 Ball BINGO 11:00 Morning Devotion 1:00 Spiritual Sing-a-Long w/Scott 2:00 Balloon Ball and Fun One-on-Ones - CG 6:00 IN2L Fun with CG	Beauty Salon 9:45 The Daily Perk&Exercise 2 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 1:00 Bean Bag Toss 2:00 Afternoon Treat 3:30 Sensory Activity 6:00 IN2L Fun with CG	The Daily Perk <b>13</b> Morning Chats Afternoon Activity Afternoon Social with CG
<b>14</b> The Daily Perk Morning Chats Afternoon Activity Afternoon Social with CG	9:45 The Daily Perk 10:00 Morning Stretch 11:00 Balloon Ball 11:30 Devotion with Chaplain Scott 1:00 Hand and Nail Cares 2:30 Bean Bag Toss Game 3:00 Music Entertainment by Mary Hall - ALCR 6:00 IN2L Fun with CG	9:30 Catholic Mass - CH 9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Pet Visit w/ Benji 11:00 Morning Devotion 1:00 Hymn Sing with Lana 2:00 Afternoon Treat 3:00 BINGO - ALCR 6:00 IN2L Fun with CG	9:45 The Daily Perk 10:00 Tea Cup Planting 10:30 Exercise 11:00 Morning Devotion 1:00 Accordion Music with Lori 2:30 Cookie Baking and Fun Afternoon Treat 6:00 IN2L Fun with CG	9:30 Larry's Art-4-All 9:45 The Daily Perk 10:00 Music with Gordy 10:30 Mindful Stretches 11:30 Morning Devotion 1:00 Spiritual Sing-a-Long w/Scott 2:00 Baking Bread One-on-Ones - CG 6:00 IN2L Fun with CG	Beauty Salon 9:45 The Daily Perk and Exercise 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 1:00 Target Toss Activity 2:00 Afternoon Treat 3:30 Sensory Activity 6:00 IN2L Fun with CG	<b>20</b> The Daily Perk Morning Chats Afternoon Activity Afternoon Social with CG
<b>21</b> The Daily Perk Morning Chats Afternoon Activity Afternoon Social with CG	9:45 The Daily Perk 10:00 Ribbon Movement 11:00 Treasure Hunt Game 11:30 Devotion with Chaplain Scott 1:00 Toss Up Dice Game 2:30 Back Porch Reminiscing 3:00 Guitar Music with Bill Cagley—CR 6:00 IN2L Fun with CG	9:30 Catholic Mass - CH	9:45 The Daily Perk 10:00 Exercise 10:30 Crafting/Pinecones 11:00 Morning Devotion 2:00 Afternoon Treat Cart 2:30 30 Ball BINGO 6:00 IN2L Fun with CG		Beauty Salon 9:45 The Daily Perk and Exe 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 1:00 Washer Toss Game 2:30 April Birthday Celebration 3:30 Sensory Activity 6:00 IN2L Fun with CG	<b>27</b> The Daily Perk Morning Chats Afternoon Activity Afternoon Social with CG
<b>28</b> The Daily Perk Morning Chats Afternoon Activity Afternoon Social with CG	9:45 The Daily Perk 10:00 Watercolor Art <b>11:30 Devotion with Chaplain Scott</b> 1:00 High Roller Dice Fun 2:30 Afternoon Treats and Sensory <b>3:00 Country Music By Terry</b> <b>Rey- CR</b> 6:00 IN2L Fun with CG	9:30 Catholic Mass - CH 9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Horseracing Game 11:00 Morning Devotion 1:00 Hymn Sing with Lana 2:00 Afternoon Treat 3:00 BINGO - ALCR 6:00 IN2L Fun with CG	Repril	Showers No	Calendar and activities are subject to changes. Groups may be paused. Due to unforeseen reasons. Please contact Deb of Life Enrichment at #763-6780 with any questions.	ALCR - Assisted Living Community Room CH - Chapel CG - Caregiver

## April 2024