









THE MOORS MEMORY CARE 1 LIFE ENRICHMENT CALENDAR

JUNE 2024

THE HOMESTEAD AT ROCHESTER

5530 Ballington Blvd NW. Rochester, MN 55901

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|--|--|--|--|
|  | Each Activity is color coded to meet each one of the domains listed below: Physical Emotional Social Intellectual/Cognitive Spiritual Occupational | Calendar is subject to change, please see bulletin boards and whiteboards for flyers/updates. 1:1s are done daily | | Most activities will take place on each unit (MC1, MC2, & MC3) unless noted on calendar. CM=Community Room Bistro/Lobby-Across from concierge desk MR=Meditation Room Second Floor | Scheduled activities will be done from 10:00am-11:30am Unless specified on calendar | 1 Independent Leisure Supplies are always Available: Books Cards Games Word searches Crossword puzzles Coloring pages |
| 2 Independent Leisure Supplies are always Available: Books Cards Games Word searches Crossword puzzles Coloring pages | 3 <u>Activities will be from 10:00am-11:30am</u> Exercise Ball Toss Daily Devotional Manicures & Hand Massages Room to Room Watering Bridgemoor Garden | 4 <u>Activities will be from 10:00am-11:30am</u> Exercise Stretches with Thera Bands Daily Chronicles | 5 <u>Activities will be from 10:00am-11:30am</u> Exercise Word Searches Daily Devotional Reading Books Outside on the Patio Watering Bridgemoor Garden | 6 <u>Activities will be from 10:00am-11:30am</u> 10:00am-Music Entertainment with Michael Nelson (CM) Exercise Daily Chronicles D-Day Facts & Trivia | 7 <u>Activities will be from 10:00am-11:30am</u> 10am-Music Therapy! (MR) Daily Devotional Exercise Balloon Swat Donut Day!  | 8 Independent Leisure Supplies are always Available: Books Cards Games Word searches Crossword puzzles Coloring pages |
| 9 Independent Leisure Supplies are always Available: Books Cards Games Word searches Crossword puzzles Coloring pages | 10 <u>Activities will be from 10:00am-11:30am</u> Exercise Leg/Arm Stretches Trivia Daily Devotional Watering Bridgemoor Garden | 11 <u>Activities will be from 10:00am-11:30am</u> Exercise Kick Ball Dice Game: Roll & Cover Daily Chronicles | 12 <u>Activities will be from 10:00am-11:30am</u> Exercise Daily Devotional Walk & Chat Outside Manicures & Hand Massages Room to Room Watering Bridgemoor Garden | 13 <u>Activities will be from 10:00am-11:30am</u> Reading Books Outside on the Patio Daily Chronicles | 14 <u>Activities will be from 10:00am-11:30am</u> Facts/Trivia about Flag Day! Exercise Daily Devotional 2:00pm Root beer Float Social CM/Outside Patio  | 15 Independent Leisure Supplies are always Available: Books Cards Games Word searches Crossword puzzles Coloring pages |
| 16  | 17 <u>Activities will be from 10:00am-11:30am</u> Exercise Walk & Chat Outside Daily Devotional Reminiscing: Father's Day Watering Bridgemoor Garden | 18 <u>Activities will be from 10:00am-11:30am</u> Exercise Bean Bag Toss Reading Books Outside on the Patio Daily Chronicles | 19 <u>Activities will be from 10:00am-11:30am</u> Exercise  Daily Devotional Juneteenth Facts & Trivia Watering Bridgemoor Garden | 20 <u>Activities will be from 10:00am-11:30am</u> Exercise Daily Chronicles Reminiscing: Summer  | 21 <u>Activities will be from 10:00am-11:30am</u> Exercise Daily Devotional Manicures & Hand Massages Room to Room | 22 Independent Leisure Supplies are always Available: Books Cards Games Word searches Crossword puzzles Coloring pages |
| 23 Independent Leisure Supplies are always Available Independent Leisure Supplies are always Available | 24 <u>Activities will be from 10:00am-11:30am</u> Exercise Target Toss Card Game Daily Devotional Reading Books Outside on the Patio Watering Bridgemoor Garden | 25 <u>Activities will be from 10:00am-11:30am</u> Exercise Ball Toss Daily Chronicles | 26 <u>Activities will be from 10:00am-11:30am</u> Exercise Daily Devotional Watering Bridgemoor Garden Father's Day Par-Tee 3:30pm-4:30pm (CR)  | 27 <u>Activities will be from 10:00am-11:30am</u> Exercise Daily Chronicles Watering Bridgemoor Garden Manicures & Hand Massages Room to Room | 28 <u>Activities will be from 10:00am-11:30am</u> Exercise Daily Devotional 2:00pm Movie & Popcorn (CM)  | 29 Independent Leisure Supplies are always Available: Books Cards Games Word searches Crossword puzzles Coloring pages |