### **Welcome to Rochester**

Our thriving community offers a compassionate environment to meet the ongoing needs for yourself or a family member—all conveniently located within a safe, beautiful campus minutes from retail, restaurants, clinics and churches.



# **Aging With Options**

Our goal is to be a premier provider of adult aging services in Rochester. We strive to meet the diverse needs of our clients by offering a full continuum of care, including independent living, assisted living, memory care, and skilled nursing services—all on one welcoming campus. This seamless network of services ensures that residents can transition smoothly between levels of care as their needs evolve, all while staying within the supportive, vibrant community they call home. By fostering an environment of dignity, connection, and personalized care, The Homestead at Rochester is dedicated to enhancing the quality of life for older adults at every stage of their journey.

# **Rochester Campus**



Our lovely campus is conveniently located at the northern part of Rochester. We are nestled into a beautiful suburban area with easy access off 18th Ave. NW & 55th St. NW.

>>To learn more, visit us at: www.VOANS.org

#### Who is VOANS?

Volunteers of America National Services (VOANS), a subsidiary of Volunteers of America, provides affordable housing and healthcare services in over 40 states and in Puerto Rico. The organization employs over 2,000 dedicated staff who provide high quality services and care to our clients. As one of the largest non-profit affordable housing owners/ operators in the nation, the VOANS portfolio includes over 240 properties and 15,000 affordable housing units. VOANS also operates senior health-care programs, including independent living, assisted living, memory care, short-term rehabilitation, skilled nursing care, home health care, adult day care and Programs for all Inclusive Care for the Elderly (PACE).

1900 Ballington Blvd NW Rochester, MN 55901 (507) 810-0447 homesteadatrochester.org

Scan QR code to learn more >>





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# The Homestead at Rochester

Volunteers | NATIONAL of America | SERVICES



## A NETWORK OF CARE

Independent Living
Assisted Living I Memory Care
Long Term Care I Short Term Rehab
Comprehensive Home Care

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# THE ROCHESTER CAMPUS OFFERS A CONTINUUM OF CARE FOR ALL YOUR NEEDS



# **Independent Living**

Live life to the fullest with maintenance free living and surrounded by an active, caring community. Our private pay independent living community is for active seniors who are capable of living independently, but want the convenience of community living.

Perks & amenities include:

- Robust community activities calendar
- Making lasting friendships
- Fitness centers and group classes
- In-unit laundry\*
- Emergency Pendant Response
- Indoor gathering & outdoor courtyards
- Lunch available at the Bistro
- Housekeeping & maintenance
- Transportation services to scheduled events

# **Comprehensive Home Care**

- Residents are able to age in place while remaining in their home (ask for details).
- A la carte services allow residents to create an individualized care plan based on their current needs.
- Service list with pricing available upon request. Services are private pay. Long term care insurance plans are accepted.

# **Assisted Living**

This is ideal for seniors with the desire and capacity to live in private, individual apartments, while still receiving hands-on care that follows their individualized personal care plan. Our private pay community provides events, celebrations and activities to give seniors the opportunity to lead a rich social life within a caring and vibrant atmosphere. Amenities include:

- 24/7 available assistance
- Robust community activities
- Individualized plans of care
- Prepared meals and restaurant-style dining
- Emergency Pendant Response
- Personal care services like bathing, arooming and dressing
- Beautiful gathering spaces
- Transportation services for scheduled events
- Beauty salon/barber shop



# **Memory Care**

The right memory care community provides services that allow loved ones facing the challenges of dementia and Alzheimers to live as full a life as possible. This type of care offers your loved one much-needed safety, stimulation and socialization. Highly trained and caring staff members are able to help individuals meet their long-term health, happiness and overall wellness needs, while also serving as a resource for family members and friends.

## **ROCHESTER REHABILITATION AND LIVING CENTER**

### **Long Term Care**



**Short Term Rehab** 



Residents at our state-licensed care center receive high levels of individualized health and personal services. Our specially trained optimal care teams of licensed nurses, nursing assistants, rehabilitation therapists, and other professionals collaborate with each resident and physician to develop personalized care plans. Life enrichment, educational, and spiritual activities staff help enhance the overall wellness of our residents. Third party payors welcome.

Some of the services we provide are (inquire for more details):

- Customized rehab sessions in our
   Occupational, physical and spacious, state-of-the-art therapy clinic
- Individualized plans of care
- speech therapy
- Social services and discharge planning