

# The Homestead at Anoka // Memory Care

## Life Enrichment Calendar

### February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		ALCR – Assisted Living Community Room CH – Chapel CG – Caregiver  <b>Spiritual Activities</b> <b>Special Events/Visitors</b>	Calendar and activities are subject to changes. Groups may be paused due to unforeseen reasons. Please call if you have any questions. #763-528-6463			1 The Daily Perk Morning Chats Morning Activity Afternoon Treat Afternoon Social with CG
2	3	4	5	6	7	8
The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG	10:00 The Daily Perk 10:15 Morning Stretches 11:30 Devotion with Chaplain Scott 2:00 Hand & Nail Care 3:00 Piano Music with Mark and Amy Westin - AL CR 6:00 IN2L Fun with CG	9:30 Catholic Mass - CH 10:00 The Daily Perk/ Morning Devotion 10:15 Mindful Stretches 1:30 Hymn Sing with Lana 2:00 Afternoon Treat 3:30 BINGO! 6:00 IN2L Fun with CG	10:00 The Daily Perk / Morning Devotion 10:15 Exercise 1:30 Accordion Music with Lori 3:00 Group Art Creation One-on-Ones - CG 6:00 IN2L Fun with CG	10:00 The Daily Perk / Morning Devotion 10:15 Mindful Stretches 1:30 Spiritual Sing-a-Long with Scott 2:00 Animal Talks IN2L One-on-Ones - CG 6:00 IN2L Fun with CG	10:00 Daily Perk & Exercise 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00 Movie Time Afternoon Treat Cart 3:30 Sensory Activity 6:00 IN2L Fun with CG	The Daily Perk Morning Chats Morning Activity Afternoon Treat Afternoon Social with CG
9	10	11	12	13	14	15
The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG	10:00 The Daily Perk 10:15 Morning Stretches 11:30 Devotion with Chaplain Scott 1:30 Name That Tune! 3:00 Guitar Music with Bill Mann - AL CR 6:00 IN2L Fun with CG	9:30 Catholic Mass - CH 10:00 The Daily Perk/ Morning Devotion 10:15 Mindful Stretches 10:30 Benji Dog Visit 1:30 Hymn Sing with Lana 2:00 Afternoon Treat 2:00 Guitar Music with John 3:30 BINGO! 6:00 IN2L Fun with CG	10:00 The Daily Perk / Morning Devotion 10:15 Exercise Afternoon Treat Cart 1:30 Rhythm and Music 2:30 Dog Visit with Lovie 6:00 IN2L Fun with CG	10:00 The Daily Perk / Morning Devotion 10:15 Mindful Stretches 1:30 Spiritual Sing-a-Long with Scott 2:00 Animal Talks IN2L One-on-Ones - CG 6:00 IN2L Fun with CG	<b>Valentine's Day</b> 10:00 Daily Perk & Exercise 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00 Movie Time 3:30 Sensory Activity 6:00 IN2L Fun with CG	The Daily Perk Morning Chats Morning Activity Afternoon Treat Afternoon Social with CG
16	17	18	19	20	21	22
The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG	10:00 The Daily Perk 10:15 Morning Stretches 11:00 Hand & Nail Care 11:30 Devotion with Chaplain Scott 2:00 Hand & Nail Care 3:00 Guitar Music with Tony Gary - AL CR 6:00 IN2L Fun with CG	9:30 Catholic Mass - CH 10:00 The Daily Perk/ Morning Devotion 10:15 Mindful Stretches 1:30 Hymn Sing with Lana 2:00 Afternoon Treat 3:30 BINGO! 6:00 IN2L Fun with CG	10:00 The Daily Perk / Morning Devotion 10:15 Mindful Stretches 1:30 Accordion Music with Lori 3:00 Guess the Sound One-on-Ones - CG 6:00 IN2L Fun with CG	10:00 The Daily Perk / Morning Devotion 10:15 Mindful Stretches 1:30 Spiritual Sing-a-Long with Scott 2:00 Animal Talks IN2L One-on-Ones - CG 6:00 IN2L Fun with CG	10:00 Daily Perk & Exercise 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00 Movie Time Afternoon Treat Cart 3:30 Sensory Activity 6:00 IN2L Fun with CG	The Daily Perk Morning Chats Morning Activity Afternoon Treat Afternoon Social with CG
23	24	25	26	27	28	
The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG	10:00 The Daily Perk 10:15 Morning Stretches 11:30 Devotion with Chaplain Scott 1:30 Pictionary! 3:00 - AL CR 6:00 IN2L Fun with CG	9:30 Catholic Mass - CH 10:00 The Daily Perk/ Morning Devotion 10:15 Mindful Stretches 1:30 Hymn Sing with Lana 2:00 Afternoon Treat 2:00 Hand & Nail Care 3:30 BINGO! 6:00 IN2L Fun with CG	10:00 The Daily Perk / Morning Devotion 10:15 Exercise Afternoon Treat Cart 1:30 Cookie Baking and Decorating! 3:00 Coloring Contest 6:00 IN2L Fun with CG	10:00 The Daily Perk / Morning Devotion 10:15 Mindful Stretches 1:30 Spiritual Sing-a-Long with Scott 2:00 Animal Talks IN2L One-on-Ones - CG 6:00 IN2L Fun with CG	10:00 Daily Perk & Exercise 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00 Movie Time Afternoon Treat Cart 3:30 Sensory Activity 6:00 IN2L Fun with CG	