

# The Homestead at Anoka // Memory Care

## Life Enrichment Calendar

### March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>30</b> The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG	<b>31</b> 10:00 The Daily Perk 10:15 Morning Stretches 11:00 Hand & Nail Care <b>11:30 Devotion with Chaplain Scott</b> 2:00 Hand & Nail Care <b>3:00 Music with Beachcomber Bob - AL CR</b> 6:00 IN2L Fun with CG		<b>ALCR – Assisted Living Community Room</b> CH – Chapel CG – Caregiver  <b>Spiritual Activities</b> <b>Special Events/Visitors</b>	Calendar and activities are subject to changes. Groups may be paused due to unforeseen reasons. Please call if you have any questions. #763-528-6463		<b>1</b> The Daily Perk Morning Chats Morning Activity Afternoon Treat Afternoon Social with CG
<b>2</b> The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG	<b>3</b> 10:00 The Daily Perk 10:15 Morning Stretches <b>11:30 Devotion with Chaplain Scott</b> 2:00 Hand & Nail Care <b>3:00 Guitar Music with Michael Riddle - AL CR</b> 6:00 IN2L Fun with CG	<b>4</b> <b>9:30 Catholic Mass - CH</b> 10:00 The Daily Perk/ <b>Morning Devotion</b> 10:15 Mindful Stretches <b>1:30 Hymn Sing with Lana</b> 2:00 Afternoon Treat 3:30 BINGO! 6:00 IN2L Fun with CG	<b>5</b> 10:00 The Daily Perk/ <b>Morning Devotion</b> 10:15 Exercise <b>1:30 Accordion Music with Lori</b> 2:30- I-Spy Sensory Bin 3:00 Build Your Own Banana Split! One-on-Ones - CG 6:00 IN2L Fun with CG	<b>6</b> 10:00 The Daily Perk/ <b>Morning Devotion</b> 10:15 Mindful Stretches <b>1:30 Spiritual Sing-a-Long with Scott</b> 2:00 Ring Toss One-on-Ones - CG 6:00 IN2L Fun with CG	<b>7</b> 10:00 Daily Perk & Exercise <b>10:30 Prayer with Chaplain Scott</b> <b>11:00 Music Therapy with Michelle</b> 2:00 Movie Time Afternoon Treat Cart 3:30 Sensory Activity 6:00 IN2L Fun with CG	<b>8</b> <b>VOA Founder's Day</b> The Daily Perk Morning Chats Morning Activity Afternoon Treat Afternoon Social with CG
<b>Daylight Savings Time</b> <b>9</b> The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG	<b>10</b> 10:00 The Daily Perk 10:15 Morning Stretches <b>11:30 Devotion with Chaplain Scott</b> 1:30 Name That Tune! <b>3:00 Piano Music with Mike Nelson - AL CR</b> 6:00 IN2L Fun with CG	<b>11</b> <b>9:30 Catholic Mass - CH</b> 10:00 The Daily Perk/ <b>Morning Devotion</b> 10:15 Mindful Stretches <b>10:30 Benji Dog Visit</b> <b>1:30 Hymn Sing with Lana</b> 2:00 Afternoon Treat 3:30 BINGO! 6:00 IN2L Fun with CG	<b>12</b> 10:00 The Daily Perk/ <b>Morning Devotion</b> 10:15 Exercise Afternoon Treat Cart 2:00 Rhythm and Music <b>2:30 Dog Visit with Lovie</b> 6:00 IN2L Fun with CG	<b>13</b> 10:00 The Daily Perk/ <b>Morning Devotion</b> 10:15 Mindful Stretches <b>1:30 Spiritual Sing-a-Long with Scott</b> 2:00 Animal Talks IN2L One-on-Ones - CG 6:00 IN2L Fun with CG	<b>14</b> 10:00 Daily Perk & Exercise <b>10:30 Prayer with Chaplain Scott</b> <b>11:00 Music Therapy with Michelle</b> 2:00 Movie Time 3:30 Sensory Activity 6:00 IN2L Fun with CG	<b>15</b> The Daily Perk Morning Chats Morning Activity Afternoon Treat Afternoon Social with CG
<b>16</b> The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG	<b>St. Patrick's Day</b> <b>17</b> 10:00 The Daily Perk 10:15 Morning Stretches 11:00 Hand & Nail Care <b>11:30 Devotion with Chaplain Scott</b> 2:00 Hand & Nail Care <b>3:00 - Accordion Music with Richard Szyplnski - AL CR</b> 6:00 IN2L Fun with CG	<b>18</b> <b>9:30 Catholic Mass - CH</b> 10:00 The Daily Perk/ <b>Morning Devotion</b> 10:15 Mindful Stretches <b>1:30 Hymn Sing with Lana</b> 2:00 Afternoon Treat 3:30 BINGO! 6:00 IN2L Fun with CG	<b>19</b> 10:00 The Daily Perk/ <b>Morning Devotion</b> 10:15 Exercise <b>1:30 Accordion Music with Lori</b> 3:30 Water Color Painting One-on-Ones - CG 6:00 IN2L Fun with CG	<b>20</b> 10:00 The Daily Perk/ <b>Morning Devotion</b> 10:15 Mindful Stretches <b>1:30 Spiritual Sing-a-Long with Scott</b> 2:00 Balloon Toss with Pool Noodles One-on-Ones - CG 6:00 IN2L Fun with CG	<b>21</b> 10:00 Daily Perk & Exercise <b>10:30 Prayer with Chaplain Scott</b> <b>11:00 Music Therapy with Michelle</b> 2:00 Movie Time Afternoon Treat Cart 3:30 Sensory Activity 6:00 IN2L Fun with CG	<b>22</b> The Daily Perk Morning Chats Morning Activity Afternoon Treat Afternoon Social with CG
<b>23</b> The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG	<b>24</b> 10:00 The Daily Perk 10:15 Morning Stretches <b>11:30 Devotion with Chaplain Scott</b> 1:30 Pictionary! <b>3:00 Music with Snow on the Roof - AL CR</b> 6:00 IN2L Fun with CG	<b>25</b> <b>9:30 Catholic Mass - CH</b> 10:00 The Daily Perk/ <b>Morning Devotion</b> 10:15 Mindful Stretches <b>1:30 Hymn Sing with Lana</b> 2:00 Afternoon Treat 3:30 BINGO! 6:00 IN2L Fun with CG	<b>26</b> 10:00 The Daily Perk/ <b>Morning Devotion</b> 10:15 Exercise Afternoon Treat Cart 2:00 Cookie Baking and Decorating! 3:00 I-Spy Sensory Bin 6:00 IN2L Fun with CG	<b>27</b> 10:00 The Daily Perk/ <b>Morning Devotion</b> 10:15 Mindful Stretches <b>1:30 Spiritual Sing-a-Long with Scott</b> 2:00 Animal Talks IN2L One-on-Ones - CG 6:00 IN2L Fun with CG	<b>28</b> 10:00 Daily Perk & Exercise <b>10:30 Prayer with Chaplain Scott</b> <b>11:00 Music Therapy with Michelle</b> 2:00 Movie Time Afternoon Treat Cart 3:30 Sensory Activity 6:00 IN2L Fun with CG	<b>29</b> The Daily Perk Morning Chats Morning Activity Afternoon Treat Afternoon Social with CG