


# The Homestead at Rochester: The Moors Memory Care 3 / Assisted Living 2

## Life Enrichment Calendar

### March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Calendar is subject to change, please see bulletin boards and whiteboards for flyers & updates	<p>Each Activity is color coded to meet each one of the domains listed below:</p> <p style="text-align: center;"> <span style="color: green;">Physical</span>      <span style="color: blue;">Emotional</span>  <span style="color: orange;">Social</span>    <span style="color: purple;">Intellectual/Cognitive</span>  <span style="color: red;">Spiritual</span>      <span style="color: brown;">Occupational</span> </p>		<p>CM - Community Room</p> <p>BL - Bistro/Lobby</p> <p>MR - Meditation Room (2<sup>nd</sup> Fl)</p>	<p>Most activities will take place in each unit (MC1, MC2, MC3) unless noted on calendar.</p> <p>1:1's Happen Daily</p>		1:1s Room to Room
<b>2</b>	<b>3</b>	<b>4</b>	<b>Ash Wednesday 5</b>	<b>6</b>	<b>7</b>	<b>VOA Founder's Day 8</b>
3:00pm Midwest Bible Baptist Church Service (MC1)	10:30am Exercise & Trivia 3:00pm Independent Leisure	10:30am Exercise & Trivia 3:00pm BINGO	10:30am Exercise & Trivia 1:30pm Coffee Club 3:30pm Ash Wednesday Service (CM)	10:30am Exercise & Trivia 3:00pm Independent Leisure	10:30am Exercise & Trivia 2:00pm Treat Cart	Puzzles, Coloring Pages & Word Searches
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
Daylight Savings Time Balloon Ball & Bean Bag Toss	10:30am Exercise & Trivia 3:00pm Independent Leisure	10:30am Exercise & Trivia 3:00pm Board Game or Card Game of Choice	10:30am Exercise & Trivia 1:30pm Coffee Club 3:00pm Resident Council Meeting (AL Activity Room)	10:30am Exercise & Trivia 3:00pm Music Therapy (MR)	10:30am Exercise & Trivia 1:30pm Harriet & Friends (CM)	Exercise, Coffee & Snacks
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
3:00pm Midwest Bible Baptist Church Service (MC1)	St. Patrick's Day 10:30am Exercise & Trivia 3:00pm Independent Leisure	10:30am Exercise & Trivia 3:00pm BINGO	10:30am Exercise & Trivia 1:30pm Coffee Club (AL Activity Room) 2:00pm Music Entertainment with the Singing Cow Girl! (CM)	First Day of Spring 10:30am Exercise & Trivia 3:00pm Independent Leisure	10:30am Exercise & Trivia 3:00pm Remember When & Reminiscing	Puzzles, Coloring Pages & Word Searches
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
Playing BINGO	10:30am Exercise & Trivia 3:00pm Independent Leisure	10:30am Exercise & Trivia 3:00pm Board Game or Card Game of Choice	10:30am Exercise & Trivia 1:30pm Coffee Club (AL Activity Room) 2:00pm Music Entertainment with Jerry K	10:30am Exercise & Trivia 3:00pm HAPPY HOUR! (BL)	10:30am Exercise & Trivia 3:00pm Independent Leisure	Trivia, Fun Facts & Good News
<b>30</b>	<b>31</b>					
Manicures & Hand Massages	10:30am Exercise & Trivia 3:00pm Independent Leisure					