	Life Enrichment	Calendar	ochester: The Moors Assisted Living 1 April 2025			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Meet Each One of Th	Is Color Coded To ne Domains Listed Below: nysical	9:45am Coffee & Trivia	1 9:45am Exercise	2 9:45am Coffee & Daily Chronicle	4 9:45am Coffee & Daily Chronicle	Puzzles, Coloring Pages & Word
Emotional Social		9:45am Exercise: Stretching	1:30pm Coffee Club	9:45am Exercise: Stretching	9:45am Exercise	Searches
Intellect Sr	ual/Cognitive biritual upational	1:30pm Mexican Train		1:00pm Cards or Dice Games & Independent Leisure	1:00pm Treat Cart	
:00pm Midwest Bible Baptist Church Service (MC1)	10:30am Exercise & Trivia (MC3)	9:45am Coffee & Trivia 9:45am Exercise: Stretching 1:30pm BINGO	8 9:45am Exercise 1:30pm Coffee Club	 9 10 9:45am Coffee & Daily Chronicle 9:45am Exercise 1:30pm Baking Club 3:00pm Music Therapy (MR) 	11 9:45am Coffee & Daily Chronicle 9:45am Exercise 1:30pm Harriet & Friends (CM)	2:30pm Music Entertainment with Charlie Roth (MC1)
Palm Sunday 1 Outdoor Visits	10:30am Exercise & Trivia (MC3)	1 9:45am Coffee & Trivia 9:45am Exercise: Stretching 1:30pm Mexican Train	5 9:45am Exercise 1:30pm Coffee Club	16179:45am Coffee & Daily Chronicle9:45am Exercise1:00pm Cards or Dice Games	Good Friday 18 9:45am Coffee & Daily Chronicle 9:45am Exercise 1:00pm Game of Choice	
Easter Sunday 2 2:00pm Midwest Bible Baptist Church Service (MC1)	21 10:30am Exercise & Trivia (MC3)	Earth Day29:45am Coffee & Trivia9:45am Exercise: Stretching1:30pm BINGO3:00pm Music Entertainmentwith Mark Milner (CM)	2 9:45am Exercise 1:30pm Coffee Club 3:00pm HAPPY HOUR! (BL)	23 24 9:45am Coffee & Daily Chronicle 9:45am Exercise	25 9:45am Coffee & Daily Chronicle 9:45am Exercise 1:00pm Game of Choice	
2 Manicures & Hand Massages	 27 28 10:30am Exercise & Trivia (MC3) 3:30pm National Tell a Story Day (CM) 		9 9:45am Exercise 1:30pm Coffee Club 3:00pm Resident Council Meeting (AL Activity Room)	30 1:1's Happen Daily All activities take place in AR1 unless noted.	CM - Community Room (Basement) AR1 - Activity Room in AL BL - Bistro/Lobby (Across from the concierge desk) MR - Meditation Room (2 nd FI)	The Homestea at Rocheste Volunteers of America®