

The Homestead at Rochester: The Moors Assisted Living 1

Life Enrichment Calendar

March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Calendar is subject to change, please see bulletin boards and whiteboards for flyers & updates	Each Activity is color coded to meet each one of the domains listed below: Physical Emotional Social Intellectual/Cognitive Spiritual Occupational		CM - Community Room BL - Bistro/Lobby MR - Meditation Room (2 nd Fl)	1:1's Happen Daily All activities take place in AR1 unless noted.		1:1s Room to Room 1
2	3	4	5	6	7	8
3:00pm Midwest Bible Baptist Church Service (MC1)	10:30am Exercise & Trivia (MC3)	9:45am Coffee & Trivia 9:45am Exercise-Stretching 1:30pm Mexican Train	Ash Wednesday 9:45am Exercise 1:30pm Coffee Club 3:30pm Ash Wednesday Service (CM)	9:45am Coffee & Daily Chronicle 9:45am Exercise-Stretching 1:00pm Cards or Dice Games & Independent Leisure	9:45am Coffee & Daily Chronicle 9:45am Exercise 1:00pm Treat Cart	VOA Founder's Day Puzzles, Coloring Pages & Word Searches
9	10	11	12	13	14	15
Daylight Savings Time Balloon Ball & Bean Bag Toss	10:30am Exercise & Trivia (MC3)	9:45am Coffee & Trivia 9:45am Exercise-Stretching 1:30pm BINGO	9:45am Exercise 1:30pm Coffee Club 3:00pm Resident Council Meeting (AL Activity Room)	9:45am Coffee & Daily Chronicle 9:45am Exercise 1:30pm Baking Club 3:00pm Music Therapy (MR)	9:45am Coffee & Daily Chronicle 9:45am Exercise 1:30pm Harriet & Friends (CM)	Exercise, Coffee & Snacks
16	17	18	19	20	21	22
3:00pm Midwest Bible Baptist Church Service (MC1)	10:30am Exercise & Trivia (MC3)	9:45am Coffee & Trivia 9:45am Exercise-Stretching 1:30pm Mexican Train	9:45am Exercise 1:30pm Coffee Club 2:00pm Music Entertainment with the Singing Cow Girl! (CM)	First Day of Spring 9:45am Coffee & Daily Chronicle 9:45am Exercise 1:00pm Cards or Dice Games	9:45am Coffee & Daily Chronicle 9:45am Exercise 1:00pm Game of Choice	Puzzles, Coloring Pages & Word Searches
23	24	25	26	27	28	29
Playing BINGO	10:30am Exercise & Trivia (MC3)	9:45am Coffee & Trivia 9:45am Exercise-Stretching 1:30pm BINGO	9:45am Exercise 1:30pm Coffee Club	9:45am Coffee & Daily Chronicle 9:45am Exercise 3:00pm HAPPY HOUR! (BL)	9:45am Coffee & Daily Chronicle 9:45am Exercise 1:00pm Game of Choice	Trivia, Fun Facts & Good News
30	31					
Manicures & Hand Massages	10:30am Exercise & Trivia (MC3)					

