	Life Enrichment		ead at Anoka // Assisted Living June 2025			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1:00 Card Games - CL 6:00 Group Puzzle- Front Hallway in Lobby	2 10:00 Walking Group - FP 10:45 Hand & Nail Care - CR 1:00 Resident Led Card Games: Skip-Bo - CL 3:00 Piano & Violin Music with Weber & Saint John - CR 6:00 Card Making with Micki - CR	Rosary - CH 10:00 St. Stephen's Virtual Mass-CH 11:00 Exercise Class - AR 3:00 BINGO - CR	4 9:30 Gardening Club - Back Patio 10:00 Ladies Circle - CL 11:00 Stretches/Target Games - AR 1:30 Zion Lutheran Communion with Pastor Mike - CL 6:00 Resident Led Game: Mancala - CL	10:00 Old Fashioned Trivia - CH 10:45 Devotions with Scott - CH 3:00 Drumming Exercise - CR	 5 9:30 St. Stephen's Communion Mass with Priest - CH 10:00 Morning Stretch - AR 11:00 Hymn Sing - CH 2:00 Movie & Popcorn - CR <i>"Top Gun"</i> Afternoon Treat Cart 6:30 BINGO with Kristi - CR 	9:30 Gardening Club - Back Patio 1:00-1:30 Afternoon Stretches & Exercise - AR 6:00 Everyone Welcome to Play Board Games & Cards - CL
8 1:00 Card Games - CL 6:00 Group Puzzle- Front Hallway in Lobby	9 9:30 Bus Outing to Country <u>Market - MUST SIGN UP</u> 10:00 Walking Group - FP 10:45 Hand & Nail Care - CR 3:00 Sing- Along with Tina - CR 6:00 Resident Led Card Game: Phase 10 - CL	Rosary - CH 10:00 St. Stephen's Virtual Mass-CH 11:00 Exercise Class - AR 1:30 Bible Study - CH 3:00 BINGO - CR	11 9:30 Gardening Club - Back Patio 10:00 Ladies Circle - CL 11:00 Stretches & Balloon Paddles Game - AR 1:30 Grief Group - CH 1:30 Resident & Food Council Meeting - CR 3:00 Pokeno - CR 6:00 Resident Led Game: Checkers - CL	12 10:00 Old Fashioned Trivia - CR 10:45 Devotions with Scott - CH <u>11:30 Lunch Bus Outing to</u> <u>Applebee's - MUST SIGN UP</u> 3:00 Golf Game - CR	2 13 10:00 Morning Stretch - AR 10:00 Tone Chime Choir - CR 11:00 Hymn Sing - CH 2:00 Movie & Popcorn - CR <i>"Ferris Bueller's Day Off"</i> Afternoon Treat Cart 6:30 BINGO with Kristi - CR	1 9:30 Gardening Club - Back Patio 1:00-1:30 Afternoon Stretches & Exercise - AR 6:00 Everyone Welcome to Play Board Games & Cards - CL
Father's Day151:00 Card Games - CL6:00 Group Puzzle- Front Hallway in Lobby	16 <u>9:30 Bus Outing to Dollar Tree</u> <u>MUST SIGN UP</u> 10:00 Walking Group - FP 10:45 Hand and Nail Care - CR 2:00 Men's Group - CL 3:15 Guitar Music w/ Patrick Allen - CR 6:00 Resident Led Card Game: UNO - CL	Rosary - CH 10:00 St. Stephen's Virtual Mass-CH 11:00 Exercise Class - AR	18 9:30 Gardening Club - Back Patio 10:00 Ladies Circle - CL 11:00 Stretches/Bean Bag Toss - AF 1-3:00 Ceramics w/ Michelle - CR 6:00 Resident Led Game: Cribbage - CL	Juneteenth 19 9:30 Larry's Art-4-All - CL 10:00 Old Fashioned Trivia - CR 10:45 Devotions with Scott - CH 3:00 Drumming Exercise - CR	First Day of Summer 20 10:00 Morning Stretch - AR 11:00 Hymn Sing - CH 2:00 Movie and Popcorn- CR <i>"Mary Poppins"</i> Afternoon Treat Cart 6:30 BINGO with Kristi - CR	2 9:30 Gardening Club - Back Patio 1:00-1:30 Afternoon Stretches & Exercise - AR 6:00 Everyone Welcome to Play Board Games & Cards - CL
22 1:00 Card Games - CL 6:00 Group Puzzle- Front Hallway in Lobby	10:00 Walking Group - FP 10:45 Hand and Nail Care - CR 2:00 Men's Club - CL	 9:30 St. Stephen's Communion & Rosary - CH 10:00 St. Stephen's Virtual Mass-CH 11:00 Exercise Class - AR 1:30 Bible Study - CH 2:00 BINCO - CB 	25 9:30 Gardening Club - Back Patio 10:00 Ladies Circle - CL 11:00 Stretching/Basketball - AR 1:30 Grief Group - CH 2:00 Happy Hour & Resident Birthday Celebration! - CR 6:00 Resident Led Game: Yahtzee - CL	10:00 Old Fashioned Trivia - CR 10:45 Devotions with Scott - CH 1:00-2:00 BINGO BUCKS STORE - CR 3:00 Golf Game - AR		2 9:30 Gardening Club - Back Patio 1:00-1:30 Afternoon Stretches & Exercise - AR 6:00 Everyone Welcome to Play Board Games & Cards - CL
29 1:00 Card Games - CL 6:00 Group Puzzle- Front Hallway in Lobby	10:00 Walking Group - FP 10:45 Hand and Nail Care - CR 2:00 Men's Club - CL		The Daily Calendar by the Community Room reflects changes. Calendar is subject to change. Groups may be paused due to unforeseen reasons	#763-528-6463	DR - Dining Room CH - Chapel CL - Club Lounge CR - Community Room FP - Fire Place	The Homestead at Anoka