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News Release

For Immediate Release

**~ Anoka Rehabilitation and Living Center Recognized Among Best Nursing
Homes by U.S. News & World Report ~**

Senior Living Center Earns High Performing Status for Short-Term Rehabilitation

ANOKA, Minn., May 5, 2025 — Anoka Rehabilitation and Living Center is proud to announce that its skilled nursing care center has been named one of the 2025 Best Nursing Homes by *U.S. News & World Report*. The community earned a high performing rating in short-term rehabilitation, a distinction that places the center in the top percentage of nursing facilities in Minnesota and nationwide.

“Being named one of the 2025 Best Nursing Homes is a direct reflection of our commitment to clinical excellence and strong quality measures,” said Zachary Schmitz, executive director.

“From therapy outcomes to staffing levels and infection prevention, every part of our care model is designed to support positive, measurable results for the people we serve.”

U.S. News awards the designation of Best Nursing Homes only to those communities that satisfy their rigorous, data-driven standards. In 2025, ratings were determined by nurse staffing, patient outcomes and whether nursing home routines included steps known to be effective in avoiding harm and improving health.

To be recognized as one of the 2025 U.S. News Best Nursing Homes, a nursing home must have been “high performing” in short-term rehabilitation metrics. Out of the 14,832 nursing homes evaluated across the country, 2,836 (19%) met those criteria, of which 2,152 were high performing in short-term rehabilitation.

Anoka Rehabilitation and Living Center continues to be a trusted resource for families in the Minneapolis metro suburbs, not only through its compassionate care, but also through its collaborative approach to physical, occupational and speech therapies.

“We’re incredibly proud of the strong partnerships we’ve built with local hospitals, physicians, and healthcare professionals in Anoka and surrounding areas,” Schmitz said. “These

relationships help ensure that our residents experience smooth transitions in care and that their individual needs are fully supported at every stage of recovery preparing them for a successful return to home or other senior living levels of care.”

As part of the Volunteers of America National Services family of senior living communities, Anoka Rehabilitation and Living Center offers in-patient short-term rehabilitation and long-term skilled nursing care, all within a campus of connected services including independent living, assisted living and memory support.

To learn more about Anoka Rehabilitation and Living Center or to schedule a tour, please call (763) 528-6400 or visit <https://www.voans.org/locations/anoka-rehabilitation-and-living-center>.

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About Volunteers of America National Services

Volunteers of America National Services (VOANS), a subsidiary of Volunteers of America, provides affordable housing and healthcare services in over 40 states and in Puerto Rico. The organization employs over 2,000 dedicated staff who provide high quality services and care to our clients. As one of the largest non-profit affordable housing owners/operators in the nation, the VOANS portfolio includes over 240 properties and 15,000 affordable housing units. VOANS also operates senior healthcare programs, including independent living, assisted living, memory care, short-term rehabilitation, long-term skilled nursing care, home health care, and Programs for all Inclusive Care for the Elderly (PACE). Learn more at www.voans.org.

About Anoka Rehabilitation and Living Center

As part of a family of senior living options operated by Volunteers of America National Services, Anoka Rehabilitation and Living Center has served Anoka, Minn. since 2013. As a not-for-profit organization, profits are reinvested back into the community to continue serving and enriching the lives of older adults and their family members. The senior living campus offers independent living, assisted living, memory support, short-term rehabilitation, and long-term skilled nursing. Learn more at www.voans.org/locations/anoka-rehabilitation-and-living-center/.