

Anoka Rehab and Living Center

Life Enrichment Calendar

May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	ACTIVITY KEY: CH = Chapel DR = Dining Room ALCR = Assisted Living Community Room Special Event/Visitors Spiritual Activity Bistro Open: 12:30pm-1:30pm	Calendar is Subject to Change. The Daily Calendar reflects modifications. Groups may be paused due to unforeseen reasons. Do not hesitate to call staff for escort to groups. Please call if you have any questions. #763-528-6463	Staff Leisure Rounds are completed every morning: daily calendar, daily perk, room order, and encourage different groups for the day. Heart2Heart Visits received daily by Staff. 	May Day 10:00 Daily Portals of Prayer - CH 10:30 Zion Holy Communion Church with Pastor Sue - CH 11:00 Rhythm Music with Lana - CH 11:00-1:00 Physio Step Fitness - DR 2:00 BINGO! - DR 3:00 Scott's Trivia Time - CH 3:15 Tammy's Leisure Cart 6:00 Coloring	9:30 Catholic Mass with Priest from St. Stephens - AL Chapel 10:15 Balloon Volleyball - DR 11:00-1:00 Physio Step Fitness - DR 2:00 Prayer Group with Chaplain Scott - CH 2:45 Men's Group - CH	10:30 Hymn Sing & Daily Portals of Prayer - CH 11:00 Exercises - CH 2:00 BINGO! - DR
10:00 Exercise Group - CH 11:00 Church Service with Riverdale Church Volunteers - CH 2:00 Trivia & Treats - DR	Cinco De Mayo 10:00 In Memoriam & Devotions with Chaplain Scott - CH Manicures / Calming Hands 11:00-1:00 Physio Step Fitness - DR 2:00 Jim Kirkendall Music Entertainment - DR 6:00 Card Games - DR	10:00 Daily Portals of Prayer - CH 10:00 Resilience Class with Ximena - DR 11:00-1:00 Physio Step Fitness - DR 2:00 BINGO! - DR 3:30 Paula's Leisure Cart	10:30 Mind & Move Stretch - CH Manicures / Calming Hands 11:00-1:00 Physio Step Fitness - DR Afternoon Treat Cart Day! 2:00 Drumming Class with Lana - CH 2:45 Bible Trivia with Scott - CH 4:00 Games Club	9:30 Larry's Art-4-All 11:00 Rhythm Music with Lana - CH 11:00-1:00 Physio Step Fitness - DR 2:00 BINGO! - DR 3:00 Scott's Trivia Time - CH 3:15 Tammy's Leisure Cart 6:00 Jigsaw Puzzles	9:30 Rosary Group with Katie (from St. Stephens) 10:00 Tone Chimes Choir - ALCR 11:00-1:00 Physio Step Fitness - DR 2:00 Prayer Group with Chaplain Scott - CH 2:45 Men's Group - CH	10:30 Hymn Sing & Daily Portals of Prayer - CH 11:00 Exercises - CH 2:00 BINGO! - DR
Mother's Day 10:00 Exercise Group - CH 11:00 Church Service with Riverdale Church Volunteers - CH 2:00 Trivia & Treats - DR	10:00 Devotions with Chaplain Scott - CH 10:30 Mother's Day Tea - DR Manicures / Calming Hands 11:00-1:00 Physio Step Fitness - DR 2:00 Snow on the Roof Music Entertainment - DR 6:00 Card Games-DR	10:00 Daily Portals of Prayer - CH 10:00 Resilience Class with Ximena - DR 11:00-1:00 Physio Step Fitness - DR 2:00 BINGO! - DR 3:30 Paula's Leisure Cart	10:00 Hymn Sing with Lana - CH 10:30 Mindful Move Stretch - CH Manicures / Calming Hands 11:00-1:00 Physio Step Fitness - DR Afternoon Treat Cart Day! 2:00 Drumming Class with Lana - CH	10:00 Daily Portals of Prayer - CH 10:00 Craft Group! - DR 11:00 Rhythm Music with Lana - CH 11:00-1:00 Physio Step Fitness - DR 2:00 BINGO! - DR 3:00 Scott's Trivia Time - CH 3:15 Tammy's Leisure Cart 6:00 Coloring	9:30 Rosary Group with Katie (from St. Stephens) 10:30 Bean Bag Toss - DR 11:00-1:00 Physio Step Fitness - DR 2:00 Prayer Group with Chaplain Scott - CH 2:45 Men's Group - CH Friday Funnies!	10:30 Hymn Sing & Daily Portals of Prayer - CH 11:00 Exercises - CH 2:00 BINGO! - DR
10:00 Exercise Group - CH 11:00 Church Service with Riverdale Church Volunteers - CH 2:00 Trivia & Treats - DR	10:00 Devotions with Chaplain Scott - CH 10:45 Coffee Time & Jokes - DR Manicures / Calming Hands 11:00-1:00 Physio Step Fitness - DR 2:00 Accordion Music with Lori Lachner - DR 6:00 Card Games-DR	10:00 Daily Portals of Prayer - CH 10:00 Resilience Class with Ximena - DR 11:00-1:00 Physio Step Fitness - DR 2:00 BINGO! - DR 3:30 Paula's Leisure Cart	10:00 Hymn Sing with Lana - CH 10:30 Mind & Move Stretch - CH Manicures / Calming Hands 11:00-1:00 Physio Step Fitness - DR Afternoon Treat Cart Day! 1:00-3:00 Ceramics w/ Michelle - ALCR 2:00 Drumming Class with Lana - CH 2:45 Bible Trivia with Scott - CH 4:00 Games Club	10:00 Daily Portals of Prayer - CH 11:00-1:00 Physio Step Fitness - DR 2:00 BINGO! - DR 3:00 Scott's Trivia Time - CH 3:15 Leisure Cart 6:00 Jigsaw Puzzles	9:30 Rosary Group with Katie (from St. Stephens) 10:00 Tone Chimes Choir - ALCR 11:00-1:00 Physio Step Fitness - DR 2:00 Prayer Group with Chaplain Scott - CH 2:45 Men's Group 3:00 Happy Hour - DR	10:30 Hymn Sing & Daily Portals of Prayer - CH 11:00 Exercises - CH 2:00 BINGO! - DR
10:00 Exercise Group - CH 11:00 Church Service with Riverdale Church Volunteers - CH 2:00 Trivia & Treats - DR	Memorial Day 10:00 Devotions with Chaplain Scott - CH 2:00 Lorretta and Curtis Music Entertainment - DR 6:00 Card Games	10:00 Daily Portals of Prayer - CH 10:00 Resilience Class with Ximena - DR 11:00-1:00 Physio Step Fitness - DR 2:00 BINGO! - DR 3:30 Paula's Leisure Cart	10:00 Hymn Sing with Lana - CH 10:30 Mind & Move Stretch - CH Manicures / Calming Hands 11:00-1:00 Physio Step Fitness - DR Afternoon Treat Cart Day! 2:00 Food Council Meeting - CH 2:30 Resident Council Meeting - CH	10:00 Daily Portals of Prayer - CH 11:00 Rhythm Music with Lana - CH 11:00-1:00 Physio Step Fitness - DR 2:00 BINGO! - DR 3:00 Scott's Trivia Time - CH 3:15 Tammy's Leisure Cart 6:00 Coloring	9:30 Rosary Group with Katie (from St. Stephens) 10:30 Balloon Toss with Noodles - DR 11:00-1:00 Physio Step Fitness - DR 2:00 Prayer Group with Chaplain Scott - CH 2:45 Men's Group - CH Friday Funnies!	10:30 Hymn Sing & Daily Portals of Prayer - CH 11:00 Exercises - CH 2:00 BINGO! - DR