

The Homestead at Rochester:The Moors Assisted Living 1							
Life Enrichment Calendar							
May 2025							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div><div>The Homestead at Rochester</div><div><div><div>Volunteers of America</div><div>NATIONAL SERVICES</div></div></div></div>	Each Activity Is Color Coded To Meet Each One of The Domains Listed Below: <div>Physical</div> <div>Emotional</div> <div>Social</div> <div>Intellectual/Cognitive</div> <div>Spiritual</div> <div>Occupational</div>		CM - Community Room (Basement) AR1 - Activity Room in AL BL - Bistro/Lobby (Across from the concierge desk) MR - Meditation Room (2 nd Fl) All activities take place in AR1 unless noted.	May Day 1 9:45am Coffee & Talking Topics 10:00am Exercise: Stretching 1:00pm Cards or Dice Games & Independent Leisure	2 9:45am Coffee & Talking Topics 10:00am Exercise: Stretching	3 Outdoor Visits	
	4 1:1s Room to Room	5 Cinco De Mayo 10:30am Exercise (MC3) 11:00am Trivia (MC3)	6 9:45am Coffee & Talking Topics 10:00am Exercise: Stretching 1:30pm Mexican Train 3:00pm Worship Service with Alex (MR)	7 9:45am Coffee & Talking Topics 10:00am Exercise: Stretching 3:00pm HAPPY HOUR! (BL)	8 9:45am Coffee & Talking Topics 10:00am Exercise: Stretching 3:00pm Music Entertainment with Sister Luv (CM)	9 9:45am Coffee & Talking Topics 10:00am Exercise: Stretching 1:30pm Harriet & Friends (CM)	10 Puzzles, Coloring Pages & Word Searches
	11 Mother’s Day 1:1s Room to Room	12 10:30am Exercise (MC3) 11:00am Trivia (MC3)	13 10:00am Chimers Concert (BL) 1:30pm BINGO 3:00pm Worship Service with Alex (MR)	14 9:45am Coffee & Trivia 10:00am Exercise: Stretching 2:00pm Music Entertainment with The Singing Cowgirl (CM)	15 9:45am Coffee & Talking Topics 10:00am Exercise: Stretching 1:00pm Cards or Dice Games & Independent Leisure	16 9:45am Coffee & Talking Topics 10:00am Exercise: Stretching	17 Outdoor Visits
	18 1:1s Room to Room	19 10:30am Exercise (MC3) 11:00am Trivia (MC3)	20 9:45am Coffee & Talking Topics 10:00am Exercise: Stretching 3:00pm Worship Service with Alex (MR)	21 9:45am Coffee & Talking Topics 10:00am Exercise: Stretching 1:30pm Coffee Club (BL) 3:00pm Resident Council Meeting (Bistro)	22 9:45am Coffee & Talking Topics 10:00am Exercise: Stretching 3:00pm Music Therapy (MR)	23 9:45am Coffee & Talking Topics 10:00am Exercise: Stretching	24 Outdoor Visits
	25 1:1s Room to Room	26 Memorial Day Puzzles, Coloring Pages & Word Searches	27 9:45am Coffee & Talking Topics 10:00am Exercise: Stretching 1:30pm Mexican Train 3:00pm Worship Service with Alex (MR)	28 9:45am Coffee & Talking Topics 10:00am Exercise: Stretching 1:30pm Coffee Club (BL) 3:00pm Special Entertainment (CM)	29 9:45am Coffee & Talking Topics 10:00am Exercise: Stretching	30 9:45am Coffee & Talking Topics 10:00am Exercise: Stretching	31 Outdoor Visits