



<div> <div>The Homestead at Anoka // Memory Care</div> <div>Life Enrichment Calendar</div> <div>July 2025</div> </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	CR – Assisted Living Community Room CG – Caregiver Spiritual Activities Special Events/Visitors	1 10:00 The Daily Perk and Mindful Stretches on the Patio 1:30 Hymn Sing with Lana 2:00 Music and Treats 3:30 Finish the Phrase 6:30 This or That with Caregiver	2 10:00 The Daily Perk 10:15 Bean Bag Toss 1:30 Accordion Music with Lori 3:00 One-on-Ones with Deb 6:30 BINGO with Caregiver	3 10:00 The Daily Perk 10:15 Mindful Stretches 1:30 Spiritual Sing-a-Long with Chaplain Scott 2:00 Balloon Toss with Pool Noodles 3:30 Guess the Song 6:30 Rhythm & Reminisce	Happy 4th of July! 4 10:30 Morning Stretch with Caregiver 2:00 Reminiscing Time with Caregiver 3:00 Patio Time 6:30 Motion Match with Caregiver	5 The Daily Perk 9:30 Eye for Detail Game with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
6 The Daily Perk 10:30 Balloon Catch with Caregiver 3:30 Trivia Time 6:30 Short Stories with Caregivers	7 10:00 The Daily Perk 10:10 Morning Stretches 11:30 Devotion with Chaplain Scott 1:30 Hand & Nail Care 3:00 Music Entertainment with Amy and Adams- CR 6:30 Reminiscing with Caregiver	8 10:00 The Daily Perk and Mindful Stretches on the Patio 1:30 Hymn Sing with Lana 2:00 Bubbles and Treats 3:00 Group Exercise 6:30 This or That with Caregiver	9 10:00 The Daily Perk 10:15 Beach Ball Soccer 1:30 Rhythm and Music Exercise 3:00 One on Ones with Deb 6:30 BINGO with Caregiver	10 10:00 The Daily Perk 10:15 Mindful Stretches 1:30 Spiritual Sing-a-Long with Chaplain Scott 2:00 Would You Rather Game 3:30 Guess the Song 6:30 Rhythm & Reminisce	11 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00 Daily Perk & Exercise Afternoon Treat Cart 3:30 Patio Time and Water Flowers 6:30 Motion Match with Caregiver	12 The Daily Perk 9:30 Eye for Detail Game with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
13 The Daily Perk 10:30 Music Trivia on the Patio with Caregiver 3:00 Group Exercise 6:30 Short Stories with Caregiver	14 10:00 The Daily Perk 10:15 Morning Stretches 11:30 Devotion with Chaplain Scott 1:30 Afternoon Stretching & Exercise 3:00 Sing Along with Tina- CR 6:30 Reminiscing with Caregiver	15 10:00 The Daily Perk and Mindful Stretches on the Patio 1:30 Hymn Sing with Lana 2:00 Exercise and Treats 3:30 Finish the Phrase 6:30 This or That with Caregiver	16 10:00 The Daily Perk 10:15 Chair Yoga 1:30 Exercise 3:00 One-on-Ones with Deb 6:30 BINGO with Caregiver	17 10:00 The Daily Perk 10:15 Mindful Stretches 1:30 Spiritual Sing-a-Long with Chaplain Scott 2:00 Bean Bag Toss 3:30 Guess the Song 6:30 Rhythm & Reminisce	18 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00 Daily Perk & Exercise Afternoon Treat Cart 3:30 Patio Time and Water Flowers 6:30 Motion Match with Caregiver	19 The Daily Perk 9:30 Eye for Detail Game with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
20 The Daily Perk 10:30 Balloon Catch with Caregiver 3:00 Trivia Time 6:30 Short Stories with Caregiver	21 10:00 The Daily Perk 10:15 Morning Stretches 11:30 Devotion with Chaplain Scott 1:30 Trivia Time 3:00 Piano Music with James Shaw - CR 6:30 Reminiscing with Caregiver	22 10:00 The Daily Perk and Mindful Stretches on the Patio 1:30 Hymn Sing with Lana 2:00 Trivia and Treats 3:00 Group Exercise 6:30 This or That with Caregiver	23 10:00 The Daily Perk 10:15 Beach Ball Soccer 1:30 Exercise 3:00 One on Ones with Deb 6:30 BINGO with Caregiver	24 10:00 The Daily Perk/ Morning Devotion 10:15 Mindful Stretches 1:30 Spiritual Sing-a-Long with Chaplain Scott 2:00 Would You Rather Game 3:30 Guess the Song 6:30 Rhythm & Reminisce	25 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00 Daily Perk & Exercise Afternoon Treat Cart 3:30 Patio Time and Water Flowers 6:30 Motion Match with Caregiver	26 The Daily Perk 9:30 Eye for Detail Game with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
27 The Daily Perk 10:30 Animal Trivia on the Patio with Caregiver 3:00 Group Exercise 6:30 Short Stories with Caregiver	28 10:00 The Daily Perk 10:15 Morning Stretches 11:30 Devotion with Chaplain Scott 1:30 Hand & Nail Care 3:00 Sing Along with Tina - CR 6:30 Reminiscing with Caregiver	29 10:00 The Daily Perk and Mindful Stretches on the Patio 1:30 Hymn Sing with Lana 2:00 Music and Treats 3:30 Finish the Phrase 6:30 This or That with Caregiver	30 10:00 The Daily Perk 10:15 Chair Yoga 1:30 Beach Ball Catch 3:00 One-on-Ones with Deb 6:30 BINGO with Caregiver	31 10:00 The Daily Perk/ Mindful Stretches 10:30 Guitar Music with Gordy 1:30 Spiritual Sing-a-Long with Chaplain Scott 2:00 Balloon Toss with Pool Noodles 3:30 Guess the Song 6:30 Rhythm & Reminisce	Calendar and activities are subject to changes. Groups may be paused due to unforeseen reasons. Please call if you have any questions. #763-528-6463	<div> <div>The Homestead at Anoka</div> <div>  </div> </div>