



# The Homestead at Montrose // Assisted Living

## Life Enrichment Calendar

### July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>July Is National Month For: Ice Cream, National Parks, Picnic's, Watermelon, Hot dog's, and Disability Pride Month!</b>	<b>Canada Day</b> 1 10:00 Exercise 10:45 Bible Study 1:30 BINGO! 2:45 Canadian Trivia 3:30 Pet Visit with Molly	2 10:30 Fish bowl Game 1:00 Church Service 1:30 Craft: Canvas Flag Art 2:30 Travel: Ontario, Canada	3 9:00 Conversations w/ Bill 10:00 Exercise 10:45 BINGO! 1:30 Play Apples to Apples board game 2:30 Matinee: Overboard	<b>Happy 4<sup>th</sup> of July!</b> 4 No Am Exercise 11:00 4 <sup>th</sup> of July Trivia 1:30 American History 3:00 Happy hour <b>Celebrate Independence Day</b>	5 10:30 Resident run BINGO!
<b>Wimbledon Week</b> 6 11:00 Sunday Worship 1:30 Live Music: George and Lynn	<b>Tell the Truth Day</b> 7 10:00 Exercise 10:45 Book Club 1:30 Pretty Nails 2:00 Live Music: Bluegrass Band	8 10:00 Exercise 10:45 Bible Study 1:00 Dishing with Dietary 1:30 BINGO! 2:45 London Trivia and Travel	9 10:30 Tennis Trivia 1:00 Church Service 1:30 Balloon Tennis 2:30 Learn about British tennis stars 3:30 Guest Speaker: Gloria with foot care tips	<b>Pina Colada Day</b> 10 9:00 Conversations w/ Bill 10:00 Exercise 10:45 BINGO! (Staff meeting) 3:30 July word games and trivia	11 10:00 Exercise 10:45 Bird trivia 2:00 Watch Wimbledon games 3:00 Happy Hour Wimbledon Party! <b>Dress in white!</b>	12 10:30 Resident run BINGO! 2:00 Matinee: TBD
<b>Christmas In July week</b> 13 11:00 Sunday Worship	14 10:00 Exercise 10:45 Dice & card game 1:30 Decorate Summer Christmas tree! 2:30 Live Music: Paul Chamberlain	15 10:00 Exercise 10:45 Bible Study 1:30 BINGO! 2:45 New Zealand Trivia and Travel	<b>National Hot Dog Day</b> 16 10:30 Penny in Penny out Give Me five games 1:00 Church Service 1:30 Craft: Starfish Ornaments 3:00 Colorado Experience: Palisade Peaches	<b>Peach Ice Cream Day</b> 17 9:00 Conversations w/ Bill 10:00 Exercise 10:45 BINGO! 2:00 AL Resident Council Meeting 2:45 Social: Popsicles	18 10:00 Exercise 10:45 Jeopardy! 1:00 Beth Williams Music 3:00 Happy Hour Beachy Christmas Bash	19 10:30 Resident run BINGO! 2:00 Matinee: TBD
<b>Tour De France Week</b> 20 11:00 Sunday Worship 1:30 Live Music: George and Lynn	21 10:00 Exercise 10:45 Countdown trivia and Everyone Knows 1:30 Pretty Nails 2:00 Live Music: Bluegrass Band	22 10:00 Exercise 10:45 Bible Study 1:30 BINGO! 2:45 France Trivia and Travel	23 10:30 Tour De France history 1:00 Church Service 1:30 Library Craft: TBD 3:30 Colorado Experience: Settling the Sand Dunes	<b>Self Care Day</b> 24 9:00 Conversations w/ Bill 10:00 Exercise 10:45 BINGO! 1:30 Round Robin Stories 2:30 Word Rhyme Game	25 10:00 Exercise 10:45 Play Yahtzee! 2:00 Listen to Records 3:00 July Birthday Party!	26 10:30 Resident run BINGO! 2:00 Matinee: TBD
27 11:00 Sunday Worship	28 10:00 Exercise 10:45 Dice golf game 1:30 Make cards for the troops! 2:30 Live Music: Paul Chamberlain	<b>International Tiger Day</b> 29 10:00 Exercise 10:45 Bible Study 1:30 BINGO! 2:45 Wacky Words and concentration puzzles 3:30 Concert	<b>Friendship Day</b> 30 10:30 Basketball hoops 1:00 Church Service 1:30 Field Trip 2:30 Harp Ensemble	31 9:00 Conversations w/ Bill 10:00 Exercise 10:45 BINGO! 1:30 Wheel of Fortune 2:30 Summer Reminiscing		

\*Group walks are weather permitting. Calendar events and times are subject to change.