


The Homestead at Rochester // The Moors Assisted Living 1 and 2							
Life Enrichment Calendar							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>CM</b> - Community Room (Basement) <b>AR1</b> - Activity Room in AL <b>BL</b> - Bistro/Lobby (Across from the concierge desk) <b>MR</b> - Meditation Room (2 <sup>nd</sup> Fl) *Calendar Subject to change  <b>All AM activities take place in AR1 unless noted</b>		<b>1</b> 10:00 Exercise (AL1) <b>10:30 Daily Chronicles</b>  2:00 Chapel Service with Mike	<b>2</b> 10:00 Exercise (AL1) <b>10:30 Finish the Line</b>  1:30 Balloon Toss 2:00 Chats with Glenna 3:00 Happy Hour (Bistro)	<b>3</b> 10:00 Exercise (AL1) <b>10:30 Trivia</b>  2:30 Dice Games	<b>4</b> <b>Happy 4<sup>th</sup> of July!</b> 	<b>5</b> 1:1s Room to Room	
	<b>6</b> 11:00am Church Online Service	<b>7</b> 1:30pm Monday Manicures 2:00 Chats with Glenna	<b>8</b> 10:00 Exercise (AL1) <b>10:30 Daily Chronicles</b>  1:30 BINGO	<b>9</b> 10:00 Exercise (AL1) <b>10:30 Would You Rather</b>  1:30 Make No Bake Treat 2:00 Chats with Glenna 2:30 Serve Treats to other units	<b>10</b> 10:00 Exercise (AL1) <b>10:30 Trivia</b>  1:30 Mexican Train 2:30 Art Corner	<b>11</b> 10:00 Exercise (AL1) <b>10:30 Table Games</b>  2:00 Movies	<b>12</b> 1:1s Room to Room
	<b>13</b> 11:00am Church Online Service	<b>14</b> 10:30pm Free Paint 2:00 Chats with Glenna	<b>15</b> 10:00 Exercise (AL1) <b>10:30 Daily Chronicles</b>  1:30 BINGO 2:30 Outdoor Visits & Snack	<b>16</b> 10:00 Exercise (AL1) <b>10:30 This or That</b>  1:30 Putt Putt Golf 2:00 Chats with Glenna 2:30 Art Corner	<b>17</b> 10:00 Exercise (AL1) <b>10:30 Trivia</b>  3:00 Music Therapy (MR)	<b>18</b> 10:00 Exercise (AL1) <b>10:30 Chess</b>  2:00 Movies	<b>19</b> 2:30 Michael Nelson (CM)
	<b>20</b> 11:00am Church Online Service	<b>21</b> 10:30pm Jumbo Crosswords 2:00 Chats with Glenna	<b>22</b> 10:00 Exercise (AL1) <b>10:30 Daily Chronicles</b>  1:30 BINGO 2:30 Outdoor Visits & Snack	<b>23</b> 10:00 Exercise (AL1) <b>10:30 Resident Council</b>  1:30 Target Toss 2:00 Chats with Glenna 3:00 Happy Hour (Bistro)	<b>24</b> 10:00 Exercise (AL1) <b>10:30 Trivia</b>  1:30 Mexican Train 2:30 Water Color	<b>25</b> 10:00 Exercise (AL1) <b>10:30 Bowling</b>  2:00 Movies	<b>26</b> 1:1s Room to Room
	<b>27</b> 11:00am Church Online Service	<b>28</b> 10:30pm Uno 2:00 Chats with Glenna	<b>29</b> 10:00 Exercise (AL1) <b>10:30 Daily Chronicles</b>  2:30 Folk Band (CM)	<b>30</b> 10:00 Exercise (AL1) <b>10:30 Reminiscing</b>  1:30 Cookie Bake 2:00 Chats with Glenna 2:30 Serve Treats to other units	<b>31</b> 10:00 Exercise (AL1) <b>10:30 Trivia Finish the Lyric</b>  1:30 Water Color 2:30 Outdoor Visits & Snack	<b>Each Activity Is Color Coded to Meet Each One of The Domains Listed Below:</b> Physical Emotional Social Intellectual/Cognitive Spiritual Occupational	