


The Homestead at Rochester // The Moors Memory Care 1

Life Enrichment Calendar

July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	CM - Community Room (Basement) BL - Bistro/Lobby MR - Meditation Room (2 nd Fl) Most activities will take place in each unit (MC1, MC2, MC3) unless noted on calendar.	1 10:15am Exercise 12:30pm Devotions 1:30pm Art Corner 4:00pm Outdoor Visits & Snack	2 10:15am Music & Movement 12:30pm Hymn Sing 1:30pm BINGO 4:00pm Free Paint	3 10:15am Stretching 12:30pm Bowling 1:30pm Jumbo Crosswords 4:00pm Outdoor Visits & Snack	Happy 4th of July! 4 10:15am Music & Movement 12:30pm Devotions 1:30pm Veteran Recognition 4:00pm Patriotic Music Sing-a-long	5 10:15am Exercise 12:30pm Hymn Sing 1:30pm Trivia 4:00pm Outdoor Visits & Snack
6 10:15am Exercise Cycle & Hydration 12:30pm Church Online Service 1:30pm Family Feud 4:00pm Uno	7 10:15am Exercise 12:30pm Devotions 1:30pm Monday Manicures 4:00pm Outdoor Visits & Snack	8 10:15am Music & Movement 12:30pm Hymn Sing 1:30pm Art Corner 4:00pm Horoscopes	9 10:15am Stretching 12:30pm Devotions 1:30pm BINGO 4:00pm Outdoor Visits & Snack	10 10:15am Music & Movement 12:30pm Hymn Sing 1:30pm Movie 4:00pm Uno	11 10:15am Exercise Cycle & Hydration 12:30pm Devotions 1:30pm Finish That Phrase 4:00pm Outdoor Visits & Snack	12 10:15am Exercise 12:30pm Hymn Sing 1:30pm Free Paint 4:00pm Dominoes
13 10:15am Exercise Cycle & Hydration 12:30pm Church Online Service 1:30pm Outside Stroll 4:00pm Uno	14 10:15am Music & Movement 12:30pm Devotions 1:30pm Free Paint 4:00pm Finish That Phrase	15 10:15am Exercise 12:30pm Hymn Sing 1:30pm Art Corner 4:00pm Outdoor Visits & Snack	16 10:15am Stretching 12:30pm Devotions 1:30pm BINGO 4:00pm Ice Cream Sundaes & Corn Hole	17 10:15am Exercise 12:30pm Hymn Sing 1:30pm Trivia 4:00pm Outdoor Visits & Snack	18 10:15am Exercise Cycle & Hydration 12:30pm Chess 1:30pm Horoscopes 4:00pm Karaoke Happy Hour	19 10:15am Music & Movement 12:30pm Devotions 1:30pm Movie 4:00pm Uno
20 10:15am Exercise Cycle & Hydration 12:30pm Church Online Service 1:30pm Jumbo Crosswords 4:00pm Outdoor Visits & Snack	21 10:15am Exercise 12:30pm Devotions 1:30pm Monday Manicures 4:00pm Trivia	22 10:15am Stretching 12:30pm Hymn Sing 1:30pm Art Corner 4:00pm Horoscopes	23 10:15am Music & Movement 12:30pm Devotions 1:30pm BINGO 4:00pm Trivia	24 10:15am Exercise Cycle & Hydration 12:30pm Hymn Sing 1:30pm Free Paint 4:00pm Movie	25 10:15am Exercise 12:30pm Devotions 1:30pm Bowling 4:00pm Uno	26 10:15am Exercise Cycle & Hydration 12:30pm Hymn Sing 1:30pm Movie 4:00pm Uno
27 10:15am Stretching 12:30pm Church Online Service 1:30pm Movie 4:00pm Free Paint	28 10:15am Exercise 12:30pm Devotions 1:30pm Uno 4:00pm Outdoor Visits & Snack	29 10:15am Music & Movement 12:30pm Hymn Sing 1:30pm Art Corner 2:30pm Folk Band (CM)	30 10:15am Exercise 12:30pm Devotions 1:30pm BINGO 4:00pm Outdoor Visits & Snack	31 10:15am Exercise Cycle & Hydration 12:30pm Hymn Sing 1:30pm Water Color 4:00pm Uno	Each Activity Is Color Coded to Meet Each One of The Domains Listed Below: Physical Emotional Social Intellectual/Cognitive Spiritual Occupational	
<div><div>The Homestead at Rochester</div><div><div>Volunteers of America®</div><div>NATIONAL SERVICES</div></div></div>						

Calendar is subject to change, please see bulletin boards and whiteboards for flyers & updates.