

The Homestead at Rochester // The Moors Memory Care 2

Life Enrichment Calendar

July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>CM</b> - Community Room (Basement) <b>BL</b> - Bistro/Lobby <b>MR</b> - Meditation Room (2 <sup>nd</sup> Fl)  Most activities will take place in each unit (MC1, MC2, MC3) unless noted on calendar.	<div>1</div> 9:30am Exercise 10:45am Devotions 1:30pm Art Corner 3:00pm Outdoor Visits & Snack	<div>2</div> 9:30am Music & Movement 10:45am Hymn sing 1:30pm Bingo 3:00pm Free Paint	<div>3</div> 9:30am Stretching 10:45am Bowling 1:30pm Jumbo Crosswords 3:00pm Outdoor Visits & Snack	<div>4</div> <b>Happy 4<sup>th</sup> of July!</b> 9:30am Music & Movement 10:45am Devotions 1:30pm Veteran Recognition 3:00pm Patriotic Music- Sing-a-long	<div>5</div> 9:30am Exercise 10:45am Hymn sing 1:30pm Trivia 3:00pm Outdoor Visits & Snack
<div>6</div> 9:30am Exercise Cycle & Hydration 10:45am Church online service 1:30pm Family Feud 3:00pm Uno	<div>7</div> 9:30am Exercise 10:45am Devotions 1:30pm Monday Manicures 3:00pm Outdoor Visits & Snack	<div>8</div> 9:30am Music & Movement 10:45am Hymn sing 1:30pm Art Corner 3:00pm Horoscopes	<div>9</div> 9:30am Stretching 10:45am Devotions 1:30pm Bingo 3:00pm Outdoor Visits & Snack	<div>10</div> 9:30am Music & Movement 10:45am Hymn sing 1:30pm Movie 3:00pm Uno	<div>11</div> 9:30am Exercise Cycle & Hydration 10:45am Devotions 1:30pm Finish that phrase 3:00pm Outdoor Visits & Snack	<div>12</div> 9:30am Exercise 10:45am Hymn sing 1:30pm Free Paint 3:00pm Dominoes
<div>13</div> 9:30am Exercise Cycle & Hydration 10:45am Church online service 1:30pm Outside Stroll 3:00pm Uno	<div>14</div> 9:30am Music & Movement 10:45am Devotions 1:30pm Free Paint 3:00pm Finish that phrase	<div>15</div> 9:30am Exercise 10:45am Hymn sing 1:30pm Art Corner 3:00pm Outdoor Visits & Snack	<div>16</div> 9:30am Stretching 10:45am Devotions 1:30pm Bingo 3:00pm Ice Cream Sundaes/ Corn Hole	<div>17</div> 9:30am Exercise 10:45am Hymn sing 1:30pm Trivia 3:00pm Outdoor Visits & Snack	<div>18</div> 9:30am Exercise Cycle & Hydration 10:45am Chess 1:30pm Horoscopes 3:00pm Karaoke Happy Hour	<div>19</div> 9:30am Music & Movement 10:45am Devotions 1:30pm Movie 3:00pm Uno
<div>20</div> 9:30am Exercise Cycle & Hydration 10:45am Church online service 1:30pm Jumbo Crosswords 3:00pm Outdoor Visits & Snack	<div>21</div> 9:30am Exercise 10:45am Devotions 1:30pm Monday Manicures 3:00pm Trivia	<div>22</div> 9:30am Stretching 10:45am Hymn sing 1:30pm Art Corner 3:00pm Horoscopes	<div>23</div> 9:30am Music & Movement 10:45am Devotions 1:30pm Bingo 3:00pm Trivia	<div>24</div> 9:30am Exercise Cycle & Hydration 10:45am Hymn sing 1:30pm Free Paint 3:00pm Movie	<div>25</div> 9:30am Exercise 10:45am Devotions 1:30pm Bowling 3:00pm Uno	<div>26</div> 9:30am Exercise Cycle & Hydration 10:45am Hymn sing 1:30pm Movie 3:00pm Uno
<div>27</div> 9:30am Stretching 10:45am Church online service 1:30pm Movie 3:00pm Free Paint	<div>28</div> 9:30am Exercise 10:45am Devotions 1:30pm Uno 3:00pm Outdoor Visits & Snack	<div>29</div> 9:30am Music & Movement 10:45am Hymn sing 1:30pm Art Corner 2:30 Folk Band (CM)	<div>30</div> 9:30am Exercise 10:45am Devotions 1:30pm Bingo 3:00pm Outdoor Visits & Snack	<div>31</div> 9:30am Exercise Cycle & Hydration 10:45am Hymn sing 1:30pm Water Color 3:00pm Uno	Each Activity Is Color Coded to Meet Each One of The Domains Listed Below: Physical Emotional Social Intellectual/Cognitive Spiritual Occupational	

Calendar is subject to change, please see bulletin boards and whiteboards for flyers & updates.