



The Homestead at Rochester: The Moors Memory Care 3 / Assisted Living 2						
Life Enrichment Calendar						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1:15 Room to Room	2 10:30am Exercise (AR1) 11:00am Trivia (AR1) 2:00pm Coffee with Glenna (BL)	3 10:30am Exercise (AR1) 11:00am Coffee & Talking Topics (AR1) 1:30pm BINGO (AR1)	4 10:30am Exercise (AR1) 11:00am Coffee & Trivia (AR1) 2:00pm Coffee with Glenna (BL)	5 10:30am Exercise (AR1) 11:00am Coffee & Talking Topics (AR1) 2:00pm HAPPY HOUR! (BL)	6 10:30am Exercise (AR1) 11:00am Coffee & Fun Facts (AR1) 2:00pm Worship Service with Mike (MR) 3:15pm Movie (AR1)	7 Outdoor Visits
8 1:15 Room to Room	9 10:30am Exercise 11:00am Trivia 2:00pm Coffee with Glenna (BL)	10 10:30am Exercise 11:00am Coffee & Talking Topics	11 10:30am Exercise 11:00am Coffee & Trivia 2:00pm Coffee with Glenna (BL)	12 10:30am Exercise 11:00am Coffee & Talking Topics	13 10:30am Exercise 11:00am Coffee & Fun Facts 3:00pm Movie	14 Independent Leisure Puzzles Word Games Coloring Sheets
15 Father's Day 1:15 Room to Room	16 10:30am Exercise (AR1) 11:00am Trivia (AR1) 2:00pm Coffee with Glenna (BL)	17 10:30am Exercise (AR1) 11:00am Coffee & Talking Topics (AR1)	18 10:30am Exercise (AR1) 11:00am Coffee & Trivia (AR1) 2:00pm Coffee with Glenna (BL)	19 Juneteenth 10:30am Exercise (AR1) 11:00am Coffee & Talking Topics (AR1) 3:00pm Music Therapy (MR)	20 First Day of Summer 10:30am Exercise (AR1) 11:00am Coffee & Fun Facts (AR1) 2:00pm Worship Service with Mike (MR) 3:15pm Movie (AR1)	21 Independent Leisure Puzzles Word Games Coloring Sheets
22 1:15 Room to Room	23 10:30am Exercise 11:00am Trivia 2:00pm Coffee with Glenna (BL)	24 10:30am Exercise 11:00am Coffee & Talking Topics 1:30pm BINGO	25 10:30am Exercise 11:00am Coffee & Trivia 1:30pm Music Entertainment with Colby T. (CM) 2:00pm Coffee with Glenna (BL)	26 10:30am Exercise 11:00am Coffee & Talking Topics 3:00pm Resident Council Meeting (BL)	27 10:30am Exercise 11:00am Coffee & Fun Facts 3:00pm Movie	28 Independent Leisure Puzzles Word Games Coloring Sheets
29 1:15 Room to Room	30 10:30am Exercise (AR1) 11:00am Trivia (AR1) 2:00pm Coffee with Glenna (BL)		CM - Community Room (Basement) BL - Bistro/Lobby MR - Meditation Room (2 nd Fl) AR1- Activity Room Downstairs in AL1 Most activities will take place in each unit unless noted on calendar.	Each Activity Is Color Coded To Meet Each One of The Domains Listed Below: Physical Emotional Social Intellectual/Cognitive Spiritual Occupational		

Calendar is subject to change, please see bulletin boards and whiteboards for flyers & updates.

