Valley Manor Care Center // Memory Care						
Life Enrichment Calendar				July 2025		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Always Available:  Coloring Pages  Puzzles  Table Games  Books  Magazines	10:00 Morning Exercise & Stretches 11:00 Devotion / Music with Susie 1:00 Ball Toss 2:00 Music with Paul 4:00 Kickball 6:30 Art & Music *4pm Family/Resident Council*	10:00 Morning Exercise & Stretches 11:00 Gardening / Flowers 1:00 Craft 2:00 Coffee & Cookies 4:00 BINGO 6:30 Yoga	10:00 Morning Exercise & Stretches 10:30 Music with Beth Williams 11:30-2:00 4 <sup>th</sup> Of July BBQ 6:30 Sing Along	Happy 4 <sup>th</sup> of July!  10:00 Morning Exercise     & Stretches  11:00 Gardening / Flowers  1:00 Craft  2:00 Arm Chair Traveler  4:00 Coffee & Cookies  6:30 Yoga	10:00 Morning Exercise & Stretches 11:00 Craft 1:00 Balloon Toss 2:00 Coffee & Cookies 4:00 Gardening 6:30 Yoga
10:00 Morning Exercise & Stretches 11:00 Worship 1:00 Story Time 2:00 Craft 4:00 Balloon Volleyball 5:30 Music & Sing Along	10:00 Morning Exercise & Stretches 11:00 Gardening / Flowers 1:00 Painting 2:30 Music with Ed and The Gang 4:00 Bowling 6:30 Worship	10:00 Morning Exercise & Stretches 11:00 Memory Game 1:00 Arm Chair Traveler 2:00 Music with Paul 4:00 Nail Care 6:30 Stretches & Music	10:00 Morning Exercise & Stretches 11:00 Basketball 1:00 Story Time 2:00 Sing Along 4:00 BINGO 6:30 Yoga	10:00 Morning Exercise & Stretches 11:00 Balloon Volleyball 1:00 Bowling 2:00 Ice Cream Social 4:00 Basketball 6:30 Sing Along	10:00 Morning Exercise & Stretches 11:00 Gardening / Flowers 1:00 Balloon Volleyball 2:00 Baking 4:00 Happy Hour 6:30 Sing Along	10:00 Morning Exercise & Stretches 11:00 Family Feud 1:00 Balloon Toss 2:00 Nail Care 4:00 UNO / Card Games 6:30 Sing Along
10:00 Morning Exercise & Stretches 11:00 Worship 1:00 Trivia 2:00 Baking 4:00 Balloon Volleyball 5:30 Story Time	13 10:00 Morning Exercise & Stretches 11:00 Balloon Volleyball 1:00 Painting 2:30 Music with Ed and The Gang 4:00 Craft 6:30 Worship	10:00 Morning Exercise & Stretches 11:00 Memory Game 1:00 Arm Chair Traveler	10:00 Morning Exercise & Stretches 11:00 Basketball 1:00 Trivia 2:00 Coffee & Cookies 4:00 BINGO 6:30 Yoga	10:00 Morning Exercise & Stretches 11:00 Balloon Volleyball 1:00 Trivia 2:00 Ice Cream Social 4:00 Basketball 6:30 Arm Chair Traveler	10:00 Morning Exercise & Stretches 11:00 Gardening / Flowers 1:00 Outside Time / Ball Toss 2:00 Baking 4:00 Happy Hour 6:30 Bowling	19 10:00 Morning Exercise & Stretches 11:00 Worship 1:00 Balloon Toss 2:00 Outside Time / Ball Toss 4:00 Uno / Card Games 6:30 Bowling
10:00 Morning Exercise & Stretches 11:00 Worship 1:00 Trivia 2:00 Ice Cream Social 4:00 Balloon Volleyball 5:00 Craft	10:00 Morning Exercise & Stretches 11:00 Outside Time / Ball Toss 1:00 Painting 2:30 Music with Ed and The Gang 4:00 Craft 6:30 Worship	10:00 Morning Exercise & Stretches 11:00 Memory Game 1:15 Music with Etienne	10:00 Morning Exercise & Stretches 11:00 Basketball 1:00 Trivia 2:30 Old Fashioned Pictures 4:00 BINGO 6:30 Yoga	10:00 Morning Exercise & Stretches 11:00 Walking Group 1:00 Trivia 2:00 Ice Cream Social 4:00 Basketball 6:30 Sing Along	10:00 Morning Exercise & Stretches 11:00 Coffee Social 1:00 Craft 2:00 Baking 4:00 Happy Hour 6:30 Sing Along	10:00 Morning Exercise & Stretches 11:00 Craft 1:00 Balloon Toss 2:00 Board Games 4:00 Happy Hour 6:30 Nail Care
10:00 Morning Exercise & Stretches 11:00 Worship 1:00 Trivia 2:00 Baking 4:00 Craft	10:00 Morning Exercise & Stretches 11:00 Crafts 1:00 Painting 2:30 Music with Ed and The Gang 6:30 Worship	10:00 Morning Exercise & Stretches 11:00 Coffee Social 1:15 Music with Etienne	10:00 Morning Exercise & Stretches 11:00 Walking Group 1:00 Trivia 2:00 Baking 4:00 Basketball / Kickball 6:30 Yoga	10:00 Morning Exercise  & Stretches  11:00 Walking Group  1:00 Trivia  2:00 Ice Cream Social  4:00 BINGO  6:30 Snack & Relax	Activities on Calendar can change without warning due to unseen circumstances or weather (AR) Activity Room  * = Activities With All Residents	Valley Manor