

The Homestead at Anoka // Memory Care

Life Enrichment Calendar

August 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 The Daily Perk 10:30 Balloon Catch with Caregiver 3:30 Trivia Time 6:30 Short Stories with Caregivers	The Homestead at Anoka 	CR – Assisted Living Community Room CG – Caregiver Spiritual Activities Special Events/Visitors	Calendar and activities are subject to changes. Groups may be paused due to unforeseen reasons. Please call if you have any questions. #763-528-6463		1 9:30 Catholic Mass with Priest from St. Stephens - AL Chapel 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00 Daily Perk & Exercise Afternoon Treat Cart 3:00 Water Color Painting 6:30 Motion Match with Caregiver	2 The Daily Perk 9:30 Eye for Detail (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
3 The Daily Perk 10:30 Balloon Catch with Caregiver 3:30 Trivia Time 6:30 Short Stories with Caregivers	4 10:00 The Daily Perk 10:10 Morning Stretches 11:30 Devotion with Chaplain Scott 1:30 Hand & Nail Care 3:00 Piano Music with Robert Bozaich - CR 6:30 Reminiscing with Caregiver	5 10:00 The Daily Perk and Mindful Stretches on the Patio 1:30 Hymn Sing 2:00 Bubbles and Treats 3:00 Group Exercise 6:30 This or That with Caregiver	6 10:00 The Daily Perk & Mindful Stretches 10:30 Patio Time 1:30 Rhythm and Music Exercise 3:00 One on Ones with Deb 6:30 BINGO with Caregiver	7 10:00 The Daily Perk 10:15 Mindful Stretches 1:30 Spiritual Sing-a-Long with Chaplain Scott 2:00 Would You Rather Game 3:00 Snow Cone Tasting 6:30 Rhythm & Reminisce with Caregiver	8 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00 Daily Perk & Exercise Afternoon Treat Cart 3:00 Group Sing A Long 6:30 Motion Match with Caregiver	9 The Daily Perk 9:30 Eye for Detail Game (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
10 The Daily Perk 10:30 Animal Trivia on the Patio with Caregiver 3:00 Group Exercise 6:30 Short Stories with Caregiver	11 10:00 The Daily Perk 10:15 Morning Stretches 11:30 Devotion with Chaplain Scott 1:30 Hand & Nail Care 3:00 Sing Along with Tina - CR 6:30 Reminiscing with Caregiver	12 10:00 Patio Time with Caregiver 1:30 Hymn Sign 2:00 Exercise and Treats 3:30 Finish the Phrase with the Caregiver 6:30 This or That with Caregiver	13 10:00 The Daily Perk 10:15 Patio Time 1:30 Chair Yoga 3:00 One-on-Ones with Deb 6:30 BINGO with Caregiver	14 10:00 Mindful Stretches with Caregiver 1:00-4:00 The Great Homestead Get-Together! 6:30 Rhythm & Reminisce with Caregiver	15 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00 Patio Time and Water Flowers Afternoon Treat Cart 3:00 Exercise with Caregiver 6:30 Motion Match with Caregiver	16 The Daily Perk 9:30 Eye for Detail Game (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
17 The Daily Perk 10:30 Balloon Catch with Caregiver 3:00 Trivia Time 6:30 Short Stories with Caregiver	18 10:00 The Daily Perk 10:15 Name that Bird Trivia 11:30 Devotion with Chaplain Scott 1:30 Stretching with Caregiver 3:00 Music with Lori Lachner - CR 6:30 Reminiscing with Caregiver	19 10:00 The Daily Perk and Summer Reminiscing on the Patio 1:30 Hymn Sing with Chaplain Scott 2:00 Trivia and Treats 3:30 Group Exercise with Caregiver 6:30 This or That with Caregiver	20 10:00 The Daily Perk 10:15 Trivia Time 1:30 Exercise 3:00 One on Ones with Deb 6:30 BINGO with Caregiver	21 10:00 Morning Stretches with Caregiver 1:30 Spiritual Sing-a-Long with Chaplain Scott 2:00 Music Exercise 3:30 Guess the Song 6:30 Rhythm & Reminisce with Caregiver	22 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00 Daily Perk & Exercise Afternoon Treat Cart 3:00 Hand and Nail Care 6:30 Motion Match with Caregiver	23 The Daily Perk 9:30 Eye for Detail Game (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
24 The Daily Perk 10:30 Animal Trivia on the Patio with Caregiver 3:00 Group Exercise 6:30 Short Stories with Caregiver	25 10:00 The Daily Perk 10:15 Famous Faces Trivia 11:30 Devotion with Chaplain Scott 1:30 Stretches with the Caregiver 3:00 Sing Along with Tina - CR 6:30 Reminiscing with Caregiver	26 10:00 The Daily Perk and Finish the Phrase on the Patio 2:00 Music and Treats 3:30 Mindful Stretching 6:30 This or That with Caregiver	27 10:00 Beach Ball Catch with Caregivers 2:00 One-on-Ones with Caregiver 3:15 Patio Time 6:30 BINGO with Caregiver	28 10:00 The Daily Perk & Mindful Stretches 10:30 Guitar Music with Gordy 1:30 Spiritual Sing-a-Long with Chaplain Scott 2:00 Balloon Toss with Pool Noodles 3:30 Chair Yoga One-on-Ones - CG	29 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00 Daily Perk & Exercise Afternoon Treat Cart 3:00 Group Sing A Long 6:30 Motion Match with Caregiver	30 The Daily Perk 9:30 Eye for Detail (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver

