


Anoka Rehab and Living Center						
Life Enrichment Calendar				August 2025		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>31</div> 10:00 Exercise Group - CH 11:00 Church Service with Riverdale Church Volunteers - CH 2:00 Trivia & Treats - CH	<div></div> <b>Anoka Rehabilitation and Living Center</b> 	<div></div> Calendar is Subject to Change. The Daily Calendar reflects modifications. Groups may be paused due to unforeseen reasons. Do not hesitate to call staff for escort to groups. Please call if you have any questions. #763-528-6463	<div></div> Staff Leisure Rounds are completed every morning: daily calendar, daily perk, room order, and encourage different groups for the day.  Heart2Heart Visits received daily by Staff.	<div></div> Bistro Open: 12:30pm-1:30pm  CH = Chapel DR = Dining Room ALCR = Assisted Living AR = Activity Room next to the Dining Room  Special Event/Visitors Spiritual Activity	<div>1</div> 9:30 Catholic Mass with Priest from St. Stephens - AL Chapel 11:00-1:00 Physio Step Fitness - AR 2:00 Prayer Group with Chaplain Scott - CH 2:45 Men's Group - CH 6:30 Resident Led Card Games - DR Friday Funnies!	<div>2</div> 10:30 Hymn Sing & Daily Portals of Prayer - CH 11:00 Exercises - CH 2:00 BINGO! - DR
<div>3</div> 10:00 Exercise Group - CH 11:00 Church Service with Riverdale Church Volunteers - CH 2:00 Trivia & Treats - CH	<div>4</div> 10:00 In Memoriam & Devotions with Chaplain Scott - CH 11:00-1:00 Physio Step Fitness - AR 2:00 Music Entertainment with Robert Bozaich - DR 6:00 Resident-Led Card Games - AR	<div>5</div> Heart to Heart Visits with Ximena 11:00 Daily Portals of Prayer - CH 11:10 Exercise Class - CH 2:00 BINGO! - DR 3:30 Paula's Leisure Cart	<div>6</div> Manicures / Calming Hands 10:30 Gardening Club - Patio 11:00 Mind & Move Stretch - CH 2:00 Drumming Class w/ Lana - CH Afternoon Treat Cart Day! 2:45 Bible Trivia with Chaplain Scott - CH	<div>7</div> 10:00 Daily Portals of Prayer - CH 10:30 Zion Holy Communion Church with Pastor Sue - CH 11:00 Rhythm Music with Lana - CH 2:00 BINGO! - DR 3:00 Scott's Trivia Time - CH 4:00 Leisure Cart 6:00 Coloring - Lounge Area	<div>8</div> 9:30 Rosary Group with Katie (from St. Stephens) 10:00 Patio Time - Patio 11:00-1:00 Physio Step Fitness - AR 2:00 Prayer Group with Chaplain Scott - CH 2:45 Men's Group - CH 6:30 Resident Led Card Games - DR Friday Funnies!	<div>9</div> 10:30 Hymn Sing & Daily Portals of Prayer - CH 11:00 Exercises - CH 2:00 BINGO! - DR
<div>10</div> 10:00 Exercise Group - CH 11:00 Church Service with Riverdale Church Volunteers - CH 2:00 Trivia & Treats - CH	<div>11</div> 10:00 Devotions with Chaplain Scott - CH 11:00-1:00 Physio Step Fitness - AR 2:00 Music Entertainment with The Bucket Kickers Band - DR 6:00 Resident-Led Card Games -AR	<div>12</div> 10:00 Bus Outing to Aldi - Sign Up At The Front Desk 2:00 BINGO! - DR 3:30 Paula's Leisure Cart	<div>13</div> 10:00 Resident-Led Group Puzzle - Lounge Area 11:00 Patio Time - Patio  2:00 Mind & Move Stretch - CH Afternoon Treat Cart Day!	<div>14</div> 10:00 Patio Time - Patio  1:00-4:00 The Great Homestead Get Together!	<div>15</div> 9:30 Rosary Group with Katie (from St. Stephens) 11:00-1:00 Physio Step Fitness - AR 2:00 Prayer Group with Chaplain Scott - CH 2:45 Men's Group - CH Friday Funnies!	<div>16</div> 10:30 Hymn Sing & Daily Portals of Prayer - CH 11:00 Exercises - CH 2:00 BINGO! - DR
<div>17</div> 10:00 Exercise Group - CH 11:00 Church Service with Riverdale Church Volunteers - CH 2:00 Trivia & Treats - CH	<div>18</div> 10:00 Devotions with Chaplain Scott - CH 11:00-1:00 Physio Step Fitness - AR 2:00 Accordion Music with Lori - DR 6:00 Resident-Led Card Games -AR	<div>19</div> Heart to Hearts with Ximena 11:00 Daily Portals of Prayer - CH 11:10 Exercise Class - CH  2:00 BINGO! - DR 3:30 Paula's Leisure Cart	<div>20</div> 10:00 Hymn Sing - CH 11:00 Conversation Catch Game  2:45 Bible Trivia with Chaplain Scott - CH Afternoon Treat Cart Day!	<div>21</div> 10:00 Daily Portals of Prayer - CH 10:10 Craft Group! - AR 2:00 BINGO! - DR 3:00 Scott's Trivia Time - CH 4:00 Leisure Cart 6:00 Coloring - Lounge Area	<div>22</div> 9:30 Rosary Group with Katie (from St. Stephens) 10:30 Relearning the Alphabet with Ximena - DR 11:00-1:00 Physio Step Fitness - AR 2:00 Prayer Group with Chaplain Scott - CH 2:45 Men's Group - CH Friday Funnies!	<div>23</div> 10:30 Hymn Sing & Daily Portals of Prayer - CH 11:00 Exercises - CH 2:00 BINGO! - DR
<div>24</div> 10:00 Exercise Group - CH 11:00 Church Service with Riverdale Church Volunteers - CH 2:00 Trivia & Treats - CH	<div>25</div> 10:00 Devotions with Chaplain Scott - CH 11:00-1:00 Physio Step Fitness - AR 2:00 Music Entertainment with Dale Martell - DR 6:00 Resident-Led Card Games -AR	<div>26</div> Heart to Heart Visits with Ximena 11:00 Daily Portals of Prayer - CH 11:10 Balloon Volleyball - DR 2:00 BINGO! - DR 3:30 Paula's Leisure Cart	<div>27</div> 10:00 Hymn Sing - CH 10:30 Mind & Move Stretch - CH Manicures / Calming Hands 2:00 Food Council Meeting - CH 2:30 Resident Council Meeting - CH	<div>28</div> 9:30 Larry's Art-4-All 11:00-1:00 Physiostep Fitness - AR 2:00 BINGO! - DR 3:00 Scott's Trivia Time - CH 4:00 Leisure Cart 6:00 Jigsaw Puzzles - Lounge Area	<div>29</div> 9:30 Rosary Group with Katie (from St. Stephens) 11:00-1:00 Physio Step Fitness - AR 2:00 Prayer Group with Chaplain Scott - CH 2:45 Men's Group - CH 6:30 Resident Led Card Games - DR Friday Funnies!	<div>30</div> 10:30 Hymn Sing & Daily Portals of Prayer - CH 11:00 Exercises - CH 2:00 BINGO! - DR