Rochester Rehab & Living Center

	Life Enrichment Calendar			August 2025		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rochester Rehabilitation and Living Center Wolunteers NATIONAL OF America SERVICES		Calendar is subject to change.	Most activities are held in the Lobby or Dining Room unless otherwise noted on the calendar.		10:00am Exercise 10:30am Reminiscing 11:00am Puzzles 1:00pm 1:1s (Room to Room) 2:30pm Daily Snack	Independent Leisure Puzzles Word Games Coloring Sheets Board Games
10:30am Church Service online (Resident Run) National Sister Day	10:00am Stretching 10:30am Water Painting 11:00am This or That 1:00pm Monday Manicures & Hand Massages 2:30pm Daily Snack Coast Guard Day	10:00am Exercise 10:30am Coffee Club & Cards 11:00am Free Draw 1:00pm 1:1s (Room to Room) 2:30pm Daily Snack	10:00am Music & Movement 10:30am Activity Planning Meeting 11:00am Puzzle Table 2:30pm Chapel with Pastor Floyd 3:00pm Daily Snack	10:00am Exercise 10:30am Coffee Club & Cards 2:00pm Guest Speaker- Gary Kruesel "Old Money: Coins & Paper Money" 2:30pm Daily Snack	10:00am Exercise 10:30am Summer Craft 1:00pm 1:1s (Room to Room) 2:30pm North of Dodge Outdoor Concert- Lower staff Legacy Parking lot- *Sign up w/ Rachel	Independent Leisure Puzzles Word Games Coloring Sheets Board Games
10:30am Church Service online (Resident Run) National Lazy Day	10:00am Stretching 10:30am *Golf Cart Rides (Sign up w/Rachel) 11:00am Farkle 1:00pm Name that Tune 2:30pm Daily Snack	10:00am Exercise 10:30am Coffee Club & Devotion 1:00pm 1:1s (Room to Room) 2:30pm Daily Snack 4:30pm *Dinner Outing "Purple Goat" (Sign up w/ Rachel)	11:00am Word Searches 1:00pm Outdoor Walks	10:00am Exercise 10:30am Coffee Club & Yahtzee 11:00am Music Therapy with Sam 1:00pm Mini-Golf 2:30pm Daily Snack	10:00am Exercise 10:30am Charades 1:00pm 1:1s (Room to Room) 2:30pm Daily Snack	Independent Leisure Puzzles Word Games Coloring Sheets Board Games National Tell a Joke Day
17 10:30am Church Service online (Resident Run) National Non-Profit Day	10:00am Stretching 10:30am Would you Rather 11:00am Cards: 500 1:00pm Outdoor Walks 2:30pm Daily Snack	10:00am Exercise	10:00am Music & Movement 10:30am Name that Celebrity	10:00am Exercise 10:30am Coffee Club & Mexican Train 1:00pm Art Corner- Flower Art 2:30pm Daily Snack National Senior Citizen's Day	10:00am Exercise 10:30am Balloon Volleyball 1:00pm 1:1s (Room to Room) 2:30pm Daily Snack 3:30pm Social Hour	Independent Leisure Puzzles Word Games Coloring Sheets Board Games
10:30am Church Service online	10:00am Stretching 10:30am *Golf Cart Rides (Sign up w/Rachel) 11:00am Hand & Foot Cards 1:00pm Bean Bag Toss 2:30pm Daily Snack	10:00am Exercise 10:30am Coffee Club & Cribbage 11:00am Board Games: Sorry 1:00pm 1:1s (Room to Room) 2:30pm Resident Council	10:00am Music & Movement	10:00am Exercise 10:30am Coffee Club & UNO	10:00am Exercise 10:30am Darts 1:00pm 1:1s (Room to Room) 2:30pm Daily Snack	Independent Leisure Puzzles Word Games Coloring Sheets Board Games