

The Preserve // Estuary Assisted Living Life Enrichment Calendar September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Labor Day 10:30 Sittercise - WR 2:00 Bingo - WR 3:15 Skip Bo - K	10:00 Chair Yoga & Meditation - WR 2:00 Decoupage Pumpkin - K 4:00 Happy Hour - WR	10:30 Walking Group to Starbucks - Side Exit 2:00 BINGO - WR 3:15 Coffee Chats - P	10:30 Skip Bo Card Game - WR 1:00 Petting Zoo Fun - WR Lanai 2:00 Hymn Sing-a-long & Bible Study with Pastor Cheryl “Chosen to Serve” - WR 3:15 Wii Bowling - WR	10:00 Baking with Judy - K 2:00 BINGO - 2F 3:15 BYOD & Snack Social - WR	10:00 Sittercise - WR 1:30 Movie & Popcorn - WR “I’ll See You In My Dream” 3:30 Wii Bowling - WR
Kickoff AL Week!!! 10:00 Sunday Church Services and Holy Communion with Pastor Cheryl - WR 12:30 Pet Therapy Room Visits - All Floors 2:00 Ice Cream Social & Snappy Tunes - WR	Assisted Living Week 10:30 Sittercise - WR 2:00 Fair Food Social From The Americas - WR 3:15 Skip Bo - K	Assisted Living Week 10:30 Mobile Mood Pantry - Essential Oils with Jena 2:00 Fall Watercolor Painting - K 4:00 Happy Hour with European Hors d’oeuvres - WR	Assisted Living Week 9:30 Sanibel Causeway Outing - L 11:30 Chinese Buffet - DR 2:00 BINGO - WR 3:00 Catholic Mass - WR 3:15 Coffee Chats - P	Assisted Living Week 10:30 Skip Bo Card Game - WR 11:30 Taste of Africa - DR 2:00 Hymn Sing-a-long & Bible Study with Pastor Cheryl “Stephen the Martyr” - WR 3:15 Wii Bowling - WR	Assisted Living Week 9:30 Shopping ALDIS - L (Sign up w/ Nicole) 2:00 BINGO - 2F 3:15 “Island Drinks” BYOD & Snack Social - WR	Assisted Living Week 10:00 Coffee Cafe - WR 1:30 Movie & Popcorn - WR “The Two Popes” 3:30 Wii Bowling & “Artic” Snow Cones - WR
14 10:00 Sunday Church Services with Pastor Cheryl - WR 12:30 Pet Therapy Room Visits - All Floors 2:00 Ice Cream Social & Snappy Tunes - WR	15 10:30 Sittercise - WR 2:00 BINGO - WR 3:15 Skip Bo - K	16 10:30 Chair Yoga & Mediation - WR 2:00 Fall Leaves Lantern- K 3:15 Men’s Group - 3CR 4:00 Happy Hour - WR	17 10:30 Walking Group to Starbucks - Side Exit 2:00 BINGO - WR 3:15 Coffee Chats - P	18 10:00 Melodies in Motion - WR 1:00 Food Forum - WR 2:00 Hymn Sing-a-long & Bible Study with Pastor Cheryl “The History of Rosh Hashanah”- WR 3:15 Wii Bowling - WR	19 10:00 Baking with Judy - K 2:00 50 Year Tribute to Bill and The Tampa Bay Buccaneers - WR 3:15 BYOD & Snack Social - WR	20 10:00 Sittercise - WR 1:30 Movie & Popcorn - WR “A Dog’s Way Home” 3:30 Wii Bowling - WR
World Alzheimer’s Day 21 10:00 Sunday Church Services with Pastor Cheryl - WR 12:30 Pet Therapy Room Visits - All Floors 2:00 Ice Cream Social & Snappy Tunes - WR	First Day of Fall 22 10:30 Sittercise - WR 2:00 BINGO - WR 3:15 Skip Bo - K	23 10:30 Lunch Outing: Motor City Grille - L (Sign up w/ Nicole) 2:00 Calendar Girls - 2F 4:00 Happy Hour - WR	24 10:30 Walking Group to Starbucks - Side Exit 2:00 BINGO - WR 3:00 Catholic Communion - WR 3:15 Coffee Chats - P	25 10:30 Skip Bo Card Game - WR 2:00 Hymn Sing-a-long & Bible Study with Pastor Cheryl “Saul the Prosecutor and the Restorer” - WR 3:15 Wii Bowling - WR	26 9:30 Shopping Popshelf - L (Sign up w/ Nicole) 2:00 BINGO - 2F 3:15 BYOD & Snack Social - WR	27 10:00 Coffee Cafe - WR 1:30 Movie & Popcorn - WR “Our Souls at Night” 3:30 Wii Bowling - WR
28 10:00 Sunday Church Services with Pastor Cheryl - WR 12:30 Pet Therapy Room Visits - All Floors 2:00 Ice Cream Social & Snappy Tunes - WR	29 10:30 Sittercise - WR 1:00 Resident Council - WR 2:00 BINGO - WR 3:15 Skip Bo - K	30 10:30 Chair Yoga & Meditation - WR 2:00 BINGO Buck Shop - WR 4:00 Happy Hour - WR		Location Key: P - AL Dining Room Patio WR - Woodland Room K - Woodland Room Kitchen L - Front Lobby C - Courtyard 2F/3F - Second/Third Floor Dining Room	Saturday & Sunday activities with Life Enrichment include residents from all 3 floors. Pet Therapy Room Visits with Downton the Shiatzu Available Tuesdays “Bedside Bible” as requested	

Activities are subject to changes

Questions or Concerns? Please call the Life Enrichment Director, Kelsey Daniell at (239) 264-4367