

The Homestead at Anoka // Memory Care Life Enrichment Calendar October 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Homestead at Anoka Volunteers of America NATIONAL SERVICES	CR – Assisted Living Community Room CG – Caregiver Spiritual Activities Special Events/Visitors	Calendar and activities are subject to changes. Groups may be paused due to unforeseen reasons. Please call if you have any questions. #763-528-6463	1 10:00 The Daily Perk 10:10 Mindful Stretches 1:30 Rhythm and Music Exercise 3:30 One on Ones 6:30 BINGO with Caregiver	2 10:00 Mindful Stretches 10:15 Coffee Time with Jokes 1:30 Spiritual Sing-a-Long with Chaplain Scott 3:00 Memory Card Game 6:30 Rhythm & Reminisce with Caregiver	World Smile Day 3 9:30 St. Stephen's Communion Mass with Priest - CH 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:30 Daily Perk & Exercise Afternoon Treat Cart 3:30 Water Color Painting 6:30 Motion Match with Caregiver	4 The Daily Perk 9:30 I-Spy with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
5 The Daily Perk 10:30 Balloon Catch with Caregiver 3:30 Trivia Time 6:30 Short Stories with Caregivers	6 10:00 The Daily Perk 10:10 Morning Stretches 11:30 Devotion with Chaplain Scott 1:30 Hand & Nail Care 2:45 Music Entertainment with - CR 6:30 Reminiscing with Caregiver	7 9:30 Catholic Mass - CH 1:30 Hymn Sing 2:00 Exercise with Noodles 3:30 Patio Time 6:30 This or That with Caregiver	8 10:00 Beach Ball Catch 10:15 Coffee and Jokes 1:30 Accordion Music with Lori 3:30 One-on-Ones 6:30 BINGO with Caregiver	9 10:00 The Daily Perk 10:15 Mindful Stretches 1:30 Spiritual Sing-a-Long with Chaplain Scott 3:00 I Spy Sensory Bin 6:30 Rhythm & Reminisce with Caregiver	10 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00 Name That Tune 2:30 Bowling Afternoon Treat Cart 6:30 Motion Match with Caregiver	11 The Daily Perk 9:30 I-Spy with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
12 The Daily Perk 10:30 Animal Trivia on the Patio with Caregiver 3:00 Group Exercise 6:30 Short Stories with Caregiver	13 10:00 The Daily Perk 10:15 Morning Stretches 11:30 Devotion with Chaplain Scott 1:30 Hand & Nail Care 3:15 Music Entertainment with Red Gallagher - CR 6:30 Reminiscing with Caregiver	14 9:30 Catholic Mass - CH 1:30 Hymn Sing 2:00 Story Telling 3:30 Movie Time 6:30 This or That with Caregiver	15 10:00 The Daily Perk/Coffee and Finish the Phrase 10:15 Sing Along 1:30 Chair Yoga 3:30 One-on-Ones 6:30 BINGO with Caregiver	16 10:00 The Daily Perk 10:10 Mindful Stretches 1:30 Spiritual Sing-a-Long with Chaplain Scott 3:00 Bean Bag Toss 6:30 Rhythm & Reminisce with Caregiver	17 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00 Patio Time Afternoon Treat Cart 2:30 Exercise 6:30 Motion Match with Caregiver	18 The Daily Perk 9:30 I-Spy with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
19 The Daily Perk 10:30 Balloon Catch with Caregiver 3:00 Trivia Time 6:30 Short Stories with Caregiver	20 10:00 The Daily Perk 10:15 Name that Bird Trivia 11:30 Devotion with Chaplain Scott 1:30 Stretching 3:00 Music Sing-Along - CR 6:30 Reminiscing with Caregiver	21 9:30 Catholic Mass - CH 11:00 Table Bowling 1:30 Hymn Sing 2:00 Elvis Trivia 3:30 Group Exercise 6:30 This or That with Caregiver	22 10:00 The Daily Perk/Coffee and Jokes 10:15 Group Sing Along 1:30 Bean Bag Toss Exercise Game 3:30 One on One 6:30 BINGO with Caregiver	23 10:00 The Daily Perk 10:10 Morning Stretches 10:30 Guitar Music with Gordy 1:30 Spiritual Sing-a-Long with Chaplain Scott 3:00 Halloween Craft 6:30 Rhythm & Reminisce with Caregiver	24 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:30 Daily Perk & Exercise Afternoon Treat Cart 3:30 Hand and Nail Care 6:30 Motion Match with Caregiver	25 The Daily Perk 9:30 I-Spy with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
26 The Daily Perk 10:30 Animal Trivia on the Patio with Caregiver 3:00 Group Exercise 6:30 Short Stories with Caregiver	27 10:00 The Daily Perk 10:15 Famous Faces Trivia 11:30 Devotion with Chaplain Scott 1:00 Magic Show with Markus - CR 3:30 Hand and Nail Care 6:30 Reminiscing with Caregiver	28 9:30 Catholic Mass - CH 1:30 Hymn Sing 2:00 Exercise with Noodles 3:30 Movie Time 6:30 This or That with Caregiver	29 10:00 The Daily Perk 10:15 Coffee and Odd Word Out 1:30 Chair Yoga 3:30 One-on-Ones 6:30 BINGO with Caregiver	30 10:00 The Daily Perk 10:10 Mindful Stretches 1:30 Spiritual Sing-a-Long with Chaplain Scott 2:00 One- on -Ones 6:30 Rhythm & Reminisce with Caregiver	Halloween 31 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00 Halloween Party and Costume Contest! - CR 6:30 Motion Match with Caregiver	