



<div> <div>The Homestead at Anoka // Memory Care</div> <div>Life Enrichment Calendar</div> <div>September 2025</div> </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Labor Day 1</b> 10:00 The Daily Perk 10:10 Morning Stretches 2:00 Trivia with the Caregiver 6:30 One-on-Ones with the Caregiver	<b>2</b> 9:30 Catholic Mass - CH 1:30 Hymn Sing 2:00 Bubbles & Treats on the Patio 3:00 Group Sing Along 6:30 This or That with Caregiver	<b>3</b> 10:00 The Daily Perk 10:10 Mindful Stretches 10:30 Patio Time 1:30 Rhythm and Music Exercise 3:30 One on Ones 6:30 BINGO with Caregiver	<b>4</b> 10:00 The Daily Perk 10:15 Mindful Stretches 11:00 Never Have I Ever 1:30 Spiritual Sing-a-Long with Chaplain Scott 2:00 Fall Craft 3:00 Dominoes 6:30 Rhythm & Reminisce with Caregiver	<b>5</b> 9:30 St. Stephen's Communion Mass with Priest - CH 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:30 Daily Perk & Exercise Afternoon Treat Cart 3:30 Water Color Painting 6:30 Motion Match with Caregiver	<b>6</b> The Daily Perk 9:30 Eye for Detail (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
<b>Grandparents Day 7</b> The Daily Perk 10:30 Balloon Catch with Caregiver 3:30 Trivia Time 6:30 Short Stories with Caregivers	<b>8</b> 10:00 The Daily Perk 10:10 Morning Stretches 11:30 Devotion with Chaplain Scott 1:30 Hand & Nail Care 3:00 Music Entertainment with Hal Skogguist - CR 6:30 Reminiscing with Caregiver	<b>9</b> 9:30 Catholic Mass - CH 1:30 Hymn Sing 2:00 Exercise and Treats 3:30 Patio Time 6:30 This or That with Caregiver	<b>10</b> 10:00 The Daily Perk 10:15 Patio Time 1:30 Chair Yoga 2:30 Desserts from Around the World -CR 3:30 One-on-Ones 6:30 BINGO with Caregiver	<b>11</b> 10:00 The Daily Perk 10:15 Mindful Stretches 1:30 Spiritual Sing-a-Long with Chaplain Scott 2:30 Jokes on the Patio 3:00 Apples and Caramel Tasting 6:30 Rhythm & Reminisce with Caregiver	<b>National Milkshake Day 12</b> 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00 Daily Perk 2:10 Bowling Afternoon Treat Cart: Milkshakes! 6:30 Motion Match with Caregiver	<b>13</b> The Daily Perk 9:30 Eye for Detail Game (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
<b>14</b> The Daily Perk 10:30 Animal Trivia on the Patio with Caregiver 3:00 Group Exercise 6:30 Short Stories with Caregiver	<b>15</b> 10:00 The Daily Perk 10:15 Morning Stretches 11:30 Devotion with Chaplain Scott 1:30 Hand & Nail Care 3:00 Sing Along - CR 6:30 Reminiscing with Caregiver	<b>16</b> 9:30 Catholic Mass - CH 1:30 Hymn Sing 2:00 Story Telling and Treats 3:30 Balloon Volleyball 6:30 This or That with Caregiver	<b>17</b> 10:00 The Daily Perk 10:15 Patio Time 1:30 Chair Yoga 3:30 One-on-Ones 6:30 BINGO with Caregiver	<b>18</b> 10:00 The Daily Perk 10:10 Mindful Stretches 1:30 Spiritual Sing-a-Long with Chaplain Scott 2:00 Odd Word Out 3:00 Bean Bag Toss 6:30 Rhythm & Reminisce with Caregiver	<b>19</b> 10:00 Walk to End Alzheimer's for World Alzheimer's Day 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00 Patio Time Afternoon Treat Cart 2:30 Exercise 6:30 Motion Match with Caregiver	<b>20</b> The Daily Perk 9:30 Eye for Detail Game (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
<b>World Alzheimer's Day 21</b> The Daily Perk 10:30 Balloon Catch with Caregiver 3:00 Trivia Time 6:30 Short Stories with Caregiver	<b>First Day of Fall 22</b> 10:00 The Daily Perk 10:15 Name that Bird Trivia 11:30 Devotion with Chaplain Scott 1:30 Stretching 3:00 Music with Brad Olson - CR 6:30 Reminiscing with Caregiver	<b>23</b> 9:30 Catholic Mass - CH 1:30 Hymn Sing 2:00 Trivia and Treats 3:30 Group Exercise with Caregiver 6:30 This or That with Caregiver	<b>24</b> 10:00 The Daily Perk 10:15 Group Sing Along 1:30 Exercise 3:00 One on One Visits 6:30 BINGO with Caregiver	<b>25</b> 10:00 The Daily Perk 10:10 Morning Stretches 1:30 Spiritual Sing-a-Long with Chaplain Scott 2:00 Music Exercise 3:00 Fall Craft 6:30 Rhythm & Reminisce with Caregiver	<b>26</b> 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:30 Daily Perk & Exercise Afternoon Treat Cart 3:30 Hand and Nail Care 6:30 Motion Match with Caregiver	<b>27</b> The Daily Perk 9:30 Eye for Detail Game (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
<b>28</b> The Daily Perk 10:30 Animal Trivia on the Patio with Caregiver 3:00 Group Exercise 6:30 Short Stories with Caregiver	<b>29</b> 10:00 The Daily Perk 10:15 Famous Faces Trivia 11:30 Devotion with Chaplain Scott 1:30 Stretches 3:00 Sing Along - CR 6:30 Reminiscing with Caregiver	<b>30</b> 9:30 Catholic Mass - CH 1:30 Hymn Sing 2:00 Music and Treats 3:30 Mindful Stretching 6:30 This or That with Caregiver		<b>CR – Assisted Living Community Room</b> <b>CG – Caregiver</b>  Spiritual Activities Special Events/Visitors	Calendar and activities are subject to changes. Groups may be paused due to unforeseen reasons.  Please call if you have any questions. #763-528-6463	