



<div> <div>The Homestead at Montrose // Assisted Living</div> <div>Life Enrichment Calendar</div> <div>September 2025</div> </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Labor Day 1 No AM Exercise Please Enjoy the Activities Room for Games and Visiting	2 10:00 Exercise 10:45 Bible Study 1:30 BINGO! 2:45 Colorado Experience: The Ski Train and The Ute Water Legacy	3 10:00 Multiplayer War Card Game 1:00 Church Service 1:30 Play checkers / Chess 2:30 Countdown Trivia and Conversation Chat Pack	National Wildlife Day 4 9:00 Conversations w/ Bill 10:00 Exercise 10:45 BINGO! 1:30 Potpourri Trivia 2:30 Visit National Parks and Wildlife Trivia	5 10:00 Exercise 10:45 “What Would You Do” 2:00 Listen to Records and Play Games 3:00 Happy Hour	Read a Book Day 6 10:30 Resident Run BINGO!
Grandparents Day 7 11:00 Sunday Worship	Nat. Assisted Living Week 8 10:00 Exercise 10:45 Life Stories/ Reminiscing about being a grandparent! 1:30 Pretty Nails 2:30 Paul Chamberlain Music	9 10:00 Exercise 10:45 Bible Study 1:30 BINGO! 2:45 Basketball hoops, Corn hole and Bowling competition!	10 10:00 Decorate for Fall 1:00 Church Service 1:30 Craft: We are Family Centerpiece 3:00 Wonders of Scotland and Germany Travel Videos	Patriot Day 11 9:00 Conversations w/ Bill 10:00 Beacon Fest at the Pavilions - See Signup Sheet 1:30 BINGO! 2:45 Make a Time Capsule 3:30 Music with Gloria	12 10:00 Exercise 10:45 Art Class with Sue 3:00 Happy Hour Celebrate the 50’s	13 10:30 Resident Run BINGO!
14 11:00 Sunday Worship	15 10:00 Exercise with Karen 10:45 Book Club 1:30 Good News and Current Events 2:00 Share and Tell	National Ply -Doh Day 16 10:00 Exercise 10:45 Bible Study 1:00 Dishing with Dietary 1:30 BINGO! 2:45 Colorado Experience: The Return of the Buffalo	17 10:00 Payroll Card Game 1:00 Church Service 2:00 Ladies Tea (Make A Special Treat) & Men’s Coffee 3:30 Play dice and card games! Or just come to chat with other residents!	Nat.Cheeseburger Day 18 9:00 Conversations w/ Bill 10:00 Exercise 10:45 BINGO! 2:00 AL Resident Council Meeting 2:45 Social: Carmel Apples	19 10:00 Exercise 10:45 Story Stones and Round Robin stories 1:00 Beth Williams Music 3:00 Happy Hour Tail Gate party	20 10:30 Resident Run BINGO! Resident Family Meeting 2:00-4:00 Pm In Activities Room
World Alzheimer’s Day 21 11:00 Sunday Worship	First Day of Fall 22 10:00 Exercise 10:45 Fall Trivia and Travel 1:30 Pretty Nails 2:30 Paul Chamberlain Music	23 10:00 Exercise 10:45 Bible Study 1:30 BINGO! 2:45 Mad Libs and charades!	Punctuation Day 24 10:00 History with Mike 1:00 Church Service 1:30 Library Craft: TBD 2:30 Harp Ensemble 3:30 Pet Visit with Molly	Nat. Daughters Day 25 9:00 Conversations w/ Bill 10:00 Exercise 10:45 BINGO! 1:30 Mural Painting: Come help decorate our Resident Apple Tree Mural	Johnny Appleseed Day 26 10:00 Exercise 10:45 Art Class with Sue 2:00 Listen to Records and Pay Games 3:00 September Birthday Party	World Tourism Day 27 10:30 Resident Run BINGO!
28 11:00 Sunday Worship	World Heart Day 29 10:00 Exercise 10:45 Give Me Five and Never Have I Ever 1:30 Group Crosswords and September word games 2:30 Play board games!	Nat. Love People Day 30 10:00 Exercise 10:45 Bible Study 12:45-2:45 Flu Clinic in Activities Room		September Is National Month For: Service Dogs, Self-Improvement, Wilderness, Decorate, Classic Music, Football, Square Dancing, Fall Hat’s and Sweaters	Please enjoy the activities room in the evenings or when we don’t have a scheduled activity. Feel free to play games, visit, do art projects or watch TV	