The Homestead at Rochester // Bridgemoor Independent Living Life Enrichment Calendar September 2025

Life Enrichment Calendar			September 2025			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September	Labor Day	9:00am Exercise (FR) 1:30pm Stitchers (PAV) 1:30pm Walmart Shopping Outing** 3:00pm Chapel with Adam Koglin (Redeemer) (GP/CH)**	9:00am Exercise (FR) 9:20am Bus to Treasure Island** 10:30am Women's Group (PAV) 1:30pm Hy-Vee Grocery Outing**	1:30pm BINGO (PAV)	9:00am Exercise (FR) 10:30am Men's Group (PAV) 1:00pm Apache Mall Shopping Outing** 3:00pm Social Hour (PAV)	6
11:30am Catholic Communion (GP/CH) Grandparents Day	10:30am Activity Planning Meeting with Rachel (PAV) 1:30pm Art Corner (PAV)	9:00am Exercise (FR) 1:30pm Stitchers (PAV) 12:30pm Hunts Silver Lake Drug Outing** 3:00pm Chapel with Linda Helberg (GP/CH)**	9:00am Exercise (FR) 10:30am Women's Group (PAV) 1:00pm Resident Run Advocacy Meeting All Welcome (PAV) 1:30pm Hy-Vee Grocery Outing** 2:30pm Guest Speaker: Gary Kruesel "OUR OLD MONEY: Coins & Paper Money" (PAV)		9:00am Exercise (FR) 10:30am Men's Group (PAV)	3:30pm Mellow Fellows (GP/CH)**
14 11:30am Catholic Communion (GP/CH) 2:00pm Classic Brass Quintet (GP/CH)**	15:30am Bible Study All Welcome (GP/CH)** 1:30pm Art Corner (PAV)	9:00am Exercise (FR) 1:30pm Stitchers (PAV) 1:30pm Walmart Shopping Outing** 3:00pm Chapel with Josh Laack (CVFC) (GP/CH)**	9:00am Exercise (FR)	18 10:30am Catholic Communion Service (GP/CH)** 1:30pm Bingo (PAV) 1:30pm Trader Joe's Outing** 2:00pm Christ United Methodist (GP/CH)**	10:30am Men's Group (PAV)	**Lunch Outing: Pizza Ranch (Stewartville) Depart at 11:00am Please call Robin at EXT. 2000 to sign up!
11:30am Catholic Communion (GP/CH) World Alzheimer's Day	10:30am Gloria Dei Homestead Huddle (ORC)** 10:30am Bible Study All Welcome (GP/CH)** 1:30pm Art Corner (PAV) First Day of Fall	9:00am Exercise (FR) 1:30pm Stitchers (PAV) 1:30pm DG Market in Oronoco Outing** 3:00pm Chapel with Monte French (MCC) (GP/CH)**	9:00am Exercise (FR) 10:30am Women's Group (PAV) 1:30pm Hy-Vee Grocery Outing** 6:30pm Comedy Show with Skyler Volk (GP/CH) **		9:00am Exercise (FR) 10:30am Men's Group (PAV)	27
28 11:30am Catholic Communion (GP/CH)	10:30am Bible Study All Welcome (GP/CH)** 1:30pm Art Corner (PAV)	9:00am Exercise (FR) 1:30pm Stitchers (PAV) 1:30pm Walmart Outing** 3:00pm Chapel with Glenn Monson (MOL) (GP/CH)**	FR - Fitness Room GP/CH - Gathering Place / Chape ORC- Orchard Dinning Room	ed to the 1900 building for any ac	tivity & must be requested in	The Homestead at Rochester Volunteers NATIONAL SERVICES