## The Homestead at Rochester // The Moors Memory Care 1 Life Enrichment Calendar September 2025

	Life Enrichmen	it Calendar		September 2025			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Seplember	Labor Day	1	9:00am Exercise 12:30pm Folding Activity 1:00pm Outdoor Visits & Refreshments 2:00pm Resident 1:1's 3:00pm Happy Hour (BL)	9:00am Exercise 12:30pm Sing-a-longs 1:00pm Yahtzee 3:00pm Resident 1:1's 4:15pm Trivia	9:00am Exercise 12:30pm Fact or Fiction 1:00pm BINGO! 2:00pm Charlie Roth Music (CN	Independent Leisure Puzzles Word Games Coloring Sheets Board Games  1:30pm Movie	6
	7	8	9			.2	13
10:30am Church Service Online	9:00am Exercise 12:30pm Folding Activity 1:00pm Balloon Volleyball 3:00pm Resident 1:1's 4:15pm Story Telling	9:00am Exercise 11:15am Memory Game 12:30pm Art Corner 1:00pm Zumba 3:00pm Resident 1:1's	9:00am Exercise 11:15am Memory Game 12:30pm Art Corner 1:00pm Stretching 3:15pm Chapel with Pastor	9:00am Exercise 11:15am Memory Game 12:30pm Art Corner 1:00pm Mini-Golf 3:00pm Music with Sister Luv	9:00am Exercise 12:30pm Pet Therapy 1:00pm Music with Harriet & Friends (CM)	2:00pm Music with Mellow Fellows (BL)	
<b>Grandparents Day</b>		4:15pm Dominoes	Floyd (MR)	(CM)			
10:30am Church Service Online	9:00am Exercise 12:30pm Art Corner 11:15am Memory Game 1:00pm Just Dance 3:00pm Resident 1:1's 4:15pm Dominoes	9:00am Exercise 12:30pm Sing-a-longs 1:00pm Yahtzee 3:00pm Resident 1:1's 4:15pm Trivia	9:00am Exercise 11:15am Memory Game 12:30pm Art Corner 1:00pm Arm Stretches 2:00pm Music with Jerry K	9:00am Exercise 11:15am Memory Game 12:30pm Art Corner 1:00pm Pond Walks 3:00pm Music Therapy (MR)	9:00am Exercise 12:30pm Bean-Bag-Toss 1:00pm BINGO! 3:00pm Resident 1:1's 4:15pm Devotions	Independent Leisure Puzzles Word Games Coloring Sheets Board Games  1:30pm Movie	20
2:	1	22	23	24	25 2	26	27
10:30am Church Service Online	9:00am Exercise 12:30pm Folding Activity 1:00pm Balloon Volleyball 3:00pm Resident 1:1's 4:15pm Story Telling	9:00am Exercise 11:15am Memory Game 12:30pm Art Corner 1:00pm Mini-Golf 3:00pm Resident 1:1's 4:15pm Dominoes	9:00am Exercise 11:15am Memory Game 12:30pm Art Corner 1:00pm Balloon Pass 3:00pm Chapel with Pastor Floyd (MR)	9:00am Exercise 11:15am Memory Game 12:30pm Art Corner 1:00pm Corn Hole 3:00pm Resident 1:1's 4:15pm Dominoes	9:00am Exercise 12:30pm Pet Therapy 1:00pm BINGO! 3:00pm Resident 1:1's 4:15pm Devotions	Independent Leisure Puzzles Word Games Coloring Sheets Board Games	
World Alzheimer's Day	First Day of Fall		Toya (IIII)			1:30pm Movie	
10:30am Church Service Online	9:00am Exercise 11:15am Memory Game 12:30pm Art Corner 1:00pm Just Dance 3:00pm Resident 1:1's 4:15pm Dominoes	9:00am Exercise 12:30pm Sing-a-longs 1:00pm Yahtzee 3:00pm Resident 1:1's 4:15pm Trivia	30	CM - Community Room (Basement) BL - Bistro/Lobby MR - Meditation Room (2 <sup>nd</sup> FI)  Most activities will take place each unit (MC1, MC2) unless noted on calendar.	Emotional		er

Calendar is subject to change, please see bulletin boards and whiteboards for flyers & updates.