




<div> <div>Rochester Rehab &amp; Living Center</div> <div>Life Enrichment Calendar</div> <div>September 2025</div> </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Labor Day</b> 1 Independent Leisure Puzzles Word Games Coloring Sheets Board Games	2 10:00am Exercise 10:30am Coffee Club & Cards 11:00am Free Draw  1:00pm 1:1s (Room to Room) 2:30pm Daily Snack & Mail Pass	3 10:00am Music & Movement 10:30am <b>Activity Planning Meeting</b> 11:00am Puzzle Table  1:00pm Canvas Painting 2:30pm Daily Snack & Mail Pass	4 10:00am Exercise 10:30am Coffee Club & Cards  1:00pm BINGO 2:30pm Daily Snack & Mail Pass	5 10:00am Exercise 10:30am Summer Craft  12:30pm <b>Music with Charlie Roth (Lobby)</b> 1:30pm 1:1s (Room to Room) 2:30pm Daily Snack & Mail Pass	6 Independent Leisure Puzzles Word Games Coloring Sheets Board Games
<b>Grandparents Day</b> 7 10:30am Church Service Online (Resident Run)	8 10:30am Coffee Club 11:00am Farkle  2:30pm Daily Snack & Mail Pass	9 10:00am Exercise 10:30am Coffee Club & Devotion  12:30pm <b>Visit Friends Outing (Sign Up with Rachel)</b> 1:00pm 1:1s (Room to Room) 2:30pm Daily Snack & Mail Pass	10 10:00am Music & Movement 10:30am Name That Celebrity  2:30pm <b>Chapel w/ Pastor Floyd</b> 3:00pm Movie: "Walk the Line"	11 10:00am Exercise 10:30am Coffee Club & Yahtzee 11:00am <b>Music Therapy with Sam</b>  1:00pm BINGO 2:30pm Daily Snack & Mail Pass	12 10:00am Exercise 10:30am Reminiscing 11:00am Puzzles  1:00pm 1:1s (Room to Room) 2:30pm Daily Snack & Mail Pass	13 Independent Leisure Puzzles Word Games Coloring Sheets Board Games
14 10:30am Church Service Online (Resident Run)	15 10:00am Coffee Club 10:30am Would you Rather 11:00am Cards: 500  2:30pm Daily Snack & Mail Pass	16 10:00am Exercise 11:30am <b>BBQ Outside (Sign up with Rachel)</b>  1:15pm Bingo 2:30pm Daily Snack & Mail Pass	17 10:00am Music & Movement 10:30am Dominoes 11:00am Word Searches  2:30pm Daily Snack & Mail Pass 3:00pm Movie: "Despicable Me"	18 10:00am Exercise 10:30am Coffee Club & Mexican Train  1:00pm BINGO 2:30pm Daily Snack & Mail Pass	19 10:00am Exercise 10:30am <b>*Golf Cart Rides (Sign up with Rachel)</b>  1:00pm 1:1s (Room to Room) 2:30pm Daily Snack & Mail Pass	20 Independent Leisure Puzzles Word Games Coloring Sheets Board Games
<b>World Alzheimer's Day</b> 21 10:30am Church Service Online (Resident Run)	<b>First Day of Fall</b> 22 10:00am Stretching 10:30am Water Painting 11:00am This or That  1:00pm BINGO 2:30pm Daily Snack & Mail Pass	23 10:00am Exercise 10:30am Coffee Club & Cards 11:00am Board Games: Sorry  1:00pm 1:1s (Room to Room) 2:30pm <b>Resident Council</b>	24 10:00am Music & Movement 10:30am Name That Celebrity  2:30pm <b>Chapel w/ Pastor Floyd</b> 3:00pm Movie: "Argo"	25 10:00am Exercise 10:30am Coffee Club & UNO  1:00pm BINGO 2:30pm Daily Snack & Mail Pass	26 10:00am Exercise 10:30am <b>Pond Walks (Sign up with Rachel)</b>  1:00pm 1:1s (Room to Room) 2:30pm Daily Snack & Mail Pass 3:30pm <b>Social Hour</b>	27 Independent Leisure Puzzles Word Games Coloring Sheets Board Games
28 10:30am Church Service Online (Resident Run)	29 10:00am Stretching 10:30am <b>*Golf Cart Rides (Sign up with Rachel)</b> 11:00am Hand & Foot Cards 1:00pm BINGO 2:30pm Daily Snack & Mail Pass	30 10:00am Exercise 10:30am Reminiscing 11:00am Puzzles  1:00pm 1:1s (Room to Room) 2:30pm Daily Snack & Mail Pass		<b>**Outing participation is subject to nursing approval</b>	Most activities are held in the <b>Lobby or Dining Room</b> unless otherwise noted on the calendar.	

Calendar is subject to change.