

NEWSLETTER October 2025

Elder Homestead Monthly Resident Newsletter: Your Guide to Elder Homestead's Happenings!

MESSAGE FROM OUR RESIDENCE DIRECTOR



Katelin Kinneman, LICSW, LALD Residence Director

It is officially fall – can you believe it?! It felt just like yesterday we were decorating for Christmas and here in a couple of months we will be doing it again. Time sure does fly by!

Some of you may know, but I have some exciting personal news to share. My husband and I are expecting our first child in February! We are overjoyed and very excited to start this new chapter of our lives. I plan on taking the full 12 weeks of maternity leave to adjust to being a new family of three. Don't worry though - I will be back!

> Last month, we mailed out a notice indicating a new pricing structure that is beginning this month. These changes should be reflected on your November billing statement. Please reach out to Debby, Shirley, or myself if you have specific questions about your services and fees and we will do our best to answer these.

NURSING SERVICES UPDATES

As mentioned in our September newsletter, we are having a flu/COVID vaccine clinic on site this month. Residents, staff, and community members are welcome to come to Elder Homestead to get their vaccines. Vaccinations will be provided through Cub Pharmacy. There will be consent forms available for you to fill out that day. The vaccine clinic will be on Tuesday, October 21st from 8:00am-11:00am down in our gathering room. Please arrive during that timeframe if you would like to receive a flu/COVID vaccine.

We also sent out a notice that we are ending our partnership with Omnicare Pharmacy mid-October. If you missed this – please come chat with me so we can ensure you are established with your preferred pharmacy.



Shirley Kamara, RN Director of Healthcare Services

An important reminder as we approach flu season, please remember to wash your hands. If you are experiencing any flu-like symptoms, please report these to a nurse.

ENVIRONMENTAL SERVICES UPDATES



Olex Gerashchenko Maintenance Director

Staffing is a never-ending cycle and unfortunately, our first hired housekeeper did not work out. We are continuing to actively hire and are hoping to have someone onboarded very soon! Olex will be doing rounds each week to check in with residents and offer housekeeping services. However, if Olex missed you, please make sure to notify a staff member if you need something done. Theo, one of our caregivers, has also picked up some extra hours to help out with housekeeping.

Last year, the Minnetonka Deputy Fire Marshal came on site to provide fire safety education. We are excited to announce that Sara Ahlquist will be returning to Elder Homestead. Please join us on Tuesday, October 28th from 3:00pm-4:00pm in the gathering room for a

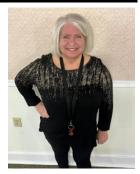
presentation on fire prevention and safety.

LIFE ENRICHMENT UPDATES

Here is a list of some upcoming activities and events in October:

- October 3rd Oktoberfest
- October 15th Three Rivers Park Nature Presentation
- October 17th Social Hour and Live Music with Joe
- October 27th Live Music with Pam and Robert
- October 29th Jack O' Lantern Decorating
- October 31st Halloween Party

Please see the activities calendar for times, locations, and more activities for the month. We hope to see you there!



Sheryl Hassan Life Enrichment Director

MARKETING UPDATES



Elder Homestead looks forward to continued partnerships with the local community and enjoy participating in events that help us meet more people! This year, we will be participating in the Hopkins Health Fair on October 10th.

Our monthly educational programs are still underway. We are working on scheduling our October speaker and topic. If you have any topics that you would like to learn more about, please let me know and I would be happy to look into other options.

Yvonne Cariveau Marketing and Sales Director

One of the best ways to reach our targeted audience is through resident referrals. If you or your loved one know of anyone who is looking to move in, please send them our way. We are running a promotion that if you refer someone and they sign a private pay

lease, you can receive up to \$500 off one month's rent.

FOOD SERVICE UPDATES

If you thought hiring for a housekeeper was challenging, dietary has also had their fair share of struggles with hiring. Once again, we have hired a new dietary director and he may be familiar to some of you! His name is Jeffrey Taylor and he was one of our cooks when we partnered with Cura. We are thrilled to have him back as our director and look forward to what he has to offer!

As always, we appreciate your patience as we continue to go through staffing changes and hope you have recognized the adjustments to the menus based on the feedback we have received. Please continue to share your input on the menu items so we can continue improving in this area.

RESIDENT BIRTHDAYS!

October 3rd: Happy Birthday, Charlie!

October 16th: Happy Birthday, Vera!

EMPLOYEE CELEBRATIONS!

10/3: Happy 3rd Anniversary, Wycliffe!

10/8: Happy Birthday, Hugo!

10/22: Happy Birthday, Wycliffe!

10/23: Happy Birthday, Divinah!

10/28: Happy 1st Anniversary, Martha!