


The Homestead at Rochester // The Moors Assisted Living 1 & 2

Life Enrichment Calendar

October 2025

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|
| <div><div>The Homestead at Rochester</div><div><div><div></div></div><div>Volunteers of America®</div><div>NATIONAL SERVICES</div></div></div> | CM - Community Room (Basement) LR - Living Room AR1 - Activity Room in AL BL - Bistro/Lobby (Across from the concierge desk) MR - Meditation Room (2 nd Fl) <u>All AM activities</u> take place in AR1 unless noted <u>All PM activities</u> take place in AL2 | Each Activity Is Color Coded to Meet Each One of The Domains Listed Below: <div>PhysicalEmotional</div> <div>SocialIntellectual/Cognitive</div> <div>SpiritualOccupational</div> **Outing participation is subject to nursing approval | 1 10:00am Exercise (AL1) 10:30am Would You Rather (AL1) 1:30pm Hy-Vee Shopping Trip (Must sign up with Glenna) | 2 10:00am Exercise (AL1) 10:30am Trivia (AL1) 1:30pm Mexican Train (AL2) 1:30pm Hobby Lobby Shopping Trip (Must sign up with Glenna) 2:30pm Water Paint (AL2) | 3 World Smile Day 10:00am Exercise (AL1) 10:30am Checkers (AL1) 1:00pm Activity Planning Meeting (AL2) | 4 1:30pm Movie (LR) | |
| | 5 10:00am Online Church Service | 6 10:00am Exercise (AL1) 2:00pm Chats with Glenna (AL2) | 7 10:00am Exercise (AL1) 10:30am Daily Chronicles (AL1) 1:30pm TJ Maxx Shopping Outing (Must sign up with Glenna) 2:30pm BINGO (AL2) | 8 10:00am Exercise (AL1) 10:30am Daily Chronicles (AL1) 1:30pm Hy-Vee Shopping Trip (Must sign up with Glenna) 3:15pm Chapel with Pastor Floyd (MR) | 9 10:00am Exercise (AL1) 10:30am Trivia (AL1) 1:30pm Mexican Train (AL2) 1:30pm Fareway Shopping Trip (Must sign up with Glenna) | 10 10:00am Exercise (AL1) 10:30am Cards (AL1) 1:30pm Music with Harriet and Friends (CM) | 11 1:30pm Movie (LR) |
| | 12 10:00am Online Church Service | 13 10:00am Exercise (AL1) 2:00pm Chats with Glenna (AL2) | 14 10:00am Exercise (AL1) 10:30am This or That (AL1) 1:30pm Walmart Shopping Trip (Must sign up with Glenna) 2:30pm Egg carton BINGO (AL2) | 15 10:00am Exercise (AL1) 10:30am Resident Council (AL1) 1:30pm Hy-Vee Shopping Trip (Must sign up with Glenna) 2:30pm Greeting Cards (AL2) | 16 10:00am Exercise (AL1) 10:30am Trivia (AL1) 1:30pm Mexican Train (AL2) 1:30pm Trader Joes Shopping Trip (Must Sign up with Glenna) 3:00pm Music Therapy (MR) | 17 10:00am Exercise (AL1) 10:30am This or That (AL1) 2:30pm Fall Craft (AL2) | 18 1:30pm Movie (LR) |
| | 19 10:00am Online Church Service | 20 10:00am Exercise (AL1) 2:00pm Chats with Glenna (AL2) | 21 10:00am Exercise (AL1) 10:30am Daily Chronicles (AL1) 1:30pm BINGO (AL2) 1:30pm DG Shopping Trip (Must sign up with Glenna) | 22 10:00am Exercise (AL1) 10:30am Finish the Line (AL1) 1:30pm Horse shoes with Refreshments (AL2) 3:30pm Happy Hour (BL) 3:15pm Chapel with Pastor Floyd (MR) | 23 10:00am Exercise (AL1) 10:30am Charades (AL1) 1:30pm Fareway Shopping Trip (Must sign up with Glenna) 2:30pm Mexican Train (AL2) | 24 10:00am Exercise (AL1) 10:30am Board Games (AL1) 2:00pm Music with Singing Cowgirl (CM) | 25 1:30pm Movie (LR) |
| | 26 10:00am Online Church Service | 27 10:00am Exercise (AL1) 2:00pm Chats with Glenna (AL2) | 28 10:00am Exercise (AL1) 10:30am This or That (AL1) 1:30pm Walmart Shopping Trip (Must sign up with Glenna) 2:30pm BINGO (AL2) | 29 10:00am Exercise (AL1) 10:30am Would You Rather (AL1) 1:30pm Hy-Vee Shopping Trip (Must sign up with Glenna) | 30 10:00am Exercise (AL1) 10:30am Music with Kimberly and Brock (CM) 1:30pm Mexican Train (AL2) 1:30pm Menards Shopping Outing (Must sign up with Glenna) 2:30pm Water Paint (AL2) | 31 Halloween 10:00am Exercise (AL1) 10:30am This or That (AL1) 1:30pm Halloween Craft (AL2) 2:00pm Halloween Party |  HAPPY HALLOWEEN |