

The Homestead at Anoka // Memory Care Life Enrichment Calendar November 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 The Daily Perk 10:30 Balloon Catch with Caregiver 3:30 Trivia Time 6:30 Short Stories with Caregivers		CR – Assisted Living Community Room CG – Caregiver Spiritual Activities Special Events/Visitors	Calendar and activities are subject to changes. Groups may be paused due to unforeseen reasons. Please call if you have any questions. #763-528-6463			1 The Daily Perk 9:30 Eye for Detail (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
Daylight Savings: Fall Back! 2 The Daily Perk 10:30 Balloon Catch with Caregiver 3:30 Trivia Time 6:30 Short Stories with Caregivers	3 10:00 The Daily Perk 10:10 Morning Stretches 11:30 Devotion with Chaplain Scott 1:30 Hand & Nail Care 2:45 Group Sing-Along - CR 6:30 Reminiscing with Caregiver	4 9:30 Catholic Mass -CH 1:30 Hymn Sing 2:00 Exercise with Noodles 3:00 Door Decoration Turkey Craft 6:30 This or That with Caregiver	5 10:00 Beach Ball Catch 10:15 Coffee and Jokes 11:00 One-on-Ones 1:30 Accordion Music with Lori 6:30 BINGO with Caregiver	6 11:00 The Daily Perk 11:15 Mindful Stretches 1:30 Spiritual Sing-a-Long with Chaplain Scott Afternoon Treat Cart! 3:00 Make a Tasty Treat 6:30 Rhythm & Reminisce with Caregiver	7 9:30 St. Stephen's Communion Mass with Priest - CH 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 6:30 Motion Match with Caregiver	8 The Daily Perk 9:30 Eye for Detail (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
9 The Daily Perk 10:30 Animal Trivia with Caregiver 3:00 Group Exercise 6:30 Short Stories with Caregiver	10 10:00 The Daily Perk 10:15 Morning Stretches 11:30 Devotion with Chaplain Scott Leisure Cart 3:00 Music with Jim Kirkendall Guitar Player and Singer - CR 6:30 Reminiscing with Caregiver	11 Veteran's Day 9:30 Catholic Mass -CH 1:30 Hymn Sing 2:45 Veteran's Day Program - ALDR 3:30 Movie Time 6:30 This or That with Caregiver	12 10:00 The Daily Perk/Finish the Phrase 10:15 Chair Yoga 1:30 Sing Along 3:30 One-on-Ones 6:30 BINGO with Caregiver	13 World Kindess Day 10:00 The Daily Perk 10:10 Mindful Stretches 1:30 Spiritual Sing-a-Long with Chaplain Scott 3:00 Bubbles and Music 6:30 Rhythm & Reminisce with Caregiver	14 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00 Hand and Nail Care Afternoon Treat Cart 2:30 Exercise 6:30 Motion Match with Caregiver	15 The Daily Perk 9:30 Eye for Detail (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
16 The Daily Perk 10:30 Balloon Catch with Caregiver 3:00 Trivia Time 6:30 Short Stories with Caregiver	17 10:00 The Daily Perk 10:15 Name that Bird Trivia 11:30 Devotion with Chaplain Scott 1:30 Stretching 2:45 Group Sing-Along - CR 6:30 Reminiscing with Caregiver	18 9:30 Catholic Mass -CH 1:30 Hymn Sing 2:00 Exercises 2:15 Elvis Trivia 6:30 This or That with Caregiver	19 10:00 The Daily Perk/Coffee and Jokes 10:15 Group Sing Along 1:30 Bean Bag Toss Exercise Game 3:30 One on One 6:30 BINGO with Caregiver	20 10:00 The Daily Perk 10:10 Morning Stretches 10:30 Guitar Music with Gordy 1:30 Spiritual Sing-a-Long with Chaplain Scott 2:15 One on Ones 6:30 Rhythm & Reminisce with Caregiver	21 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:30 Daily Perk & Exercise Afternoon Treat Cart 3:30 Hand and Nail Care 6:30 Motion Match with Caregiver	22 The Daily Perk 9:30 Eye for Detail (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
23 The Daily Perk 10:30 Animal Trivia with Caregiver 3:00 Group Exercise 6:30 Short Stories with Caregiver	24 10:00 The Daily Perk 10:15 Famous Faces Trivia Leisure Cart 3:15 Music with Miss Jill and John – Piano Player and Singer - CR 6:30 Reminiscing with Caregiver	25 9:30 Catholic Mass -CH 1:30 Hymn Sing 2:00 Exercise with Noodles 3:30 Movie Time 6:30 This or That with Caregiver	26 10:00 The Daily Perk 10:30 Coffee and Odd Word Out 1:30 Music Trivia 3:30 One-on-Ones 6:30 BINGO with Caregiver	27 Thanksgiving 10:00 The Daily Perk 10:10 Mindful Stretches 6:30 Rhythm & Reminisce with Caregiver	28 11:00 Music Therapy with Michelle 3:30 Daily Perk & Exercise Afternoon Treat Cart 6:30 Motion Match with Caregiver	29 The Daily Perk 9:30 Eye for Detail (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver