

Elder Homestead // Heritage Lane

Life Enrichment Calendar

January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Elder Homestead 	Always Available: Coloring Projects, Word Search, I Spy, Daily Chronicles, This Day In History, Trivia, Old Wives Tales, Puzzles, Games, Who Am I?	GR – Gathering Room SDR – Small Dining Room		Happy New Year! 1 IN2L Activities with Aides	1 10:30 Balloon Toss 2:00 Social Hour Pub Trivia 3:30 Nature Documentary	2 IN2L Activities with Aides GR 1:30 Resident Led Bingo (Aide must Stay with Residents)
4 IN2L Activities with Aides	5 10:30 Bean Bag Buckets 2:00 Bingo and Popcorn 3:30 Music by the Beatles	6 GR 10:30 Morning Stretch 2:00 Church 3:00 Songs of Faith Happy Birthday Carol	7 GR 10:30 Finish the Lyric 2:00 Root Beer Float Social 3:30 Broadway Classics	8 GR 10:30 Table Games 1:00 Chair Yoga 2:00 Celebrate Elvis's Birthday 3:30 Music of the Crooners	9 IN2L Activities with Aides GR 1:30 Resident Led Bingo (Aide must Stay with Residents)	10
11 IN2L Activities with Aides	12 10:30 Balloon Toss 2:00 Bingo and Popcorn 3:30 Country Classics	13 GR 10:30 Sit and Be Fit 2:00 Church 3:00 Hymn Sing	14 GR 10:30 Name 5 2:00 Ice Cream Social Celebrate Winnie the Pooh 3:30 Soothing Music	15 GR 10:30 Bible Study 1:00 Chair Yoga 2:00 Arts + Crafts 3:00 Jazz Music	16 IN2L Activities with Aides GR 1:30 Resident Led Bingo (Aide must Stay with Residents)	17
18 IN2L Activities with Aides	19 MLK Jr. Day 10:30 Bean Bag Buckets 2:00 Bingo and Popcorn 3:30 Music by the Beatles	20 GR 10:30 Morning Stretch 2:00 Church 3:00 Songs of Faith	21 GR 10:30 True or False 2:00 Art + Nature Presentation 3:30 Country Classics	22 GR 10:30 Word Search 1:00 Chair Yoga 2:00 Monthly Birthday Party 3:00 Music of the Crooners	23 IN2L Activities with Aides GR 1:30 Resident Led Bingo (Aide must Stay with Residents)	24
25 IN2L Activities with Aides	26 10:30 Balloon Toss 2:00 Rock + Roll with Robert And Pam 3:30 Country Classics	27 GR 10:30 Sit and Be Fit 2:00 Church 3:00 Hymn Sing	28 GR 10:30 Who am I? 2:00 Ice Cream Social For the Love of Mozart 3:30 Oldies but Goodies	29 GR 10:30 Table Games 1:00 Chair Yoga 2:00 Family Feud 3:00 Jazz Music	30 IN2L Activities with Aides GR 1:30 Resident Led Bingo (Aide must Stay with Residents)	31

Calendar Subject to Changes