



Elder Homestead // Heritage Lane						
Life Enrichment Calendar				January 2026		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Always Available:</b> Coloring Projects, Word Search, I Spy, Daily Chronicles, This Day In History, Trivia, Old Wives Tales, Puzzles, Games, Who Am I?	<b>GR</b> – Gathering Room  <b>SDR</b> – Small Dining Room		<b>Happy New Year!</b> <b>1</b>  IN2L Activities with Aides	<b>2</b>  10:30 Balloon Toss  2:00 Social Hour <span>GR</span>  Pub Trivia  3:30 Nature Documentary	<b>3</b>  IN2L Activities with Aides  1:30 Resident Led Bingo <span>GR</span> (Aide must Stay with Residents)
<b>4</b>  IN2L Activities with Aides	<b>5</b>  10:30 Bean Bag Buckets  2:00 Bingo and Popcorn <span>GR</span>  3:30 Music by the Beatles	<b>6</b>  10:30 Morning Stretch  2:00 Church <span>GR</span>  3:00 Songs of Faith  Happy Birthday Carol	<b>7</b>  10:30 Finish the Lyric  2:00 Root Beer Float Social <span>GR</span>  3:30 Broadway Classics	<b>8</b>  10:30 Table Games  1:00 Chair Yoga  2:00 Celebrate Elvis’s Birthday <span>GR</span>  3:30 Music of the Crooners	<b>9</b>  10:30 Yahtzee  2:00 Social Hour <span>GR</span>  All About Penguins  3:30 Sing Along with Mary Sue	<b>10</b>  IN2L Activities with Aides  1:30 Resident Led Bingo <span>GR</span> (Aide must Stay with Residents)
<b>11</b>  IN2L Activities with Aides	<b>12</b>  10:30 Balloon Toss  2:00 Bingo and Popcorn <span>GR</span>  3:30 Country Classics	<b>13</b>  10:30 Sit and Be Fit  2:00 Church <span>GR</span>  3:00 Hymn Sing	<b>14</b>  10:30 Name 5  2:00 Ice Cream Social <span>GR</span>  Celebrate Winnie the Pooh  3:30 Soothing Music	<b>15</b>  10:30 Bible Study  1:00 Chair Yoga  2:00 Arts + Crafts <span>GR</span>  3:00 Jazz Music	<b>16</b>  10:30 Balloon Toss  2:00 Social Hour <span>GR</span>  MLK Facts, Quotes + Trivia  3:30 Sing Along with Suzy Q	<b>17</b>  IN2L Activities with Aides  1:30 Resident Led Bingo <span>GR</span> (Aide must Stay with Residents)
<b>18</b>  IN2L Activities with Aides	<b>MLK Jr. Day</b> <b>19</b>  10:30 Bean Bag Buckets  2:00 Bingo and Popcorn <span>GR</span>  3:30 Music by the Beatles	<b>20</b>  10:30 Morning Stretch  2:00 Church <span>GR</span>  3:00 Songs of Faith	<b>21</b>  10:30 True or False  2:00 Art + Nature Presentation <span>GR</span>  3:30 Country Classics	<b>22</b>  10:30 Word Search  1:00 Chair Yoga  2:00 Monthly Birthday Party <span>GR</span>  3:00 Music of the Crooners	<b>23</b>  10:30 Table Games  2:00 Social Hour <span>GR</span>  Rock & Roll Hall of Fame  3:30 Broadway Classics	<b>24</b>  IN2L Activities with Aides  1:30 Resident Led Bingo <span>GR</span> (Aide must Stay with Residents)
<b>25</b>  IN2L Activities with Aides	<b>26</b>  10:30 Balloon Toss  2:00 Rock + Roll with Robert And Pam <span>GR</span>  3:30 Country Classics	<b>27</b>  10:30 Sit and Be Fit  2:00 Church <span>GR</span>  3:00 Hymn Sing	<b>28</b>  10:30 Who am I?  2:00 Ice Cream Social <span>GR</span>  For the Love of Mozart  3:30 Oldies but Goodies	<b>29</b>  10:30 Table Games  1:00 Chair Yoga  2:00 Family Feud <span>GR</span>  3:00 Jazz Music	<b>30</b>  10:30 Balloon Toss  2:00 Social Hour <span>GR</span>  Beatlemania  3:30 Soothing Music	<b>31</b>  IN2L Activities with Aides  1:30 Resident Led Bingo <span>GR</span> (Aide must Stay with Residents)