

## Welcome to Mary Marshall

At Mary Marshall, we offer a safe, compassionate environment for people age 55 and older with disabilities. We provide services that will help support one's independence and creating a life filled with meaning and purpose.



Shown above and front cover:  
Residents at Mary Marshall Day, August 2025

Volunteers of America National Services partners with Arlington County Department of Human Services to merge our experiences with seniors with disabilities and collectively deliver a unique program model. This model allows each individual to age in place in their home at Mary Marshall.

We want to help older adults celebrate the joy of living by creating a sustained, trusted relationship with support systems. We are here to serve each resident with person-centered care.

## Our Location



Shown above: Mary Marshall Leadership Team, 2025

Conveniently located just minutes from the Washington Blvd exit off of I-395, we are in the heart of the beautiful tree-lined streets of Arlington, VA.

## Who is VOANS?



**Mission:** *We positively impact the lives of diverse individuals through affordable housing and compassionate care.*

**Vision:** *Communities where everyone has the housing and services they need to flourish where they live.*

At Volunteers of America National Services (VOANS), we are more than a national, nonprofit, faith-based organization. We are a ministry of service. For more than a century, we have excelled at meeting immediate needs, but have also been able to transform lives through our belief in and reliance on grace. Our name alone signifies that we are comprised of people voluntarily choosing to help others.

*Co-founders Ballington and Maud Booth described it as “an organization which brings together the church and the work and social service organization.”*



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## Mary Marshall Assisted Living Residence



**A unique and innovative  
residence for people 55 years  
of age and older  
with disabilities**

**2000 5th Street  
Arlington, VA 22204**

**For more info or a tour:  
571.527.5000**

**Website: [MaryMarshall.org](https://MaryMarshall.org)  
Scan QR code to learn more >>**







## A Comprehensive Program

Our staff is committed to serving the whole person—mind and body. We offer a warm home environment surrounded by a family of caring professionals. We understand that individuals seldom have one presenting challenge, but rather need supportive services aimed at addressing the multiple needs in their lives. Our staff helps them focus on their strengths, building on personal assets, interests and desires. How does this senior living care residence in Arlington, VA stand out? Our approach to care grows out of respect for the human spirit. We believe that the right to dignity doesn't diminish with age or abilities.

### Mary Marshall residents must be:

- 55 years of age or older
- Income eligible for subsidized living
- Have a chronic disability
- Diagnosed with intellectual development disability and/or mental health condition

## Professional Person-Centered Services include:

- Supervision and assistance with ADLs (Activities of Daily Living)
- Nursing, medication administration and health care monitoring
- Individualized chronic disease management and education
- Care plan with nutritional monitoring
- Licensed Clinical Social worker
- Recreational and leisure activities
- Three meals a day and snacks included
- 24/7 staff
- Pendant system
- Wander management system
- Housekeeping and laundry

## Accommodations:

- Spacious, comfortable private room with bathroom
- Wellness center
- Attractive dining room and lounge areas
- Computer access with Internet capability
- Transportation assistance

**For more info or a tour: 571.527.5000**



## WHO IS MARY MARSHALL?

*We are proud of our namesake—Mary Marshall (1921-1992). She was a strong, independent woman who was involved in politics and a dedicated proponent of voter registration. Considered one of Northern Virginia's most effective delegates, Marshall retired from politics in 1991.*

## SEE WHY OUR RESIDENTS LOVE IT HERE!

*"Mary Marshall is a great place. It is very family oriented and fun and loving."*

—Beverly T.  
Resident since 2019



*"Mary Marshall provides a peaceful and loving atmosphere for me to practice calligraphy and create artwork!"*

—Martin H.  
Resident since 2011  
(One of our original residents!)



*"I love living here at Mary Marshall because of the three course meals. I don't have to worry about cooking! And there are great opportunities for shopping."*

—Kim D.  
Resident since 2022

