

The Preserve // Estuary Assisted Living Life Enrichment Calendar						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Location Key: Sunroom - AL Sunroom WR - Woodland Room K - Woodland Room Kitchen L - Front Lobby C - Courtyard 2F/3F - Second/Third Floor Dining Room 3CR - 3rd Floor Conference Room	Saturday & Sunday activities with Life Enrichment include residents from all 3 floors. Pet Therapy Room Visits with Downton the Shiatzu Available Tuesdays "Bedside Bible" as requested		Happy New Year! 1 10:30 Skip Bo Card Game - WR 2:00 Hymn Sing-a-long & Bible Study "The Apostle Paul" - WR 3:15 Puzzle Palooza- K	10:00 Baking Brownies with Judy - K 2:00 BINGO - 2F 3:15 BYOD & Snack Social & snappy tunes - WR	2 10:00 Coffee Café - WR 1:30 Movie & Popcorn - WR "The Quick and the Dead" 3:30 Wii Bowling - WR
4 10:00 Sunday Church Services and <i>Holy Communion</i> with Pastor Cheryl - WR 12:30 Beesley's Pet Therapy Room to Room Visits - 1 st Fl. AL 2:00 Ice Cream Social - WR	5 10:30 Sittercise - WR 2:00 BINGO - WR 3:15 Skip Bo - K	6 10:00 Chair Yoga & Meditation - WR 2:00 Cowboy Dale Entertainment - 2F 4:00 Happy Hour - WR	7 10:30 Walking Group to Starbucks - Side Exit 2:00 BINGO - WR 3:15 Cocoa Chats - Sunroom	8 10:30 Skip Bo Card Game - WR 2:00 Hymn Sing-a-long & Bible Study with Pastor Cheryl "Discipling Converts" - WR 3:15 Puzzle Palooza - K	9 9:30 Shopping to Sprouts Farmers Market - L (Sign up with Nicole) 2:00 BINGO - 2F 3:15 BYOD & Snack Social & snappy tunes- WR	10 10:00 Coffee Café - WR 1:30 Movie & Popcorn - WR "Charlie's Angels" 3:30 NFL Highlights – 3CR
11 10:00 Sunday Church Services with Pastor Cheryl - WR 12:30 Beesley's Pet Therapy Room to Room Visits - 1 st Fl. MC 2:00 Ice Cream Social - WR	12 10:30 Sittercise - WR 2:00 Birthday Party w/ Chicago Heat Entertainment - 2F 3:15 Skip Bo - K	13 10:00 Chair Yoga & Meditation - WR 2:00 Watercolor Wreath – WR 2:00 Men's Group – 3CR 4:00 Happy Hour - WR	14 10:30 Walking Group to Starbucks - Side Exit 1:45 BINGO - WR 3:00 Catholic Services - WR 3:15 Cocoa Chats - Sunroom	15 10:30 Skip Bo Card Game - WR 1:00 Food Forum - WR 2:00 Hymn Sing-a-long & Bible Study with Pastor Cheryl "In Remembrance of 2025" - WR 3:15 Puzzle Palooza- K	16 National Fig Newton Day 10:00 Baking delicious Pizza Bagels w/ Judy - K 2:00 BINGO - 2F 3:15 BYOD & Snack Social & snappy tunes - WR	17 Food Service Day 10:00 Coffee Café - WR 1:30 Movie & Popcorn - WR "Dirty Dancing" 3:30 Wii Bowling - WR
18 10:00 Sunday Church Services with Pastor Cheryl - WR 12:30 Beesley's Pet Therapy Room to Room Visits - 2 nd Fl. 2:00 Ice Cream Social - WR	19 MLK Jr. Day 10:30 Sittercise - WR 1:00 Keltic Folk & Harp Performance – 2F 2:30 BINGO – 2F 3:15 Skip Bo - K	20 10:30 Lunch Outing- Oar & Iron Raw Bar & Grill - L (Sign up w/ Nicole) 2:00 Canvas Cardinal Painting - WR 4:00 Happy Hour - WR	21 10:30 Walking Group to Starbucks - Side Exit 2:00 Bingo 3:15 Cocoa Chats - Sunroom	22 10:30 Skip Bo Card Game - WR 2:00 Hymn Sing-a-long & Bible Study with Pastor Cheryl "On the Journey to Jerusalem" - WR 3:15 Puzzle Palooza - K	23 9:30 Shopping Publix Super Market at Alico Commons - L (Sign up with Nicole) 2:00 BINGO - 2F 3:15 BYOD & Snack Social & snappy tunes- WR	24 10:00 Coffee Café - WR 1:30 Movie & Popcorn - WR "The Mask" 3:30 NFL Highlights – 3CR
25 10:00 Sunday Church Services with Pastor Cheryl - WR 12:30 Beesley's Pet Therapy Room to Room Visits - 3 rd Fl. 2:00 Ice Cream Social - WR	26 Nat'l Chocolate Cake Day 10:30 Sittercise - WR 1:00 Resident Council - WR 2:00 BINGO - WR 3:15 Skip Bo - K	27 10:00 Chair Yoga & Meditation - WR 2:00 BINGO SHOP - WR 4:00 Happy Hour - WR	28 10:30 Walking Group to Starbucks - Side Exit 1:45 BINGO - WR 3:00 Catholic Mass - WR 3:15 Cocoa Chats - Sunroom	29 10:30 Skip Bo Card Game - WR 2:00 Hymn Sing-a-long & Bible Study with Pastor Cheryl "Paul's Roman Citizenship" - WR 3:15 Puzzle Palooza - K	30 10:00 Baking Soda Cake w/ Judy - K 2:00 BINGO - 2F 3:15 BYOD & Snack Social & snappy tunes - WR	31 10:00 Coffee Café - WR 1:30 Movie & Popcorn - WR "The Wave 2015" 3:30 Wii Bowling – WR

Activities are subject to changes // Questions or Concerns? Please call the Life Enrichment Director, Kelsey Daniell at (239) 264-4367