



<div> <div>The Preserve // Estuary Assisted Living</div> <div>Life Enrichment Calendar</div> <div>January 2026</div> </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Location Key: Sunroom - AL Sunroom WR - Woodland Room K - Woodland Room Kitchen L - Front Lobby C - Courtyard 2F/3F - Second/Third Floor Dining Room 3CR -3 rd Floor Conference Room	Saturday & Sunday activities with Life Enrichment include residents from all 3 floors. Pet Therapy Room Visits with Downton the Shiatzu Available Tuesdays “Bedside Bible” as requested		Happy New Year! ¹ 10:30 Skip Bo Card Game - WR 2:00 Hymn Sing-a-long & Bible Study “The Apostle Paul” - WR 3:15 Puzzle Palooza- K	² 10:00 Baking Brownies with Judy - K 2:00 BINGO - 2F 3:15 <i>BYOD & Snack Social & snappy tunes - WR</i>	³ 10:00 Coffee Café - WR 1:30 Movie & Popcorn - WR <i>“The Quick and the Dead”</i> 3:30 Wii Bowling - WR
⁴ 10:00 Sunday Church Services and <i>Holy Communion</i> with Pastor Cheryl - WR 12:30 Beesley’s Pet Therapy Room to Room Visits - 1 st Fl. AL 2:00 Ice Cream Social - WR	⁵ 10:30 Sittercise - WR 2:00 BINGO - WR 3:15 Skip Bo - K	⁶ 10:00 Chair Yoga & Meditation - WR 2:00 Cowboy Dale Entertainment - 2F 4:00 <i>Happy Hour - WR</i>	⁷ 10:30 Walking Group to Starbucks - Side Exit 2:00 BINGO - WR 3:15 Cocoa Chats - Sunroom	⁸ 10:30 Skip Bo Card Game - WR 2:00 Hymn Sing-a-long & Bible Study with Pastor Cheryl “Discipling Converts” - WR 3:15 Puzzle Palooza - K	⁹ 9:30 Shopping to Sprouts Farmers Market - L (Sign up with Nicole) 2:00 BINGO - 2F 3:15 <i>BYOD & Snack Social & snappy tunes- WR</i>	¹⁰ 10:00 Coffee Café - WR 1:30 Movie & Popcorn - WR <i>“Charlie’s Angels”</i> 3:30 NFL Highlights – 3CR
¹¹ 10:00 Sunday Church Services with Pastor Cheryl - WR 12:30 Beesley’s Pet Therapy Room to Room Visits - 1 st Fl. MC 2:00 Ice Cream Social - WR	¹² 10:30 Sittercise - WR 2:00 Birthday Party w/ Chicago Heat Entertainment - 2F 3:15 Skip Bo - K	¹³ 10:00 Chair Yoga & Meditation - WR 2:00 Watercolor Wreath – WR 2:00 Men’s Group – 3CR 4:00 <i>Happy Hour - WR</i>	¹⁴ 10:30 Walking Group to Starbucks - Side Exit 1:45 BINGO - WR 3:00 Catholic Services - WR 3:15 Cocoa Chats - Sunroom	¹⁵ 10:30 Skip Bo Card Game - WR 1:00 Food Forum - WR 2:00 Hymn Sing-a-long & Bible Study with Pastor Cheryl “In Remembrance of 2025” - WR 3:15 Puzzle Palooza- K	National Fig Newton Day ¹⁶ 10:00 Baking delicious Pizza Bagels w/ Judy - K 2:00 BINGO - 2F 3:15 <i>BYOD & Snack Social & snappy tunes - WR</i>	Food Service Day ¹⁷ 10:00 Coffee Café - WR 1:30 Movie & Popcorn - WR <i>“Dirty Dancing”</i> 3:30 Wii Bowling - WR
¹⁸ 10:00 Sunday Church Services with Pastor Cheryl - WR 12:30 Beesley’s Pet Therapy Room to Room Visits - 2 nd Fl. 2:00 Ice Cream Social - WR	MLK Jr. Day ¹⁹ 10:30 Sittercise - WR 1:00 Keltic Folk & Harp Performance – 2F 2:30 BINGO – 2F 3:15 Skip Bo - K	²⁰ 10:30 Lunch Outing- Oar & Iron Raw Bar & Grill - L (Sign up w/ Nicole) 2:00 Canvas Cardinal Painting - WR 4:00 <i>Happy Hour - WR</i>	²¹ 10:30 Walking Group to Starbucks - Side Exit 2:00 Bingo 3:15 Cocoa Chats - Sunroom	²² 10:30 Skip Bo Card Game - WR 2:00 Hymn Sing-a-long & Bible Study with Pastor Cheryl “On the Journey to Jerusalem” - WR 3:15 Puzzle Palooza - K	²³ 9:30 Shopping Publix Super Market at Alico Commons - L (Sign up with Nicole) 2:00 BINGO - 2F 3:15 <i>BYOD & Snack Social & snappy tunes- WR</i>	²⁴ 10:00 Coffee Café - WR 1:30 Movie & Popcorn - WR <i>“The Mask”</i> 3:30 NFL Highlights – 3CR
²⁵ 10:00 Sunday Church Services with Pastor Cheryl - WR 12:30 Beesley’s Pet Therapy Room to Room Visits - 3 rd Fl. 2:00 Ice Cream Social - WR	National Activity Prof. Week ²⁶ 10:30 Sittercise - WR 1:00 Resident Council - WR 2:00 BINGO - WR 3:15 Skip Bo - K	Nat’l Chocolate Cake Day ²⁷ 10:00 Chair Yoga & Meditation - WR 2:00 BINGO SHOP - WR 4:00 <i>Happy Hour - WR</i>	²⁸ 10:30 Walking Group to Starbucks - Side Exit 1:45 BINGO - WR 3:00 Catholic Mass - WR 3:15 Cocoa Chats - Sunroom	²⁹ 10:30 Skip Bo Card Game - WR 2:00 Hymn Sing-a-long & Bible Study with Pastor Cheryl “Paul’s Roman Citizenship” - WR 3:15 Puzzle Palooza - K	³⁰ 10:00 Baking Soda Cake w/ Judy - K 2:00 BINGO - 2F 3:15 <i>BYOD & Snack Social & snappy tunes - WR</i>	³¹ 10:00 Coffee Café - WR 1:30 Movie & Popcorn - WR <i>“The Wave 2015”</i> 3:30 Wii Bowling – WR

Activities are subject to changes // Questions or Concerns? Please call the Life Enrichment Director, Kelsey Daniell at (239) 264-4367