## **Rochester Rehab & Living Center**

## Life Enrichment Calendar December 2025

Life Lift Cilitett Calcillati			Determined 2025				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
hellor DECEMBER	10:30am Coffee Club & Cards 2:00pm Puzzles	10:00am Chimers (lobby) 1:30pm BINGO	10:00am Social Hour 10:30am Movement with Music & Sing-along 1:30pm Christmas Decorating 2:30pm Resident 1:1's	10:00am Social Hour 10:30am Exercise 10:45am Trivia 1:30pm Christmas Ornaments 2:30pm Resident 1:1's	10:00am Social Hour 10:30am Exercise 10:45am Christmas Reminiscing 1:30pm BINGO 4:30-6:00pm Jazz Night Dinner with Niny Salem	Independent Leisure Puzzles Word Games Coloring Sheets Board Games	
<b>10:30am</b> Church Service Online (Resident Run)	10:30am Coffee Club & Cards 2:00pm Puzzles	10:00am Social Hour 10:30am Stretching 10:30am Mexican Train 1:00pm Food Committee Meeting 2:30pm BINGO	10:00am Social Hour 10:30am Movement with Music 1:00 Monthly Birthday Party with Arnold Bradley Band 2:30pm Chapel with Pastor Floyd	10:00am Social Hour 10:30am Stretching 11:00am Music Therapy 1:30pm Water Painting 2:30pm Resident 1:1's	10:00am Social Hour 10:30am Exercise 10:45am Finish the Line 1:30pm Ugly Sweater Project 2:30pm Social Hour	Independent Leisure Puzzles Word Games Coloring Sheets Board Games	
Hanukkah Begins 14  10:30am Church Service Online (Resident Run)	10:30am Coffee Club & Cards 2:00pm Puzzles	10:00am Social Hour 10:30am Exercise 10:30am Daily Chronicles 1:30pm BINGO 2:30pm Resident 1:1's	10:00am Social Hour 10:30am Music with Michael Nelson 1:30pm Movie 2:30pm Resident 1:1's	10:00am Social Hour 10:30am Stretching 11:00am Music Therapy 1:30pm Movie 2:30pm Resident 1:1's	Ugly Sweater Day 10:00am Social Hour 10:30am Exercise 10:45am Snowball fight 1:30pm BINGO 2:30pm Social Hour	Independent Leisure Puzzles Word Games Coloring Sheets Board Games	
Winter Solstice 21 10:30am Church Service Online (Resident Run)	Hanukkah Ends 22 10:30am Coffee Club & Cards 2:00pm Puzzles	10:00am Social Hour 10:30am Music with Mark Milner (lobby) 1:30pm BINGO 2:30 Resident Council	Christmas Eve 10:00am Social Hour 10:30am Movement with Music w/Sing-a-Long 1:30pm Movie 2:30pm Resident 1:1's	Merry Christmas! 25  10:00am Resident run Christmas Stories  6:30pm Resident Run Social Hour	10:00am Social Hour	Independent Leisure Puzzles Word Games Coloring Sheets Board Games	
10:30am Church Service Online (Resident Run)	10:30am Coffee Club & Cards 2:00pm Puzzles	10:00am Social Hour 10:30am Exercise 10:45am Balloon Toss 1:30pm BINGO 2:30pm Resident 1:1's	New Years Eve 10:00am Social Hour 10:30am Movement with Music w/Sing - a-Long 12:30pm Resident 1:1's 1:30pm New Year's Eve Party	**Outing participation is	Most activities are held in the Lobby or Dining Room unless otherwise noted on the calendar.  Calendar Subject to Changes	Rochester Rehabilitation and Living Center  Wolunteers   NATIONAL OF Americar   SERVICES	