



<div> <div>The Homestead at Anoka // Memory Care</div> <div>Life Enrichment Calendar</div> <div>February 2026</div> </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div> The Daily Perk 10:30 Balloon Catch with Caregiver 3:30 Trivia Time 6:30 Short Stories with Caregivers </div>	<div>2</div> <div> Groundhog Day 9:30 Hand & Nail Care 10:00 The Daily Perk 10:10 Morning Stretches 11:30 Devotion with Chaplain Scott 3:00 Piano Music with Robert Bozaich - CR 6:30 Reminiscing with Caregiver </div>	<div>3</div> <div> 9:30 Catholic Mass -CH 1:45 Hymn Sing 2:15 Exercise with Noodles 3:00 Name that Tune 6:30 This or That with Caregiver </div>	<div>4</div> <div> 10:00 The Daily Perk 10:15 Beach Ball Catch 11:00 One-on-Ones 1:30 Accordion Music with Lori 6:30 BINGO with Caregiver </div>	<div>5</div> <div> 10:00 The Daily Perk 10:15 Mindful Stretches 1:30 Spiritual Sing-a-Long with Chaplain Scott 3:30 One on Ones 6:30 Rhythm & Reminisce with Caregiver </div>	<div>6</div> <div> 9:30 St. Stephen's Communion Mass with Priest - CH 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle Afternoon Treat Cart 2:30 Exercise Game 3:30 Hand and Nail Care 6:30 Motion Match with Caregiver </div>	<div>7</div> <div> The Daily Perk 9:30 Eye for Detail (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver </div>
<div>8</div> <div> The Daily Perk 10:30 Animal Trivia on the Patio with Caregiver 3:00 Group Exercise 6:30 Short Stories with Caregiver Superbowl Sunday </div>	<div>9</div> <div> 10:00 The Daily Perk 10:15 Morning Stretches 11:30 Devotion with Chaplain Scott Leisure Cart 3:00 Piano Music with James Shaw - CR 6:30 Reminiscing with Caregiver </div>	<div>10</div> <div> 9:30 Catholic Mass -CH 10:00 Exercise with Lana 1:45 Hymn Sing 6:30 This or That with Caregiver </div>	<div>11</div> <div> 11:15 Daily Perk 11:30 Chair Yoga 3:30 Coloring with Music 6:30 BINGO with Caregiver </div>	<div>12</div> <div> 11:00 The Daily Perk 11:15 Mindful Stretches 1:30 Spiritual Sing-a-Long with Chaplain Scott 3:30 Puzzle Time 6:30 Rhythm & Reminisce with Caregiver </div>	<div>13</div> <div> 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle Afternoon Treat Cart 3:15 Exercise 3:30 Hand and Nail Care 6:30 Motion Match with Caregiver </div>	<div>Valentine's Day, 14</div> <div> The Daily Perk 9:30 Eye for Detail Game (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver </div>
<div>15</div> <div> The Daily Perk 10:30 Balloon Catch with Caregiver 3:00 Trivia Time 6:30 Short Stories with Caregiver </div>	<div>President's Day, 16</div> <div> 10:00 The Daily Perk 10:15 Group Exercise Game 11:30 Devotion with Chaplain Scott 1:30 Stretching with Music 3:00 – Violin and Piano Music with Weber and St John- CR 6:30 Reminiscing with Caregiver </div>	<div>17</div> <div> Mardi Gras 9:30 Catholic Mass -CH 1:45 Hymn Sing 2:15 Music Exercises 2:30 Movie Time 6:30 This or That with Caregiver </div>	<div>18</div> <div> Ash Wednesday 9:30 Ash Wednesday Ash Presentation - CH 11:00 The Daily Perk 11:15 Group Sing Along 1:30 Bean Bag Toss Exercise Game 6:30 BINGO with Caregiver </div>	<div>19</div> <div> 11:00 The Daily Perk 11:15 Mindful Stretches 1:30 Spiritual Sing-a-Long with Chaplain Scott 2:00 Drumming Exercise 6:30 Rhythm & Reminisce with Caregiver </div>	<div>20</div> <div> 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00-3:30 Mardi Gras Family Event-ALCR 6:30 Motion Match with Caregiver </div>	<div>21</div> <div> The Daily Perk 9:30 Eye for Detail Game (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver </div>
<div>22</div> <div> The Daily Perk 10:30 Animal Trivia on the Patio with Caregiver 3:00 Group Exercise 6:30 Short Stories with Caregiver </div>	<div>23</div> <div> 10:00 The Daily Perk 10:15 Famous Faces Trivia Leisure Cart 11:30 Devotion with Chaplain Scott 3:00 Guitar Music with Dale Martell -CR 6:30 Reminiscing with Caregiver </div>	<div>24</div> <div> 9:30 Catholic Mass -CH 1:45 Hymn Sing 2:15 Exercise with Noodles 3:30 Movie Time 6:30 This or That with Caregiver </div>	<div>25</div> <div> 10:00 The Daily Perk 10:10 Stretching 1:30 Coloring with Music 6:30 BINGO with Caregiver </div>	<div>26</div> <div> 10:00 The Daily Perk 10:15 Mindful Stretches 1:30 Spiritual Sing-a-Long with Chaplain Scott 3:15 One on Ones 6:30 Rhythm & Reminisce with Caregiver </div>	<div>27</div> <div> 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:30 Exercise Game 6:30 Motion Match with Caregiver </div>	<div>28</div> <div> The Daily Perk 9:30 Eye for Detail Game (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver </div>
	<div>CR – Assisted Living Community Room</div> <div>ALDR – Assisted Living Dining Room</div> <div>CH – 1st Floor Chapel</div>	<div>Spiritual Activities</div> <div>Special Events/Visitors</div>	<div>Calendar and activities are subject to changes. Groups may be paused due to unforeseen reasons.</div> <div>Please call if you have any questions. #763-528-6780</div>			<div>The Homestead at Anoka</div> <div>  Volunteers of America </div>