

The Homestead at Anoka // Memory Care

Life Enrichment Calendar

February 2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|---|---|--|
| <p>The Daily Perk 10:30 Balloon Catch with Caregiver 3:30 Trivia Time 6:30 Short Stories with Caregivers</p> | <p>1 Groundhog Day 9:30 Hand & Nail Care 10:00 The Daily Perk 10:10 Morning Stretches 11:30 Devotion with Chaplain Scott 3:00 Piano Music with Robert Bozaich - CR 6:30 Reminiscing with Caregiver</p> | <p>2 9:30 Catholic Mass -CH 1:45 Hymn Sing 2:15 Exercise with Noodles 3:00 Name that Tune 6:30 This or That with Caregiver</p> | <p>3 10:00 The Daily Perk 10:15 Beach Ball Catch 11:00 One-on-Ones 1:30 Accordion Music with Lori 6:30 BINGO with Caregiver</p> | <p>4 10:00 The Daily Perk 10:15 Mindful Stretches 1:30 Spiritual Sing-a-Long with Chaplain Scott 3:30 One on Ones 6:30 Rhythm & Reminisce with Caregiver</p> | <p>5 9:30 St. Stephen's Communion Mass with Priest - CH 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle Afternoon Treat Cart 2:30 Exercise Game 3:30 Hand and Nail Care 6:30 Motion Match with Caregiver</p> | <p>6 The Daily Perk 9:30 Eye for Detail (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver</p> |
| <p>The Daily Perk 10:30 Animal Trivia on the Patio with Caregiver 3:00 Group Exercise 6:30 Short Stories with Caregiver Superbowl Sunday</p> | <p>8 10:00 The Daily Perk 10:15 Morning Stretches 11:30 Devotion with Chaplain Scott Leisure Cart 3:00 Piano Music with James Shaw - CR 6:30 Reminiscing with Caregiver</p> | <p>9 9:30 Catholic Mass -CH 10:00 Exercise with Lana 1:45 Hymn Sing 6:30 This or That with Caregiver</p> | <p>10 11:15 Daily Perk 11:30 Chair Yoga 3:30 Coloring with Music 6:30 BINGO with Caregiver</p> | <p>11 11:00 The Daily Perk 11:15 Mindful Stretches 1:30 Spiritual Sing-a-Long with Chaplain Scott 3:30 Puzzle Time 6:30 Rhythm & Reminisce with Caregiver</p> | <p>12 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle Afternoon Treat Cart 3:15 Exercise 3:30 Hand and Nail Care 6:30 Motion Match with Caregiver</p> | <p>13 Valentine's Day, 14 The Daily Perk 9:30 Eye for Detail Game (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver</p> |
| <p>The Daily Perk 10:30 Balloon Catch with Caregiver 3:00 Trivia Time 6:30 Short Stories with Caregiver</p> | <p>15 President's Day, 16 10:00 The Daily Perk 10:15 Group Exercise Game 11:30 Devotion with Chaplain Scott 1:30 Stretching with Music 3:00 - Violin and Piano Music with Weber and St John- CR 6:30 Reminiscing with Caregiver</p> | <p>16 Mardi Gras 9:30 Catholic Mass -CH 1:45 Hymn Sing 2:15 Music Exercises 2:30 Movie Time 6:30 This or That with Caregiver</p> | <p>17 Ash Wednesday 9:30 Ash Wednesday Ash Presentation - CH 11:00 The Daily Perk 11:15 Group Sing Along 1:30 Bean Bag Toss Exercise Game 6:30 BINGO with Caregiver</p> | <p>18 11:00 The Daily Perk 11:15 Mindful Stretches 1:30 Spiritual Sing-a-Long with Chaplain Scott 2:00 Drumming Exercise 6:30 Rhythm & Reminisce with Caregiver</p> | <p>19 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00-3:30 Mardi Gras Family Event-ALCR 6:30 Motion Match with Caregiver</p> | <p>20 The Daily Perk 9:30 Eye for Detail Game (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver</p> |
| <p>The Daily Perk 10:30 Animal Trivia on the Patio with Caregiver 3:00 Group Exercise 6:30 Short Stories with Caregiver</p> | <p>22 10:00 The Daily Perk 10:15 Famous Faces Trivia Leisure Cart 11:30 Devotion with Chaplain Scott 3:00 Guitar Music with Dale Martell -CR 6:30 Reminiscing with Caregiver</p> | <p>23 9:30 Catholic Mass -CH 1:45 Hymn Sing 2:15 Exercise with Noodles 3:30 Movie Time 6:30 This or That with Caregiver</p> | <p>24 10:00 The Daily Perk 10:10 Stretching 1:30 Coloring with Music 6:30 BINGO with Caregiver</p> | <p>25 10:00 The Daily Perk 10:15 Mindful Stretches 1:30 Spiritual Sing-a-Long with Chaplain Scott 3:15 One on Ones 6:30 Rhythm & Reminisce with Caregiver</p> | <p>26 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:30 Exercise Game 6:30 Motion Match with Caregiver</p> | <p>27 The Daily Perk 9:30 Eye for Detail Game (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver</p> |
|  | <p>CR – Assisted Living Community Room</p> <p>ALDR – Assisted Living Dining Room</p> <p>CH – 1st Floor Chapel</p> | <p>Spiritual Activities</p> <p>Special Events/Visitors</p> | <p>Calendar and activities are subject to changes. Groups may be paused due to unforeseen reasons. Please call if you have any questions. #763-528-6780</p> | | | <p>The Homestead at Anoka</p> <p>Volunteers of America NATIONAL SERVICES</p> |

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