

Anoka Rehab & Living Center

Life Enrichment Calendar

February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div>10:30 Exercise Group - CH 11:00 Church Service with Riverdale Church Volunteers - CH 2:00 Trivia & Treats - CH</div>	<div>2</div> <div>Groundhog Day 10:00 In Memoriam & Devotions with Chaplain Scott - CH 11:00-1:00 Physio Step Fitness - AR 2:00 Piano Music with Robert Bozaich - DR 6:00 Resident-Led Uno Card Game - AR</div>	<div>3</div> <div>10:00 Daily Portals of Prayer Devotional with Ximena - AR 10:10 Educational Games - AR 10:45 Bean Bag Toss Game - AR 2:00 BINGO! - DR 3:30 Paula's Leisure Cart 6:00 Coloring - Lounge Area</div>	<div>4</div> <div>10:30 Mind & Move Stretch - CH 11:00 Manicures/Calming Hands 2:45 Bible Trivia with Chaplain Scott - CH Afternoon Treat Cart Day!</div>	<div>5</div> <div>10:30 Zion Holy Communion Church with Pastor Sue - CH 2:00 BINGO! - DR 3:00 Scott's Trivia Time - DR 3:15 Leisure Cart</div>	<div>6</div> <div>9:30 St. Stephen's Communion Mass with Priest - ALCH 11:00-1:00 Physio Step Fitness -AR 2:00 Widow's Grief Group -CH 6:00 Resident Led Card Games -DR Friday Funnies!</div>	<div>7</div> <div>10:30 Hymn Sing & Daily Portals of Prayer Devotional - CH 11:00 Exercises - CH 2:00 BINGO! - DR</div>
<div>8</div> <div>10:30 Exercise Group - CH 11:00 Church Service with Riverdale Church Volunteers - CH 2:00 Trivia & Treats - CH 5:30 Superbowl on TV</div>	<div>9</div> <div>10:00 Devotions with Chaplain Scott - CH 11:00-1:00 Physio Step Fitness - AR 2:00 Piano Music with James Shaw - DR 6:00 Resident-Led 500 Card Game - AR</div>	<div>10</div> <div>10:00 Flower Arranging - AR 2:00 BINGO! - DR 3:30 Paula's Leisure Cart 6:00 Coloring - Lounge Area</div>	<div>11</div> <div>10:00 Mind & Move Stretch - AR 10:30 Olympic Themed Wheel of Fortune Game - AR 2:00 Drumming Class with Lana - CH Afternoon Treat Cart Day! 3:00 Resident-Led Uno Game - AR</div>	<div>12</div> <div>9:30-11:30 Larry's Art 4-All - AR 10:00 Daily Portals of Prayer Devotional - AR 10:10 Craft Group! Making Paper Heart Decorations - AR 2:00 BINGO! - DR 3:00 Scott's Trivia Time - DR 3:15 Leisure Cart</div>	<div>13</div> <div>9:30 Rosary Group with Katie (from St. Stephens) - CH 11:00 - 1:00 Physio Step Fitness - AR 2:00 Prayer Group with Chaplain Scott - CH 2:45 Men's Group - CH 3:30 Making Valentine's Day Oreo Treats - AR Friday Funnies!</div>	<div>14</div> <div>Valentine's Day 10:30 Hymn Sing & Daily Portals of Prayer Devotional - CH 11:00 Exercises - CH 2:00 BINGO! - DR</div>
<div>15</div> <div>10:30 Exercise Group - CH 11:00 Church Service with Riverdale Church Volunteers - CH 2:00 Trivia & Treats - CH</div>	<div>16</div> <div>President's Day 10:00 Devotions with Chaplain Scott - CH 11:00-1:00 Physio Step Fitness - AR 2:00 Music with Mary Franz - Guitar Player and Singer - DR 6:00 Resident-Led Rummy Card Game - AR</div>	<div>17</div> <div>Mardi Gras 10:00 Daily Portals of Prayer - AR 10:10 Minute to Win It Olympic Games - AR 10:00 Bus Outing to Aldi - Sign up at the Front Desk 2:00 BINGO! - DR 3:15 Mardi Gras Social Hour -DR 3:30 Paula's Leisure Cart 6:00 Jigsaw Puzzles - Lounge Area</div>	<div>18</div> <div>Ash Wednesday 10:00 Mind & Move Stretch - CH 10:15 Educational Games with Ximena 2:45 Bible Trivia with Chaplain Scott -CH Afternoon Treat Cart Day!</div>	<div>19</div> <div>10:00 Daily Portals of Prayer Devotional - AR 10:10 Craft Group! Painting Plum Blossoms - AR 11:00 Group Exercise - AR 2:00 BINGO! - DR 3:00 Scott's Trivia Time - DR 3:15 Leisure Cart</div>	<div>20</div> <div>9:30 Rosary Group with Katie (from St. Stephens) 11:00-1:00 Physio Step Fitness - AR 2:00 Prayer Group with Chaplain Scott - CH 2:45 Men's Group - CH 6:00 Resident Led Card Games - DR Friday Funnies!</div>	<div>21</div> <div>10:30 Hymn Sing & Daily Portals of Prayer Devotional - CH 11:00 Exercises - CH 2:00 Bingo! - DR</div>
<div>22</div> <div>10:30 Exercise Group - CH 11:00 Church Service with Riverdale Church Volunteers - CH 2:00 Trivia & Treats - CH</div>	<div>23</div> <div>10:00 Devotions with Chaplain Scott - CH 10:00 Coffee and Jokes - AR 11:00-1:00 Physio Step Fitness - AR 2:00 Bluegrass Music with Dale Martell - DR 6:00 Resident-Led 500 Card Games - AR</div>	<div>24</div> <div>10:45 Bus Outing to Culver's - Sign up at the Front Desk Manicures/Calming Hands 2:00 BINGO! - DR 3:30 Paula's Leisure Cart 6:00 Jigsaw Puzzles - Lounge Area</div>	<div>25</div> <div>10:00 Mind & Move Stretch - CH 10:30 Educational Games with Ximena - CH 2:00 Food Council Meeting - CH 2:30 Resident Council Meeting - CH Afternoon Treat Cart Day!</div>	<div>26</div> <div>10:00 Daily Portals of Prayer Devotional with Ximena - CH 10:10 Craft Group! Collage Cats - AR 11:00 Bowling - CH 2:00 BINGO! - DR 3:00 Scott's Trivia Time - DR 3:15 Leisure Cart</div>	<div>27</div> <div>9:30 Rosary Group with Katie (from St. Stephens) - CH 11:00 - 1:00 Physio Step Fitness - AR 2:00 Prayer Group with Chaplain Scott - CH 2:45 Men's Group - CH 3:30 Hot Cocoa Social - AR Friday Funnies! 6:00 Resident Led Card Games - DR</div>	<div>28</div> <div>10:30 Hymn Sing & Daily Portals of Prayer Devotional - CH 11:00 Exercises - CH 2:00 Bingo! - DR</div>
	Calendar is Subject to Change. The Daily Calendar reflects modifications. Groups may be paused due to unforeseen reasons. Do not hesitate to call staff for escort to groups. Please call if you have any questions. #763-528-6463		Staff Leisure Rounds are completed every morning: daily calendar, daily perk, room order, and encourage different groups for the day.		Heart2Heart Visits received daily by Staff. Special Event/Visitors Spiritual Activity	Bistro Open: 12:30pm-1:30pm CH = Chapel DR = Dining Room ALCR = Assisted Living AR = Activity Room next to the Dining Room 

