

# The Homestead at Rochester // The Moors Assisted Living 1 & 2

## Life Enrichment Calendar

January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>The Homestead at Rochester</b></p> <p> <b>Volunteers of America   NATIONAL SERVICES</b></p>	<p><b>CM</b> - Community Room (Basement)  <b>LR</b> - Living Room  <b>AR1</b> - Activity Room in AL  <b>BL</b> - Bistro/Lobby (Across from the concierge desk)  <b>MR</b> - Meditation Room (2<sup>nd</sup> Fl)</p>	<p><b>All AM activities</b> take place in AR1 unless noted  <b>ALL PM activities</b> take place in AL2 unless noted  <b>**Outing participation is subject to nursing approval</b></p>	<p><b>Each Activity Is Color Coded to Meet Each One of The Domains Listed Below:</b></p> <p><b>Physical</b>  <b>Emotional</b>  <b>Social</b>  <b>Intellectual/Cognitive</b>  <b>Spiritual</b></p>	<p><b>Resident Run Activities</b></p> <p>10:30am TRIVIA  1:30pm UNO  3:00pm Mexican Train</p> <p><b>Happy New Year!</b></p>	<p>1 9:30am Coffee Social (AL2)  1:00pm Exercise with Gabby (AL1)  2:00pm UNO (AL2)  3:00pm New Year's Resolutions (AL2)</p>	<p>2 1:30pm Caregiver Run Movie (LR)</p>
<p>10:00am Resident Run Online Church Service</p>	<p>4 9:30am Trivia (AL1)  12:30pm Floral Arrangements (AL2)  2:00pm Chats with Glenna (AL2)  3:00pm Faith &amp; Friendship (AL1)</p>	<p>5 9:30am Trivia (AL1)  12:00pm Crazy 8's (AL2)  1:00pm Exercise with Gabby (AL1)  2:30pm Bingo (AL2)</p>	<p>6 9:30am Trivia (AL1)  12:00pm Uno (AL2)  1:00pm Exercise with Gabby (AL1)  1:30pm Movie (AL1 &amp; AL2)</p>	<p>7 9:30am Trivia Bowl (AL1)  10:30am Bible Reflection Study (PD)  1:30pm Mexican Train (AL2)  2:30pm Winter Craft (AL2)</p>	<p>8 9:30am Coffee Social (AL2)  12:00pm Board Game (AL2)  1:00pm Exercise with Gabby (AL1)  1:30pm Harriet and Friends (CM)</p>	<p>9 1:30pm Caregiver Run Movie (LR)</p>
<p>10:00am Resident Run Online Church Service</p>	<p>11 9:30am Trivia (AL1)  12:30pm Bingo (AL2)  2:00pm Chats with Glenna (AL2)  3:00pm Faith &amp; Friendship (AL1)</p>	<p>12 9:30am Trivia (AL1)  12:00pm Uno (AL2)  1:00pm Exercise with Gabby (AL1)  2:30pm Hearts (AL2)</p>	<p>13 9:30am Trivia (AL1)  12:30pm Luau with Johnny Pineapple (CM)  1:00pm Exercise with Gabby (AL1)  2:30pm Art Corner (AL2)  3:15pm Chapel with Pastor Floyd</p>	<p>14 9:30am Trivia Bowl (AL1)  10:30am Bible Reflection Study (PD)  1:30pm Mexican Train (AL2)  3:00pm Music Therapy (MR)</p>	<p>15 9:30am Coffee Social (AL2)  12:00pm 500 (AL2)  1:00pm Exercise with Gabby (AL1)  2:30pm Music with Chester Proctor (CM)</p>	<p>16 1:30pm Caregiver Run Movie (LR)</p>
<p>10:00am Resident Run Online Church Service</p>	<p>18 9:30am Trivia (AL1)  12:30pm Remembering MLK Lesson (AL2)  2:00pm Chats with Glenna (AL2)  3:00pm Faith &amp; Friendship (AL1)</p> <p><b>MLK Jr. Day</b></p>	<p>19 9:30am Trivia (AL1)  12:00pm Uno (AL2)  1:00pm Exercise with Gabby (AL1)  2:00pm Music with Bob Bovey (CM)</p>	<p>20 10:30am Resident Council Meeting (CM)  12:00pm Uno (AL2)  1:00pm Exercise with Gabby (AL1)  3:30pm Happy Hour (BL)</p>	<p>21 9:30am Trivia Bowl (AL1)  10:30am Bible Reflection Study (PD)  1:30pm Mexican Train (AL2)  3:00pm New Year Craft (AL2)</p>	<p>22 9:30am Coffee Social (AL2)  12:00pm Board Game (AL2)  1:00pm Exercise with Gabby (AL1)  2:30pm Yahtzee (AL2)</p>	<p>23 1:30pm Caregiver Run Movie (LR)</p>
<p>10:00am Resident Run Online Church Service</p>	<p>25 9:30am Trivia (AL1)  12:30pm Bingo (AL2)  2:00pm Chats with Glenna (AL2)  3:00pm Faith &amp; Friendship (AL1)</p>	<p>26 9:30am Trivia (AL1)  12:00pm Uno (AL2)  1:00pm Exercise with Gabby (AL1)  2:00pm Cooking Activity (AL2)</p>	<p>27 9:30am Trivia (AL1)  12:00pm Uno (AL2)  1:00pm Exercise with Gabby (AL1)  2:00pm Painting Activity (AL2)  3:15pm Chapel with Pastor Floyd (MR)</p>	<p>28 9:30am Trivia Bowl (AL1)  10:30am Bible Reflection Study (PD)  1:30pm Mexican Train (AL2)  3:00pm Egg Carton Bingo (AL2)</p>	<p>29 9:30am Coffee Social (AL2)  12:00pm Board Game (AL2)  1:00pm Exercise with Gabby (AL1)  2:30pm Devotionals (AL2)</p>	<p>30 1:30pm Caregiver Run Movie (LR)</p>

Calendar Subject to Changes