

The Homestead at Rochester // The Moors Assisted Living 1 & 2

Life Enrichment Calendar

January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div>The Homestead at Rochester</div> <div>Volunteers of America®</div> <div>NATIONAL SERVICES</div>	CM - Community Room (Basement) LR - Living Room AR1 - Activity Room in AL BL - Bistro/Lobby (Across from the concierge desk) MR - Meditation Room (2 nd Fl)	All AM activities take place in AR1 unless noted All PM activities take place is AL2 unless noted <i>**Outing participation is subject to nursing approval</i>	Each Activity Is Color Coded to Meet Each One of The Domains Listed Below: Physical Emotional Social Intellectual/Cognitive Spiritual	1 Resident Run Activities 10:30am TRIVIA 1:30pm UNO 3:00pm Mexican Train Happy New Year!	2 9:30am Coffee Social (AL2) 1:00pm Exercise with Gabby (AL1) 2:00pm UNO (AL2) 3:00pm New Year’s Resolutions (AL2)	3 1:30pm Caregiver Run Movie (LR)	
	4 10:00am Resident Run Online Church Service	5 9:30am Trivia (AL1) 12:30pm Floral Arrangements (AL2) 2:00pm Chats with Glenna (AL2) 3:00pm Faith & Friendship (AL1)	6 9:30am Trivia (AL1) 12:00pm Crazy 8’s (AL2) 1:00pm Exercise with Gabby (AL1) 2:30pm Bingo (AL2)	7 9:30am Trivia (AL1) 12:00pm Uno (AL2) 1:00pm Exercise with Gabby (AL1) 1:30pm Movie (AL1 & AL2)	8 9:30am Trivia Bowl (AL1) 10:30am Bible Reflection Study (PD) 1:30pm Mexican Train (AL2) 2:30pm Winter Craft (AL2)	9 9:30am Coffee Social (AL2) 12:00pm Board Game (AL2) 1:00pm Exercise with Gabby (AL1) 1:30pm Harriet and Friends (CM)	10 1:30pm Caregiver Run Movie (LR)
	11 10:00am Resident Run Online Church Service	12 9:30am Trivia (AL1) 12:30pm Bingo (AL2) 2:00pm Chats with Glenna (AL2) 3:00pm Faith & Friendship (AL1)	13 9:30am Trivia (AL1) 12:00pm Uno (AL2) 1:00pm Exercise with Gabby (AL1) 2:30pm Hearts (AL2)	14 9:30am Trivia (AL1) 12:30pm Luau with Johnny Pineapple (CM) 1:00pm Exercise with Gabby (AL1) 2:30pm Art Corner (AL2) 3:15pm Chapel with Pastor Floyd	15 9:30am Trivia Bowl (AL1) 10:30am Bible Reflection Study (PD) 1:30pm Mexican Train (AL2) 3:00pm Music Therapy (MR)	16 9:30am Coffee Social (AL2) 12:00pm 500 (AL2) 1:00pm Exercise with Gabby (AL1) 2:30pm Music with Chester Proctor (CM)	17 1:30pm Caregiver Run Movie (LR)
	18 10:00am Resident Run Online Church Service	19 9:30am Trivia (AL1) 12:30pm Remembering MLK Lesson (AL2) 2:00pm Chats with Glenna (AL2) 3:00pm Faith & Friendship (AL1) MLK Jr. Day	20 9:30am Trivia (AL1) 12:00pm Uno (AL2) 1:00pm Exercise with Gabby (AL1) 2:00pm Music with Bob Bovey (CM)	21 10:30am Resident Council Meeting (CM) 12:00pm Uno (AL2) 1:00pm Exercise with Gabby (AL1) 3:30pm Happy Hour (BL)	22 9:30am Trivia Bowl (AL1) 10:30am Bible Reflection Study (PD) 1:30pm Mexican Train (AL2) 3:00pm New Year Craft (AL2)	23 9:30am Coffee Social (AL2) 12:00pm Board Game (AL2) 1:00pm Exercise with Gabby (AL1) 2:30pm Yahtzee (AL2)	24 1:30pm Caregiver Run Movie (LR)
25 10:00am Resident Run Online Church Service	26 9:30am Trivia (AL1) 12:30pm Bingo (AL2) 2:00pm Chats with Glenna (AL2) 3:00pm Faith & Friendship (AL1)	27 9:30am Trivia (AL1) 12:00pm Uno (AL2) 1:00pm Exercise with Gabby (AL1) 2:00pm Cooking Activity (AL2)	28 9:30am Trivia (AL1) 12:00pm Uno (AL2) 1:00pm Exercise with Gabby (AL1) 2:00pm Painting Activity (AL2) 3:15pm Chapel with Pastor Floyd (MR)	29 9:30am Trivia Bowl (AL1) 10:30am Bible Reflection Study (PD) 1:30pm Mexican Train (AL2) 3:00pm Egg Carton Bingo (AL2)	30 9:30am Coffee Social (AL2) 12:00pm Board Game (AL2) 1:00pm Exercise with Gabby (AL1) 2:30pm Devotionals (AL2)	31 1:30pm Caregiver Run Movie (LR)	

Calendar Subject to Changes