

# The Homestead at Rochester // The Moors Memory Care

## Life Enrichment Calendar

January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>The Homestead at Rochester</b> <small>Volunteers of America   NATIONAL SERVICES</small>	<b>CM - Community Room (Basement)</b> <b>BL - Bistro/Lobby</b> <b>MR - Meditation Room (2<sup>nd</sup> Fl)</b>	Each Activity Is Color Coded to Meet Each One of The Domains Listed Below: Physical Emotional Social Intellectual/Cognitive Spiritual Occupational		<b>Happy New Year!</b> 10:00am – Coffee and Daily Chronicle 11:00am – Hit the Target 12:30pm – Indoor Walks 2:00pm – Hand Massages and Manicures	10:30am – Live 2 B Healthy Exercise with Gabby 1:00pm – Art Corner 2:15pm – Visit from Pastor Tim 3:00pm – Resident 1:1's	<b>Independent Leisure</b> Puzzles Word Games Coloring Sheets Board Games Movies
<b>10:00am – Online Church Service</b>	<b>10:00am – Resident 1:1s</b> <b>11:00am – Read-a-Longs</b> <b>1:30pm – BINGO!</b> <b>3:00pm – Art Corner</b>	<b>10:30am – Live 2 B Healthy Exercise with Gabby</b> <b>12:30am – UNO</b> <b>2:00pm – Icebreakers</b> <b>3:00pm – Memory Game</b>	<b>10:30am – Live 2 B Healthy Exercise with Gabby</b> <b>11:00am – Sing-a-Longs</b> <b>12:30pm – Resident 1:1s</b> <b>1:30pm – MOVIE!</b>	<b>10:00am – Coffee and Daily Chronicle</b> <b>11:00am – Folding Activity</b> <b>12:30pm – Indoor Walks</b> <b>2:00pm – Hand Massages</b>	<b>10:30am – Live 2 B Healthy Exercise with Gabby</b> <b>1:00pm – Art Corner</b> <b>2:15pm – Visit from Pastor Tim</b> <b>3:00pm – Resident 1:1's</b>	<b>Independent Leisure</b> Puzzles Word Games Coloring Sheets Board Games
<b>10:00am – Online Church Service</b>	<b>10:00am – Resident 1:1s</b> <b>11:00am – Read-a-Longs</b> <b>1:30pm – BINGO!</b> <b>3:00pm – Art Corner</b>	<b>10:30am – Live 2 B Healthy Exercise with Gabby</b> <b>12:30am – Crazy 8</b> <b>2:00pm – Icebreakers</b> <b>3:00pm – Memory Game</b>	<b>10:30am – Live 2 B Healthy Exercise with Gabby</b> <b>12:30pm – Board Game</b> <b>2:00pm – Resident 1:1s</b> <b>3:15pm – Chapel with Pastor Floyd (MR)</b>	<b>10:00am – Coffee and Daily Chronicle</b> <b>12:30pm – Indoor Walks</b> <b>1:30pm – Memory Café</b> <b>3:00pm – Music Therapy (CM)</b>	<b>10:30am – Live 2 B Healthy Exercise with Gabby</b> <b>1:00pm – Art Corner</b> <b>2:15pm – Visit from Pastor Tim</b> <b>2:30pm – Music with Chester Proctor (CM)</b>	<b>Independent Leisure</b> Puzzles Word Games Coloring Sheets Board Games Movies
<b>10:00am – Online Church Service</b>	<b>MLK Jr. Day</b> <b>10:00am – History Lesson</b> <b>11:00am – Read-a-Longs</b> <b>1:30pm – BINGO!</b> <b>3:00pm – Art Corner</b>	<b>10:30am – Live 2 B Healthy Exercise with Gabby</b> <b>12:30am – 500 Rummy</b> <b>2:00pm – Music with Bob Bovey (CM)</b> <b>3:00pm - Icebreakers</b>	<b>10:30am – Live 2 B Healthy Exercise with Gabby</b> <b>10:30am – Resident Council Meeting (CM)</b> <b>12:30pm – Resident 1:1s</b> <b>2:00pm – Music with Jerry K</b> <b>3:00pm – Happy Hour (BL)</b>	<b>10:00am – Coffee and Daily Chronicle</b> <b>11:00am – Folding Activity</b> <b>12:30pm – Indoor Walks</b> <b>2:00pm – Hand Massages and Manicures</b>	<b>10:30am – Live 2 B Healthy Exercise with Gabby</b> <b>1:00pm – Art Corner</b> <b>2:15pm – Visit from Pastor Tim</b> <b>3:00pm – Resident 1:1's</b>	<b>Independent Leisure</b> Puzzles Decorating Coloring Sheets Board Games Movies
<b>10:00am – Online Church Service</b>	<b>10:00am – Resident 1:1s</b> <b>11:00am – Read-a-Longs</b> <b>1:30pm – BINGO!</b> <b>3:00pm – Art Corner</b>	<b>10:30am – Live 2 B Healthy Exercise with Gabby</b> <b>12:30am – Go Fish</b> <b>2:00pm – Icebreakers</b> <b>3:00pm – Memory Game</b>	<b>10:30am – Live 2 B Healthy Exercise with Gabby</b> <b>11:15am - Sing-a-Longs</b> <b>12:30pm – Board Game</b> <b>2:00pm – Resident 1:1s</b> <b>3:15pm – Chapel with Pastor Floyd (MR)</b>	<b>10:00am – Coffee and Daily Chronicle</b> <b>11:00am – Folding Activity</b> <b>12:30pm – Indoor Walks</b> <b>2:00pm – Hand Massages and Manicures</b>	<b>10:30am – Live 2 B Healthy Exercise with Gabby</b> <b>1:00pm – Art Corner</b> <b>2:15pm – Visit from Pastor Tim</b> <b>3:00pm – Resident 1:1's</b>	<b>Independent Leisure</b> Puzzles Decorating Coloring Sheets Board Games Movies

*Calendar Subject to Changes*