


<div> <div>The Homestead at Rochester // The Moors Memory Care</div> <div>Life Enrichment Calendar</div> <div>January 2025</div> </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div>The Homestead at Rochester</div> <div> <div>Volunteers of America®</div> <div>NATIONAL SERVICES</div> </div> </div>	CM - Community Room (Basement) BL - Bistro/Lobby MR - Meditation Room (2 nd Fl)	Each Activity Is Color Coded to Meet Each One of The Domains Listed Below: Physical Emotional Social Intellectual/Cognitive Spiritual Occupational		Happy New Year! ¹ 10:00am – Coffee and Daily Chronicle 11:00am – Hit the Target 12:30pm – Indoor Walks 2:00pm – Hand Massages and Manicures	² 10:30am – Live 2 B Healthy Exercise with Gabby 1:00pm – Art Corner 2:15pm – Visit from Pastor Tim 3:00pm – Resident 1:1's	³ <u>Independent Leisure</u> Puzzles Word Games Coloring Sheets Board Games Movies
⁴ 10:00am – Online Church Service	⁵ 10:00am – Resident 1:1s 11:00am – Read-a-Longs 1:30pm – BINGO! 3:00pm – Art Corner	⁶ 10:30am – Live 2 B Healthy Exercise with Gabby 12:30am – UNO 2:00pm – Icebreakers 3:00pm – Memory Game	⁷ 10:30am – Live 2 B Healthy Exercise with Gabby 11:00am – Sing-a-Longs 12:30pm – Resident 1:1s 1:30pm – MOVIE!	⁸ 10:00am – Coffee and Daily Chronicle 11:00am – Folding Activity 12:30pm – Indoor Walks 2:00pm – Hand Massages	⁹ 10:30am – Live 2 B Healthy Exercise with Gabby 1:00pm – Art Corner 2:15pm – Visit from Pastor Tim 3:00pm – Resident 1:1's	¹⁰ <u>Independent Leisure</u> Puzzles Word Games Coloring Sheets Board Games
¹¹ 10:00am – Online Church Service	¹² 10:00am – Resident 1:1s 11:00am – Read-a-Longs 1:30pm – BINGO! 3:00pm – Art Corner	¹³ 10:30am – Live 2 B Healthy Exercise with Gabby 12:30am – Crazy 8 2:00pm – Icebreakers 3:00pm – Memory Game	¹⁴ 10:30am – Live 2 B Healthy Exercise with Gabby 12:30pm – Board Game 2:00pm – Resident 1:1s 3:15pm – Chapel with Pastor Floyd (MR)	¹⁵ 10:00am – Coffee and Daily Chronicle 12:30pm – Indoor Walks 1:30pm – Memory Café 3:00pm – Music Therapy (CM)	¹⁶ 10:30am – Live 2 B Healthy Exercise with Gabby 1:00pm – Art Corner 2:15pm – Visit from Pastor Tim 2:30pm – Music with Chester Proctor (CM)	¹⁷ <u>Independent Leisure</u> Puzzles Word Games Coloring Sheets Board Games Movies
¹⁸ 10:00am – Online Church Service	¹⁹ MLK Jr. Day 10:00am – History Lesson 11:00am – Read-a-Longs 1:30pm – BINGO! 3:00pm – Art Corner	²⁰ 10:30am – Live 2 B Healthy Exercise with Gabby 12:30am – 500 Rummy 2:00pm – Music with Bob Bovey (CM) 3:00pm - Icebreakers	²¹ 10:30am – Live 2 B Healthy Exercise with Gabby 10:30am – Resident Council Meeting (CM) 12:30pm – Resident 1:1s 2:00pm – Music with Jerry K 3:00pm – Happy Hour (BL)	²² 10:00am – Coffee and Daily Chronicle 11:00am – Folding Activity 12:30pm – Indoor Walks 2:00pm – Hand Massages and Manicures	²³ 10:30am – Live 2 B Healthy Exercise with Gabby 1:00pm – Art Corner 2:15pm – Visit from Pastor Tim 3:00pm – Resident 1:1's	²⁴ <u>Independent Leisure</u> Puzzles Decorating Coloring Sheets Board Games Movies
²⁵ 10:00am – Online Church Service	²⁶ 10:00am – Resident 1:1s 11:00am – Read-a-Longs 1:30pm – BINGO! 3:00pm – Art Corner	²⁷ 10:30am – Live 2 B Healthy Exercise with Gabby 12:30am – Go Fish 2:00pm – Icebreakers 3:00pm – Memory Game	²⁸ 10:30am – Live 2 B Healthy Exercise with Gabby 11:15am - Sing-a-Longs 12:30pm – Board Game 2:00pm – Resident 1:1s 3:15pm – Chapel with Pastor Floyd (MR)	²⁹ 10:00am – Coffee and Daily Chronicle 11:00am – Folding Activity 12:30pm – Indoor Walks 2:00pm – Hand Massages and Manicures	³⁰ 10:30am – Live 2 B Healthy Exercise with Gabby 1:00pm – Art Corner 2:15pm – Visit from Pastor Tim 3:00pm – Resident 1:1's	³¹ <u>Independent Leisure</u> Puzzles Decorating Coloring Sheets Board Games Movies

