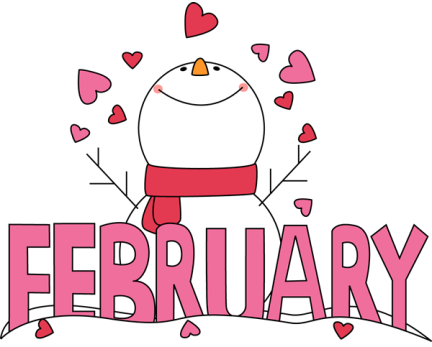


<div> Rochester Rehab & Living Center Life Enrichment Calendar February 2026 </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div>10:30am Church Service Online (resident run)</div>	<div>2</div> <div>Groundhog Day</div> <div>10:30am Morning Club with Trivia</div> <div>11:00am Pool Noodle Exercise</div> <div>2:00pm Movie and Popcorn – Groundhog’s Day</div>	<div>3</div> <div>10:30am Morning Club with Would You Rather</div> <div>11:00am Stretching</div> <div>3:00pm Bingo</div>	<div>4</div> <div>10:30am Morning Club with UNO</div> <div>11:00am Movement with Music & Sing-A-Long</div> <div>2:30pm Chapel with Pastor Floyd</div> <div>3:30pm ART Corner</div> <div>6:00pm Wednesday Word Puzzles</div>	<div>5</div> <div>10:30am Morning Club with This & That</div> <div>11:00am Stretching</div> <div>1:00pm Nails</div> <div>2:30pm GAMES - Yahtzee</div>	<div>6</div> <div>10:30am Morning Club with Trivia</div> <div>11:00am Stretching</div> <div>1:00pm Olympic themed games</div> <div>2:30pm Bingo</div>	<div>7</div> <div>Independent Leisure: Puzzles</div> <div>Word Games</div> <div>Coloring Sheets</div> <div>Board Games</div>
<div>8</div> <div>10:30am Church Service Online (resident run)</div>	<div>9</div> <div>10:30am Morning Club with Trivia</div> <div>11:00am Pool Noodle Exercise</div> <div>2:00pm Pizza Party & Games</div>	<div>10</div> <div>10:30am Morning Club with Would You Rather</div> <div>11:00am Stretching</div> <div>3:00pm Bingo</div>	<div>11</div> <div>10:30am Morning Club with Trivia</div> <div>11:00am Movement with Music & Sing-A-Long</div> <div>3:00pm National Make a Friend Day Social</div> <div>6:00pm Wednesday Word Puzzles</div>	<div>12</div> <div>10:30am Morning Club with This & That</div> <div>11:00am Music Therapy with Sam</div> <div>2:00pm Movie and Popcorn – Olympic themed movie</div>	<div>13</div> <div>10:30am Morning Club with Trivia</div> <div>11:00am Stretching</div> <div>1:00pm Olympic themed games</div> <div>2:30pm Bingo</div>	<div>14</div> <div>Valentine’s Day</div> <div>Independent Leisure: Puzzles</div> <div>Word Games</div> <div>Coloring Sheets</div> <div>Board Games</div>
<div>15</div> <div>10:30am Church Service Online (resident run)</div>	<div>16</div> <div>President’s Day</div> <div>10:30am Morning Club with Trivia</div> <div>11:00am Pool Noodle Exercise</div> <div>2:00pm GAMES - Farkle</div>	<div>17</div> <div>Mardi Gras</div> <div>10:30am Morning Club with Trivia</div> <div>11:00am Stretching</div> <div>1:30pm Monthly Birthday Party with Triple Berry Pie</div> <div>3:00pm Bingo</div>	<div>18</div> <div>Ash Wednesday</div> <div>10:30am Morning Club with UNO</div> <div>11:00am Movement with Music & Sing-A-Long</div> <div>3:00pm ART Corner</div> <div>6:00pm Wednesday Word Puzzles</div>	<div>19</div> <div>10:30am Morning Club with This & That</div> <div>11:00am Stretching</div> <div>1:00pm Nails</div> <div>2:00pm Movie and Popcorn – Olympic themed movie</div>	<div>20</div> <div>10:30am Morning Club with Trivia</div> <div>11:00am Stretching</div> <div>1:00pm Olympic themed games</div> <div>2:30pm Bingo</div>	<div>21</div> <div>Independent Leisure: Puzzles</div> <div>Word Games</div> <div>Coloring Sheets</div> <div>Board Games</div>
<div>22</div> <div>10:30am Church Service Online (resident run)</div>	<div>23</div> <div>10:30am Morning Club with Health Info</div> <div>11:00am Pool Noodle Exercise</div> <div>12:30pm Music with Colby T</div>	<div>24</div> <div>10:30am Morning Club with Health Info</div> <div>11:00am Stretching</div> <div>2:30pm Resident Council Meeting</div> <div>3:30pm Bingo</div>	<div>25</div> <div>10:30am Morning Club with UNO</div> <div>11:00am Movement with Music & Sing-A-Long</div> <div>2:30pm Chapel with Pastor Floyd</div> <div>3:30pm ART Corner</div> <div>6:00pm Wednesday Word Puzzles</div>	<div>26</div> <div>10:30am Morning Club with This & That</div> <div>11:00am Music therapy with Sam</div> <div>1:30pm pet visit</div>	<div>27</div> <div>10:30am Morning Club with Trivia</div> <div>11:00am Stretching</div> <div>1:00pm Movie and Popcorn – Disney Nature Polar Bears</div> <div>2:30pm Bingo</div>	<div>28</div> <div>Independent Leisure: Puzzles</div> <div>Word Games</div> <div>Coloring Sheets</div> <div>Board Games</div>
					<div> Rochester Rehabilitation and Living Center Volunteers of America NATIONAL SERVICES </div>	